

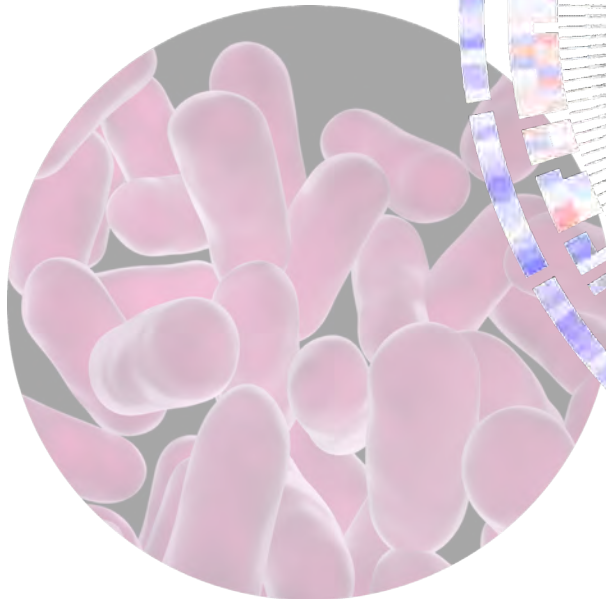
Wound healing to longevity: Microbe-induced immune proficiency in human health



Human Microbiome Science
Vision for the Future

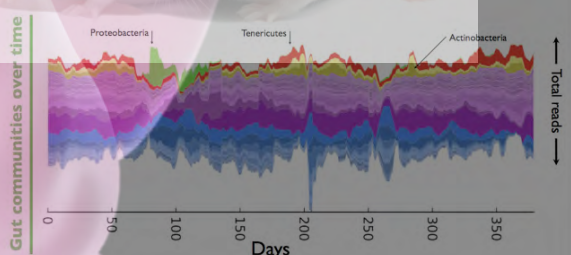
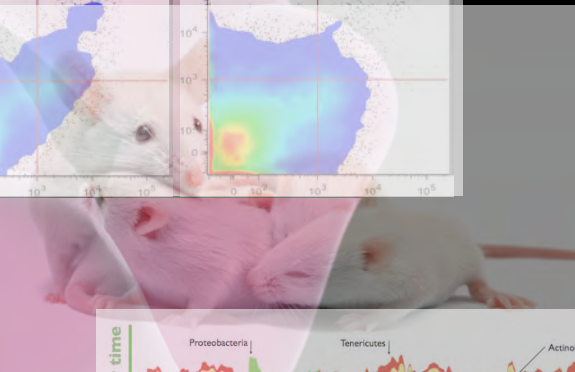
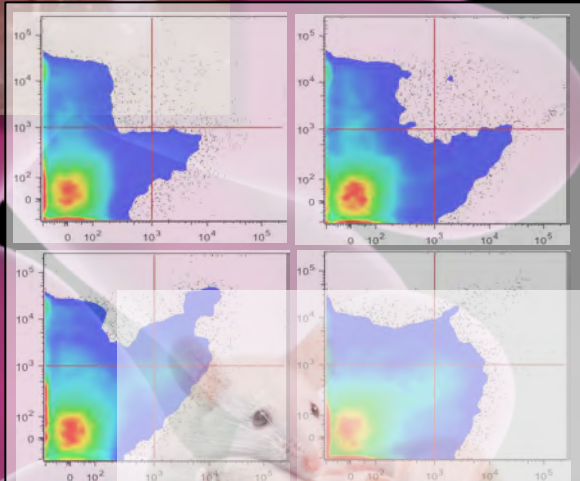
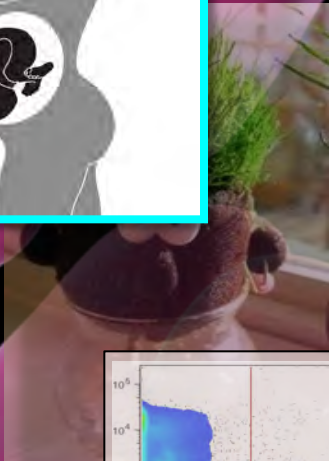
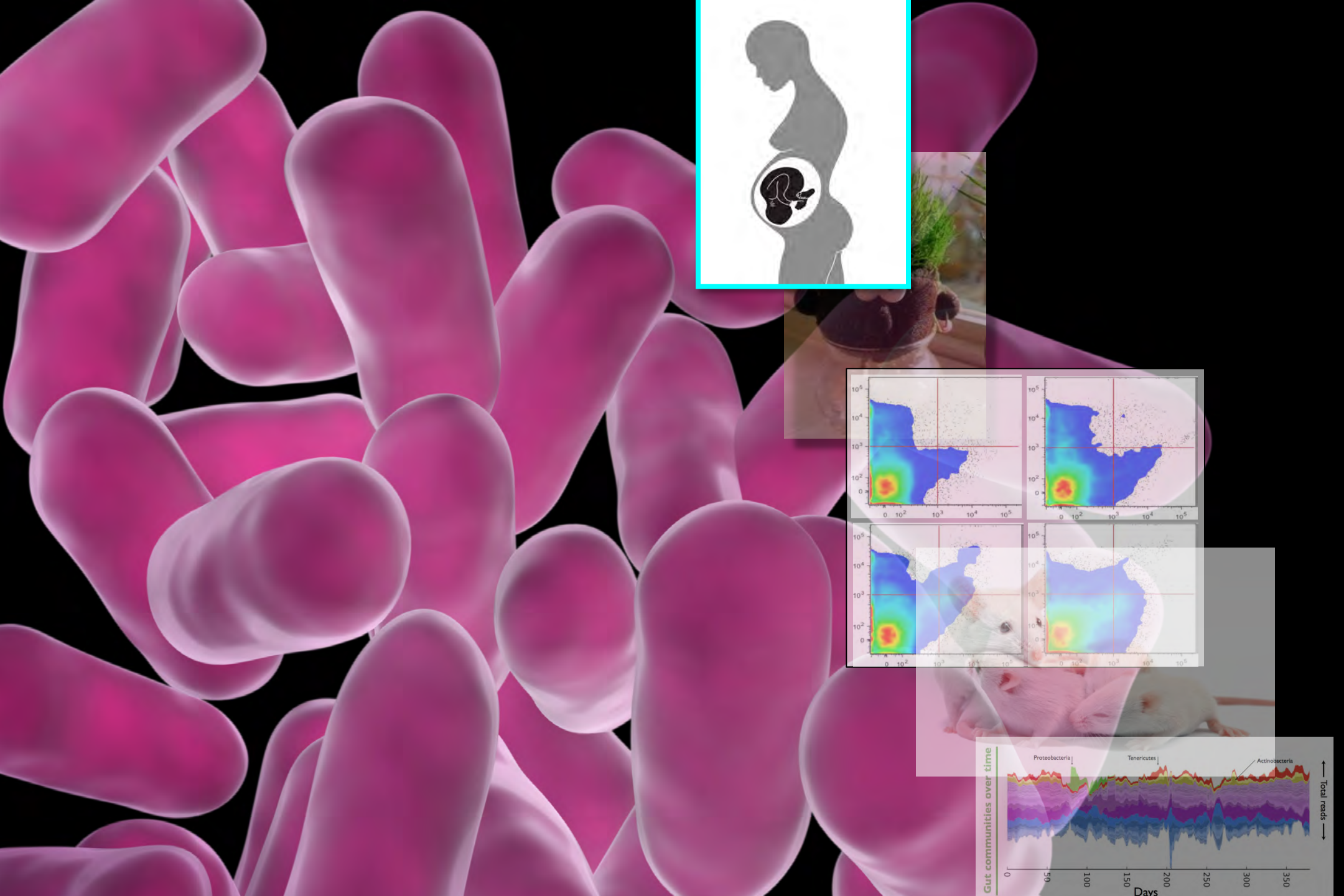
July 24-26, 2013

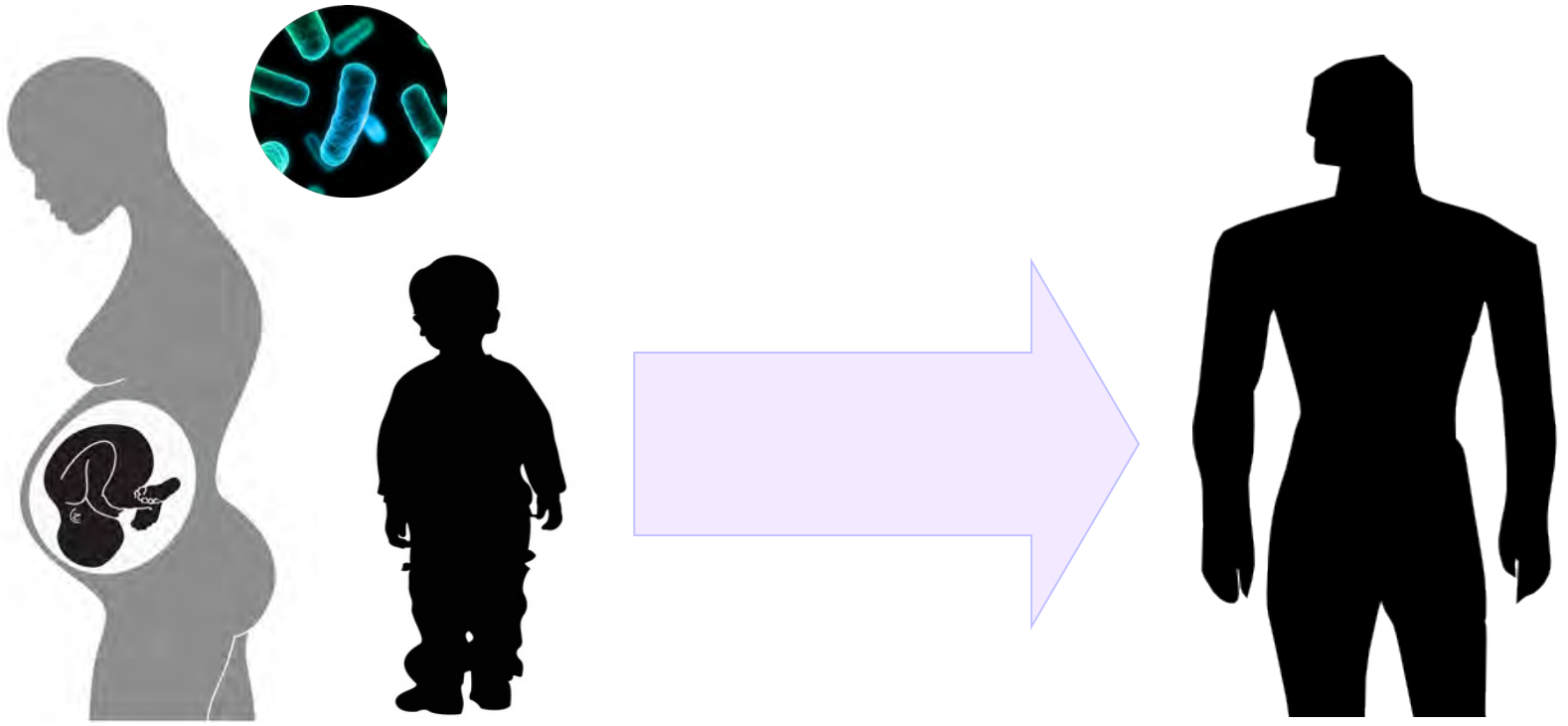
Susan E. Erdman
Division of Comparative Medicine
Massachusetts Institute of Technology

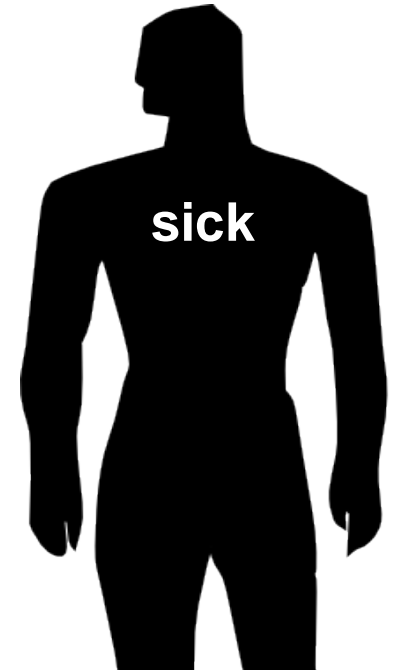
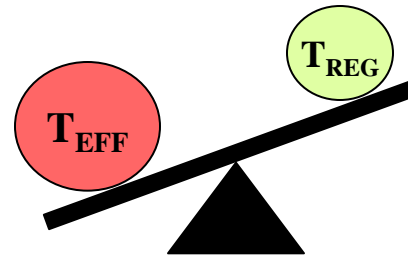
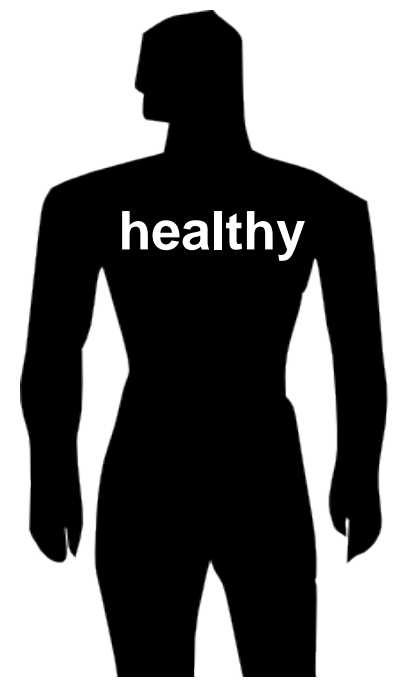
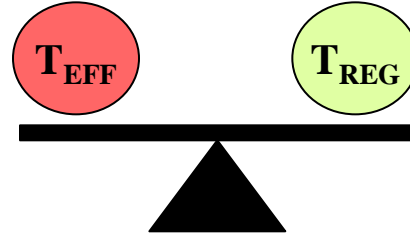
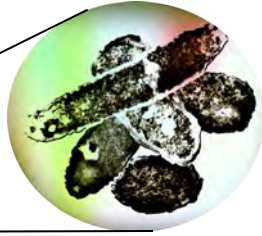
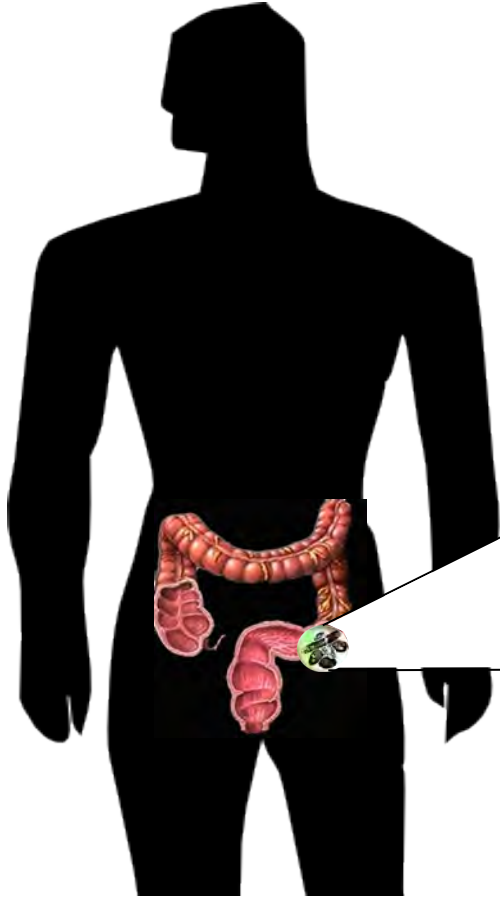


A microscopic view of numerous pink, rod-shaped bacteria, likely Bacillus subtilis, arranged in a dense, overlapping cluster. The bacteria are oriented in various directions, some showing their characteristic spore-like structures. The background is dark, making the pink color of the bacteria stand out.

**Can microbe-based
restructuring of immune networks
remedy our public health
inflammatory disease crisis?**







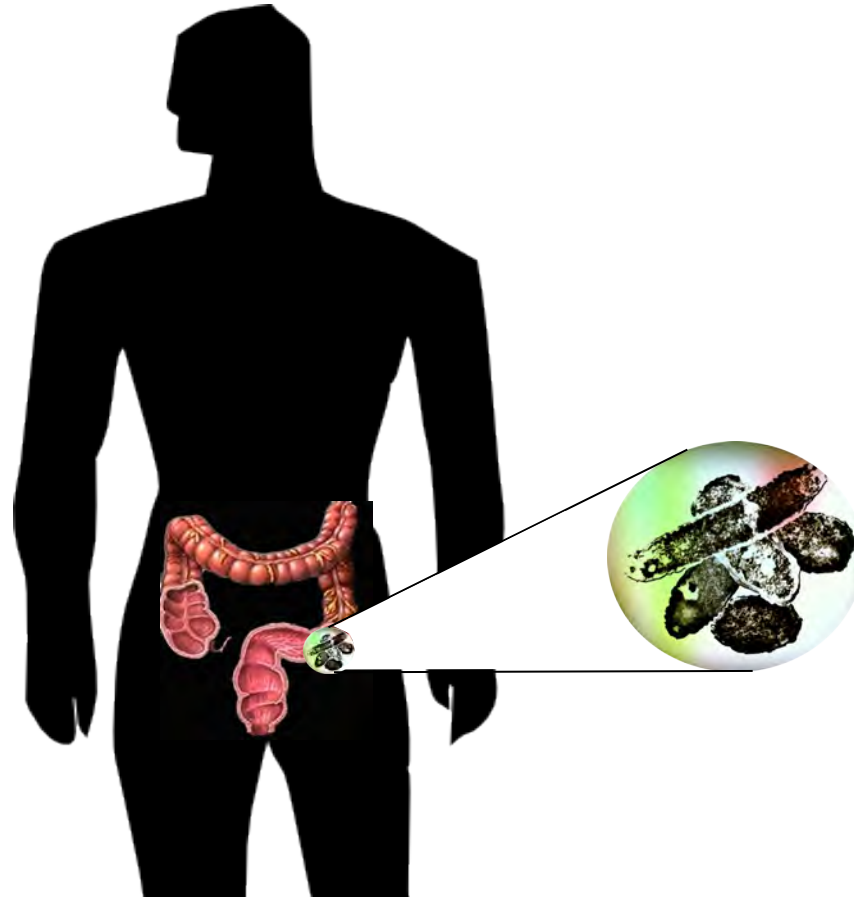
Healthful longevity

Th-1

Th-2

Th-17

T_{REG}





California Teacher Study 60,000+ women

Christina Clarke-Dur

*CPIC &
Stanford University*

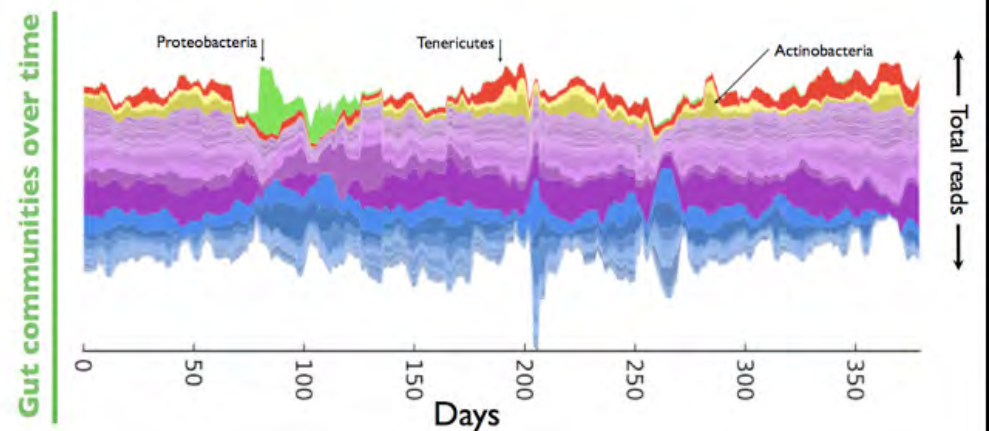
Eric J Alm

*Massachusetts Institute of Technology
& Broad Institute*

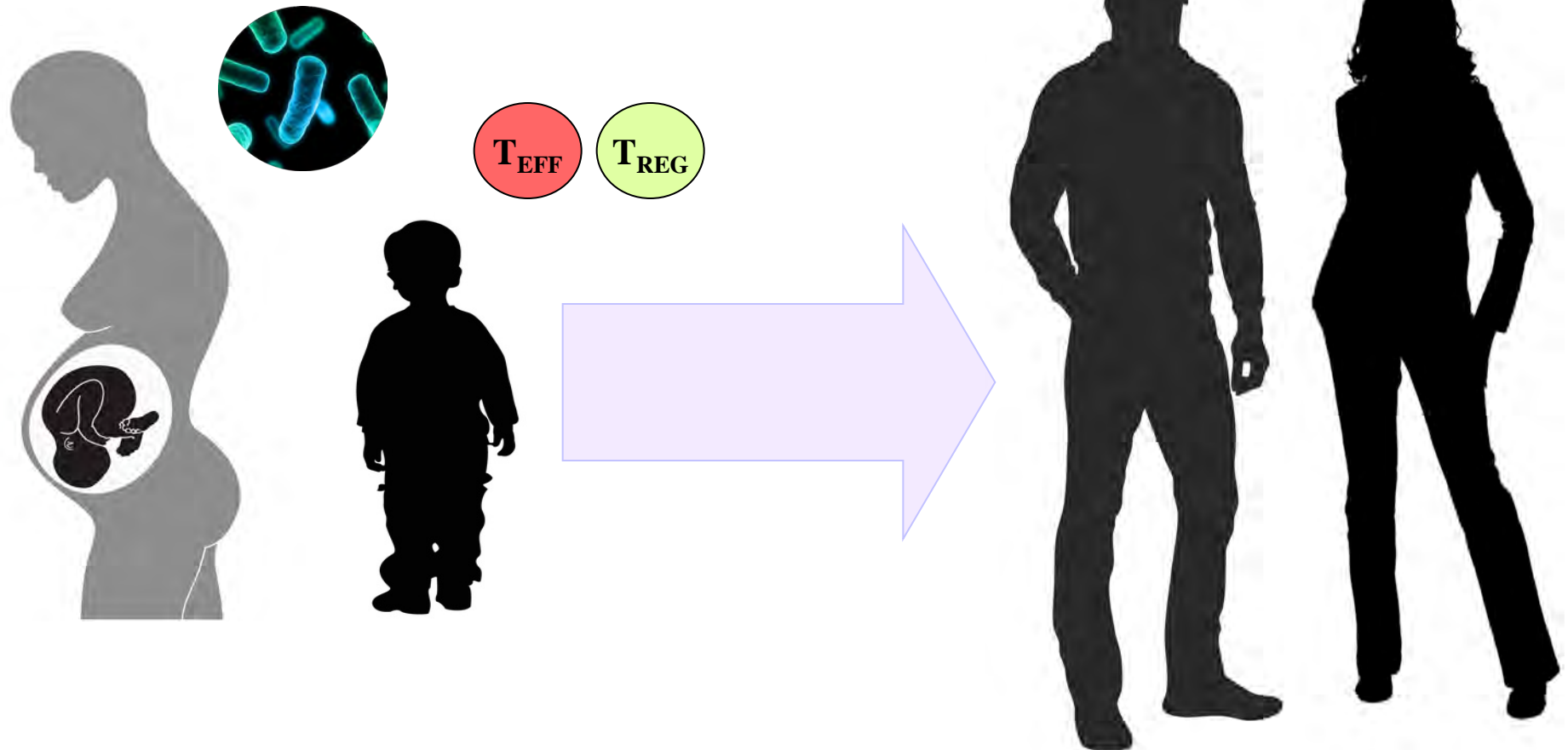
David A Hafler

Yale University & Broad Institute

Gut microbiota community restructuring in human subjects

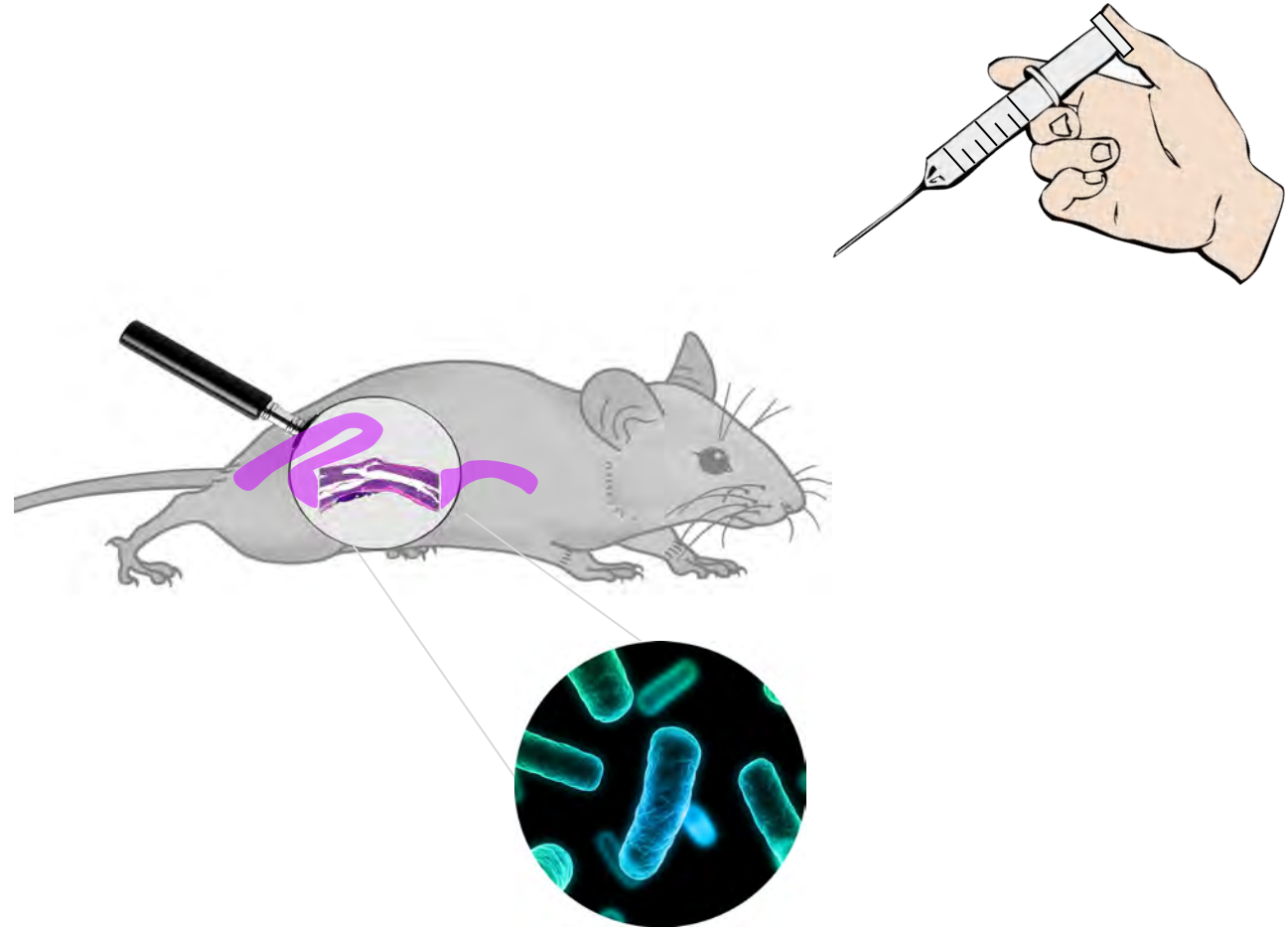


Does maternal and infant microbial ecology offer opportunity to impart good health to future generations?

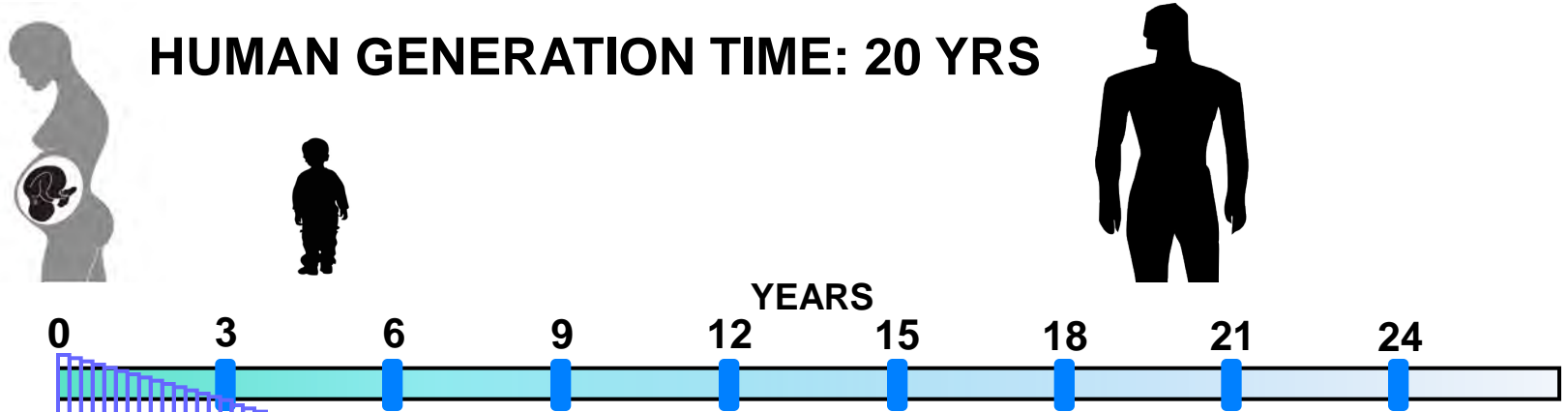




Why use animal models?

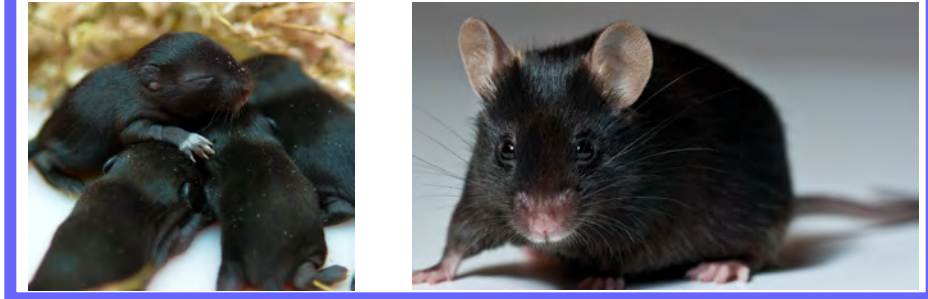


HUMAN GENERATION TIME: 20 YRS



**104 MOUSE GENERATIONS SPAN
1 HUMAN GENERATION**

MOUSE GENERATION TIME: 10 WEEKS





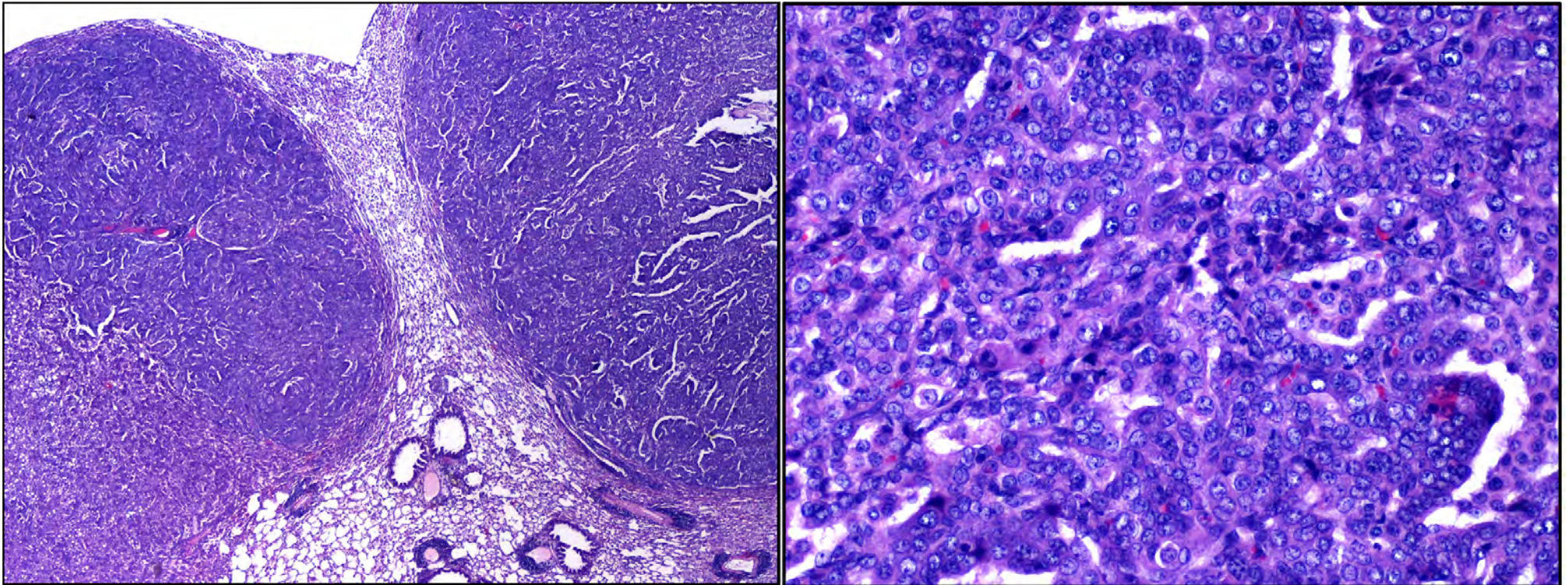
**NIEHS P30 ES002109. [P30 PIs: Leona Samson → John Essigmann]
Perinatal microbe exposures. Pilot project co-PIs: SE Erdman & EJ Alm
2011 – 2013**

Grandma's microbial ecology may put grandchild at risk for cancer?

Preliminary cancer outcomes in 'grandchildren' mice:

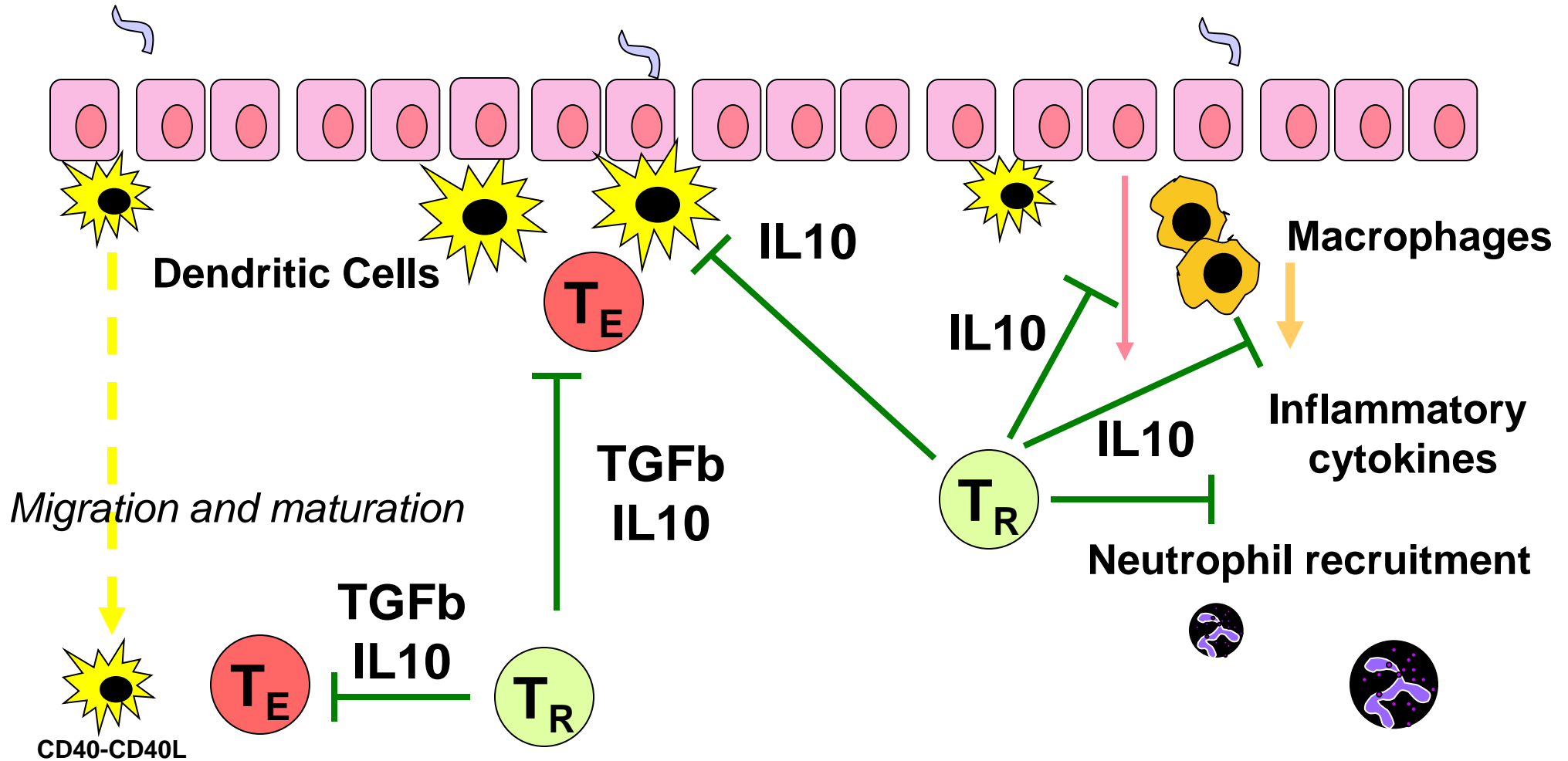
- 1/3 liver cancer (hepatocellular carcinoma)
- 2/3 lymphoma (high grade)
- 3/3 lung cancer (bronchoalveolar adenocarcinoma)

Bronchoalveolar adenocarcinoma in 3/3 'grandchild' outbred Swiss mice (age = 5 months)





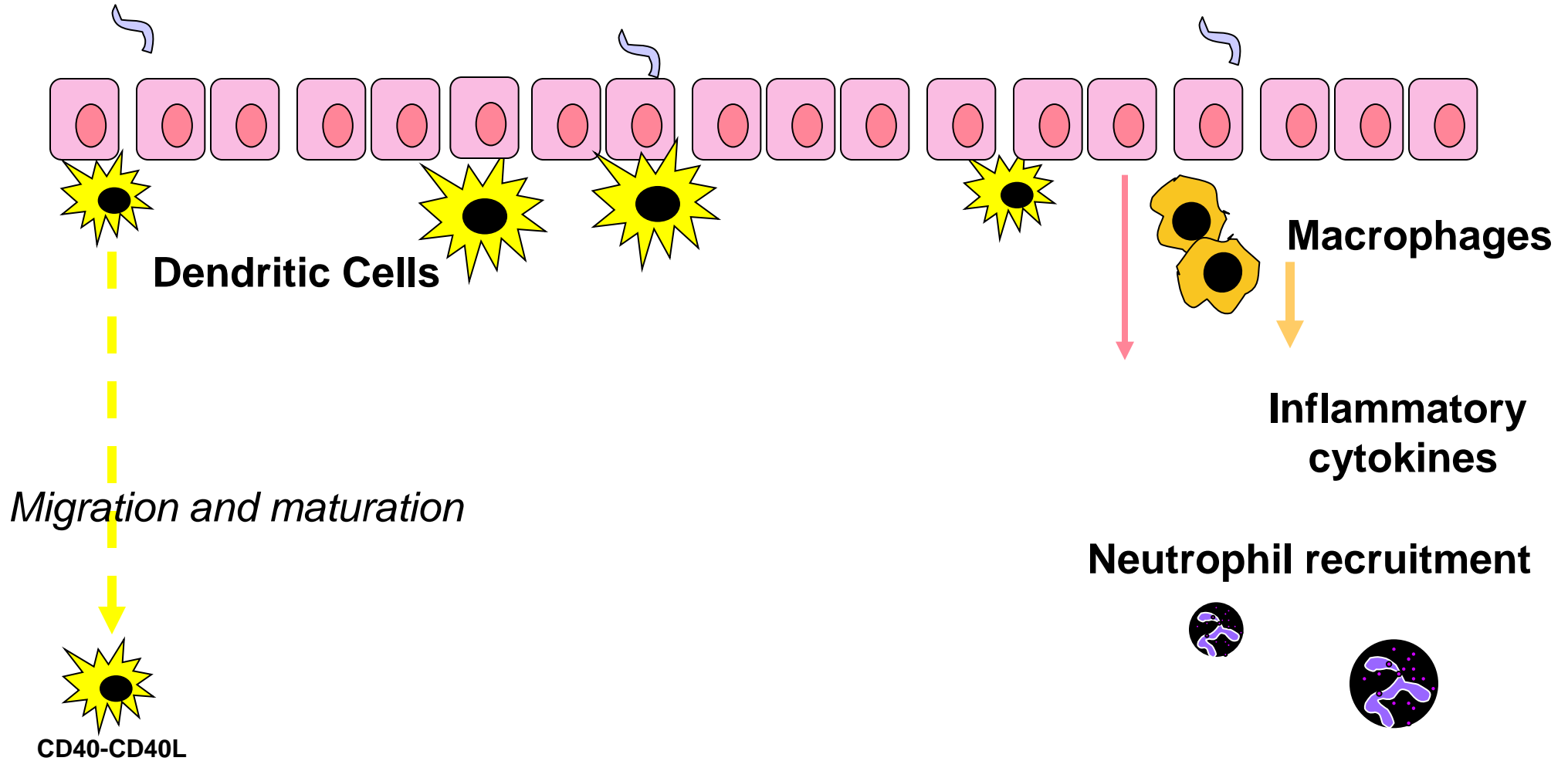
Gut microbe-triggered systemic events



(modified from Coombs, et al 2005; Fiona Powrie lab)



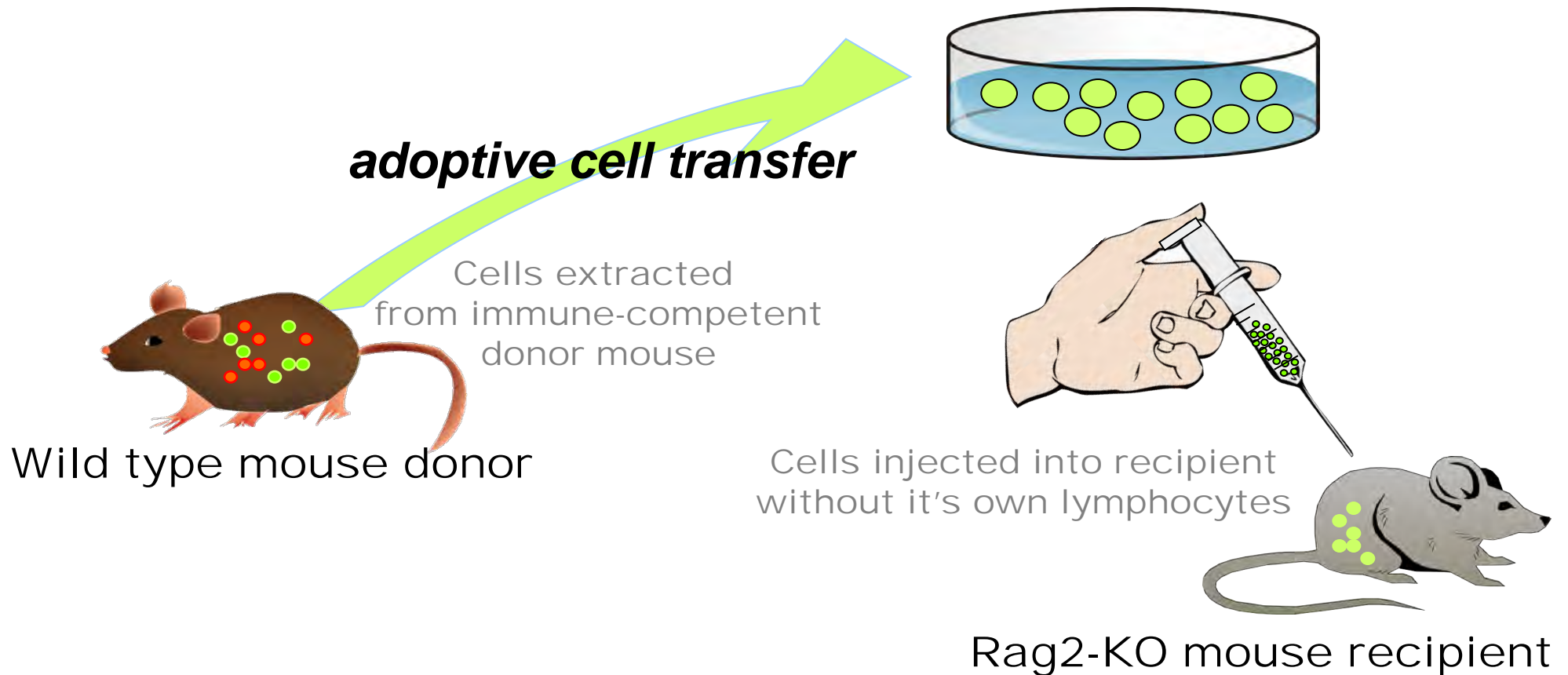
Gut microbe-triggered systemic events



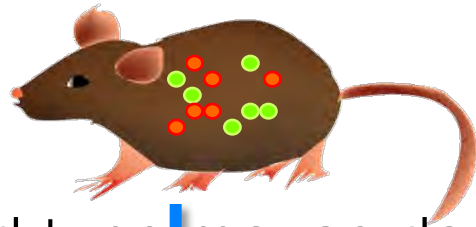
(modified from Coombs, et al 2005; Fiona Powrie lab)

Adoptive Cell Transfer Paradigm

Transplantable anti-inflammatory
 $CD4+CD45RB^{lo}CD25+$ Lymphocytes



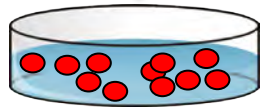
Cells extracted from immune-competent donor mouse



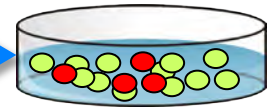
Wild type mouse donor



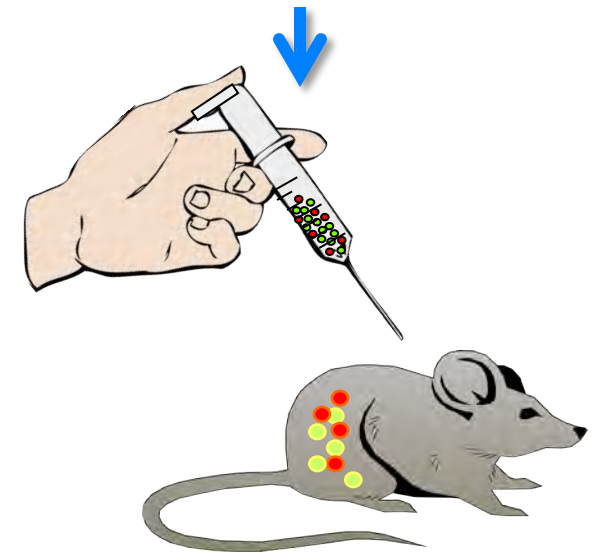
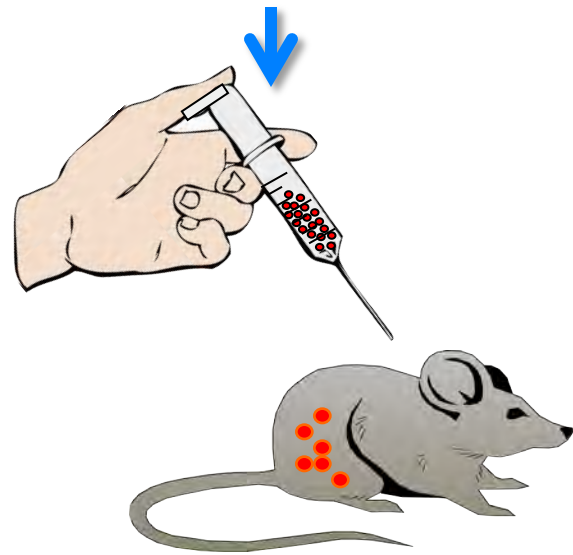
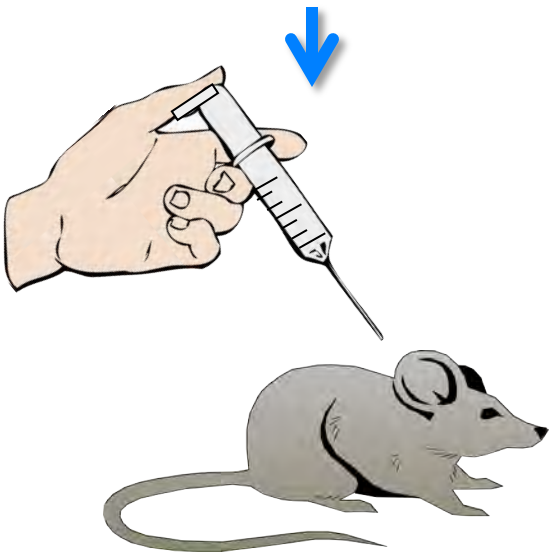
Sham



pro-inflammatory
CD4+CD45RB^{hi}CD25-



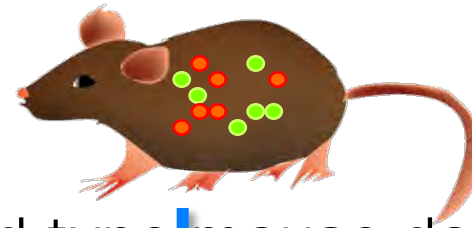
Co-transfer anti-inflammatory
CD4+CD45RB^{lo}CD25+



Cells injected into Rag2-KO recipient without it's own lymphocytes

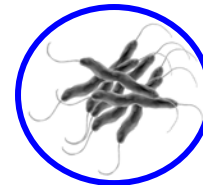
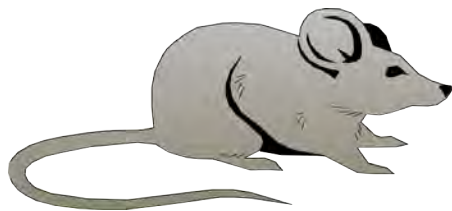
**We thank Bruce H Horwitz
& James G Fox**

Cells extracted
from immune-competent
donor mouse

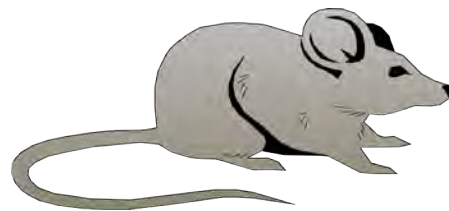


Wild type mouse donor

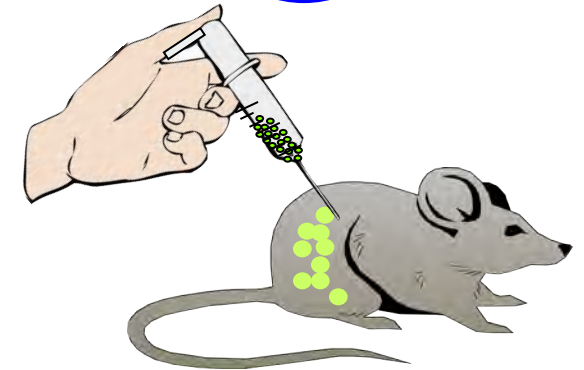
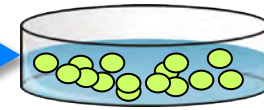
Sham



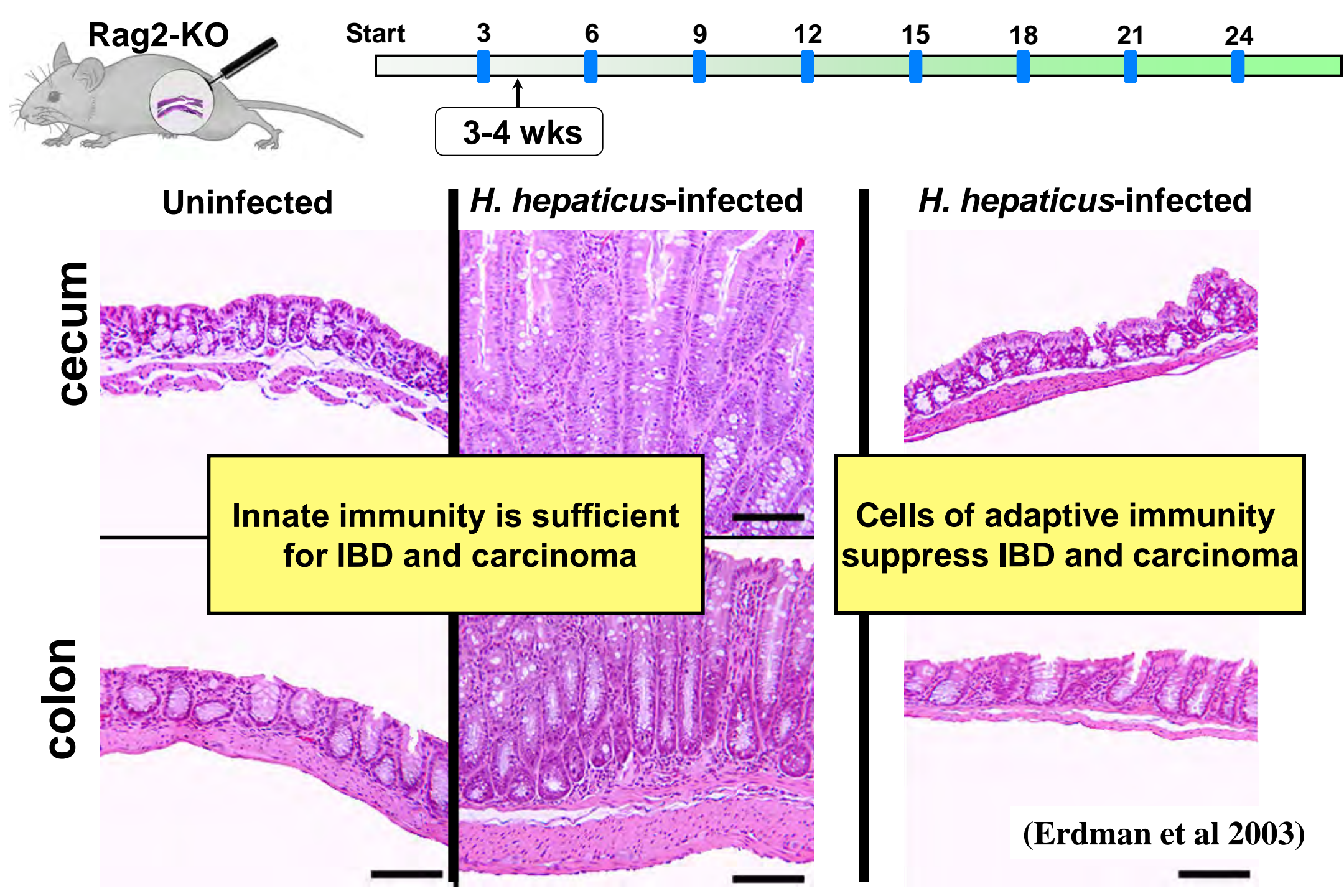
Helicobacter hepaticus



Transfer anti-inflammatory
 $CD4^+CD45RB^{lo}CD25^+$

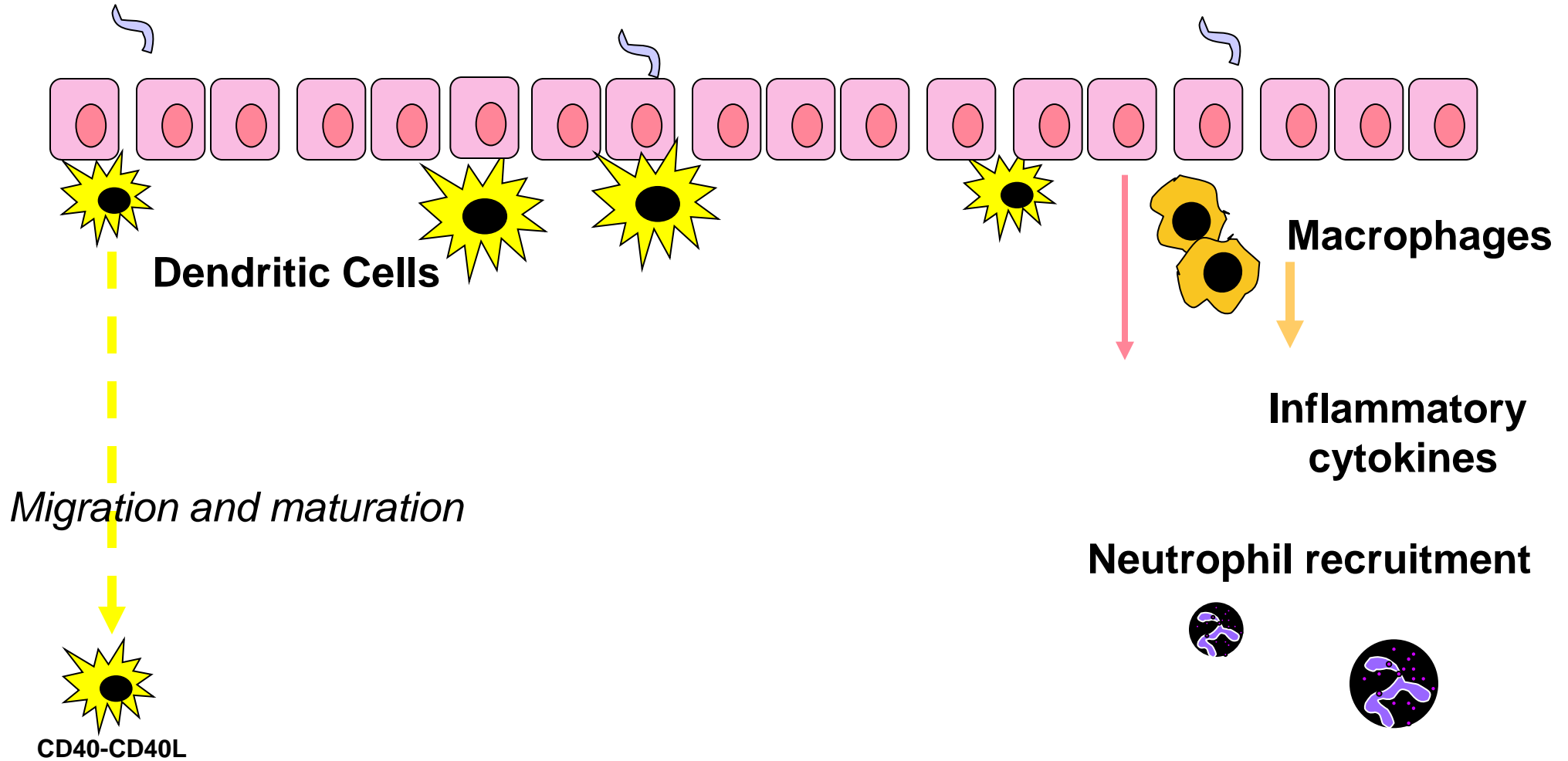


Microbe infection into Rag2-KO recipient without it's own lymphocytes





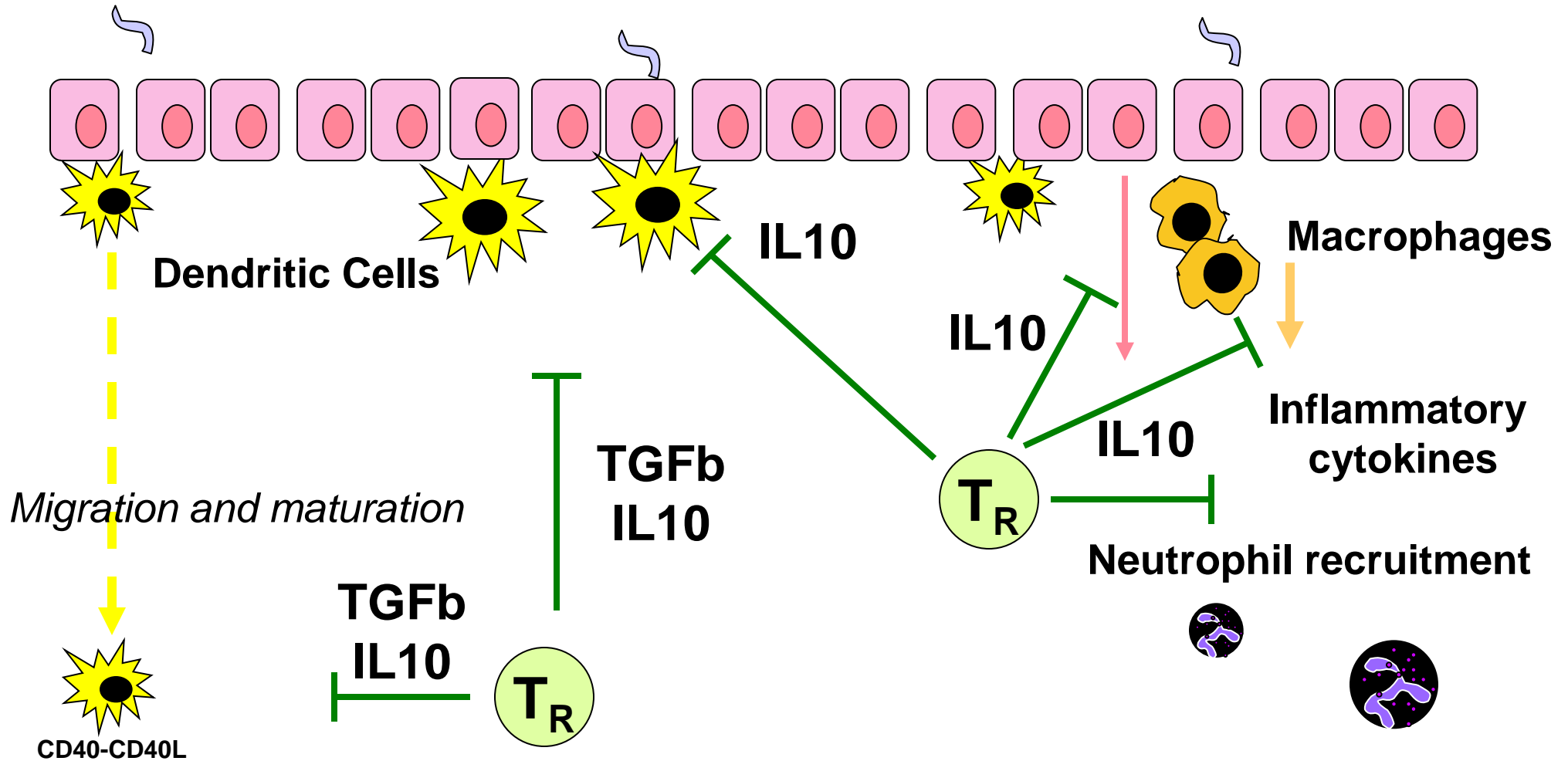
Gut microbe-triggered systemic events



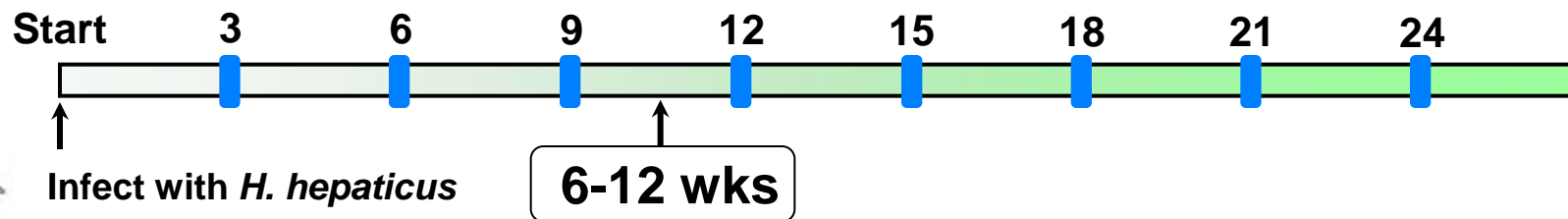
(modified from Coombs, et al 2005; Fiona Powrie lab)



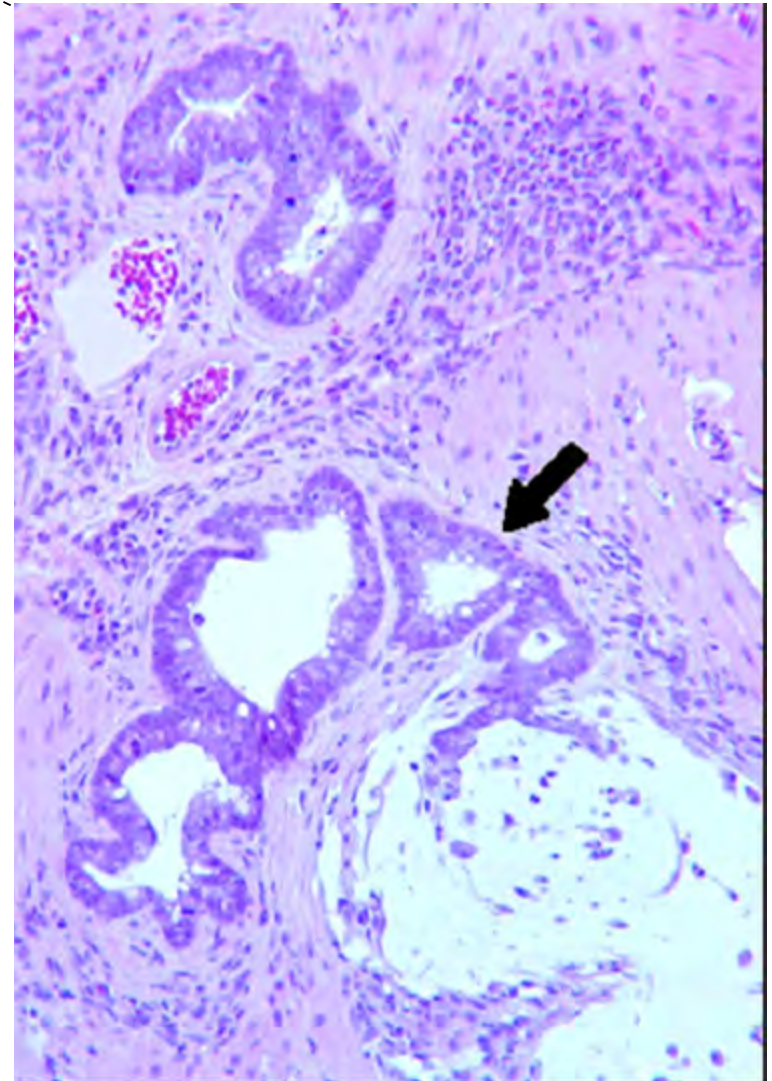
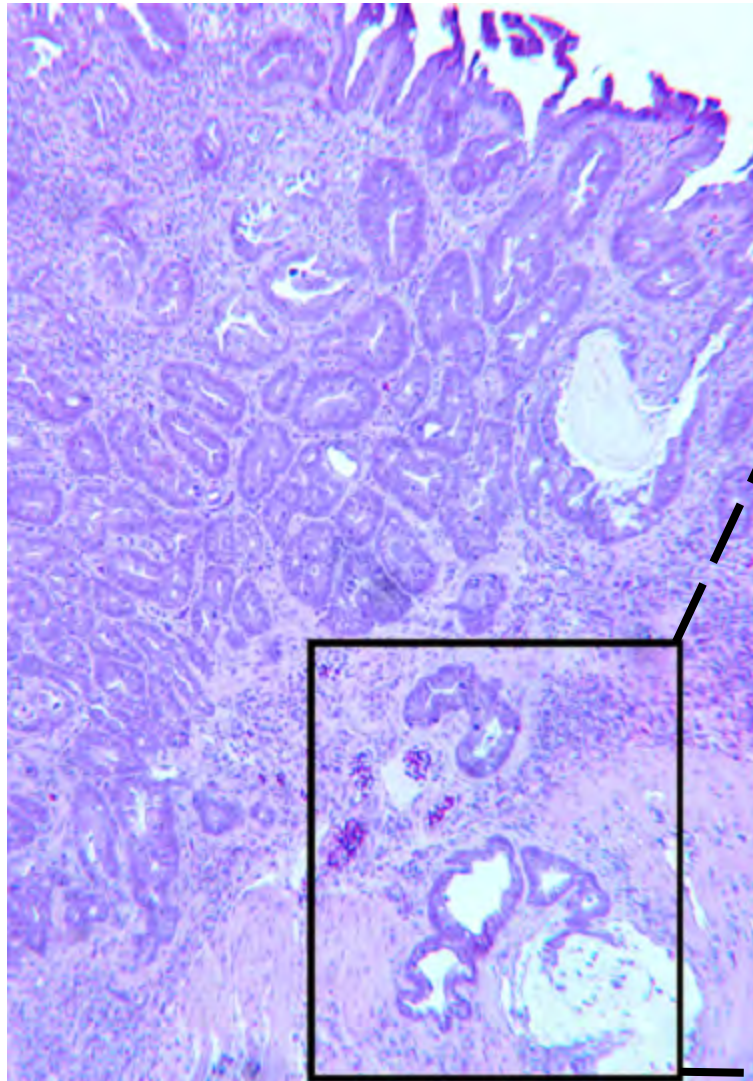
Gut microbe-triggered systemic events

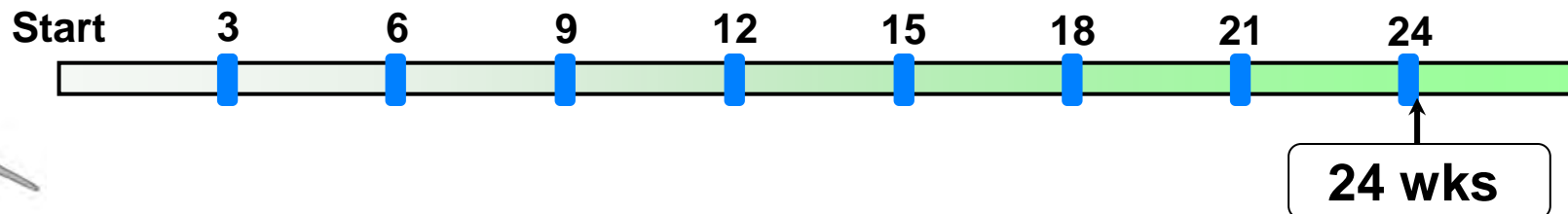


(modified from Coombs, et al 2005; Fiona Powrie lab)



**Invasive colonic carcinoma in
H. hepaticus-infected Rag2^{-/-} mice**



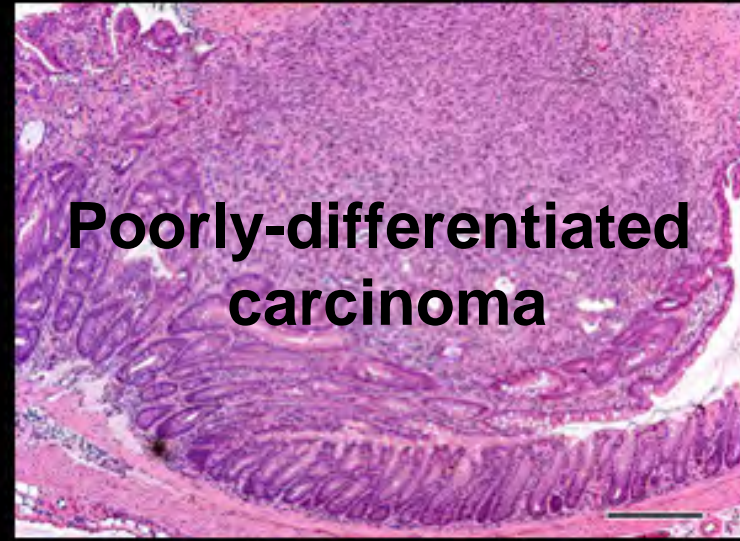
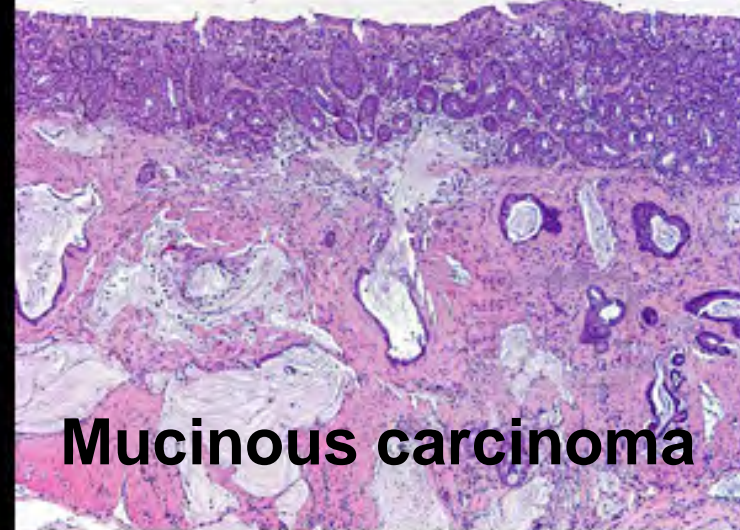


**Colonic carcinoma in
H. hepaticus-infected Rag2^{-/-} mice**

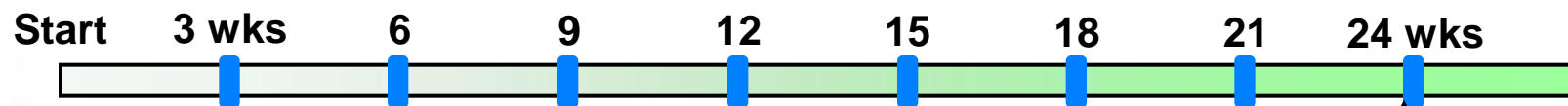
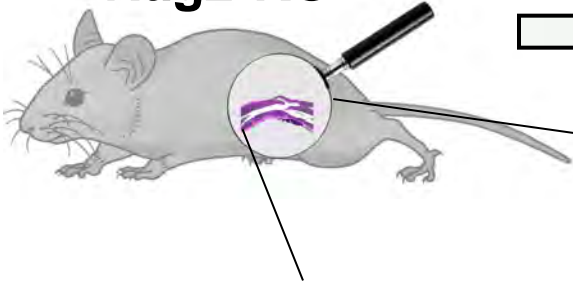


Erdman, et al, 2003

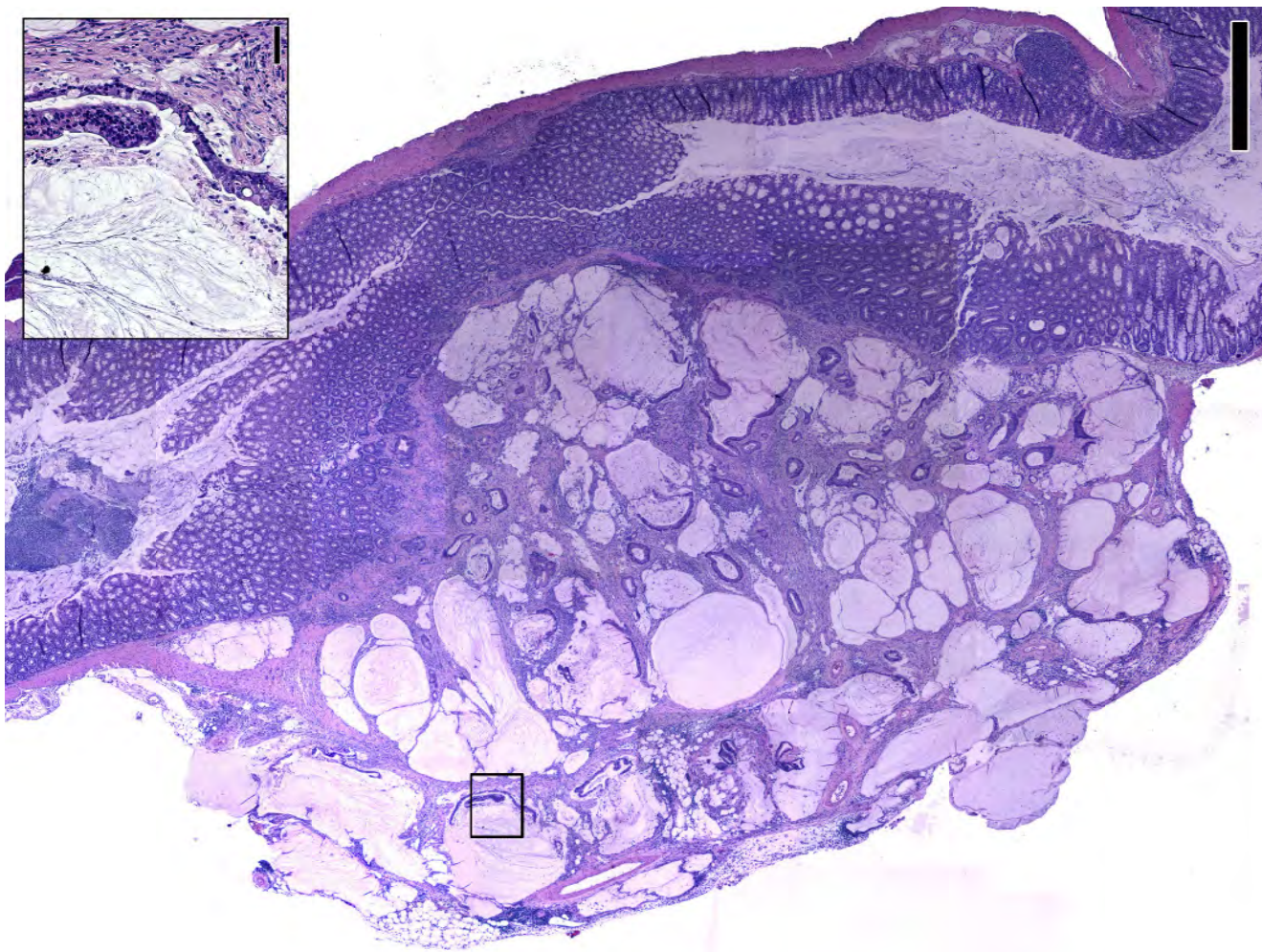
***H. hepaticus*-infected Rag2^{-/-}**



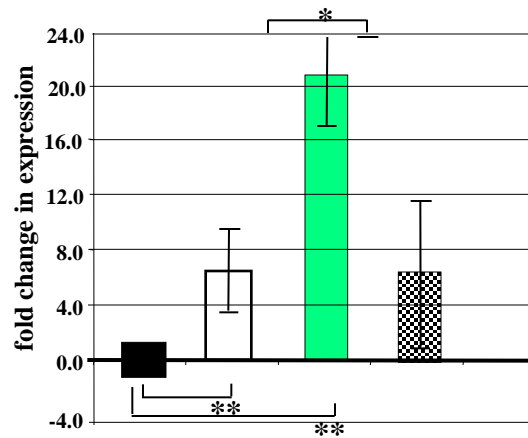
Rag2-KO



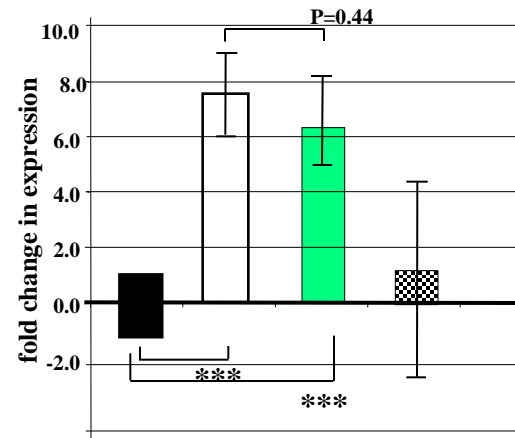
24 wks



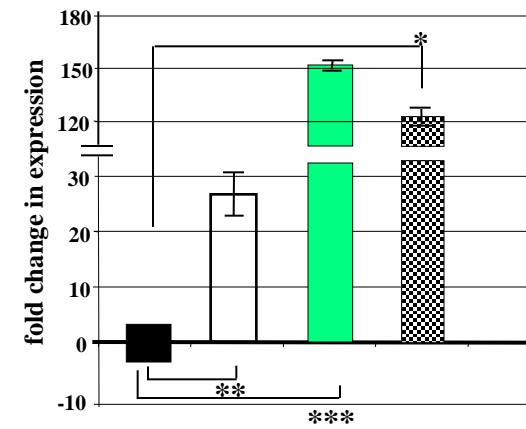
H. hepaticus infection up-regulates pro-inflammatory cytokines



IL-6



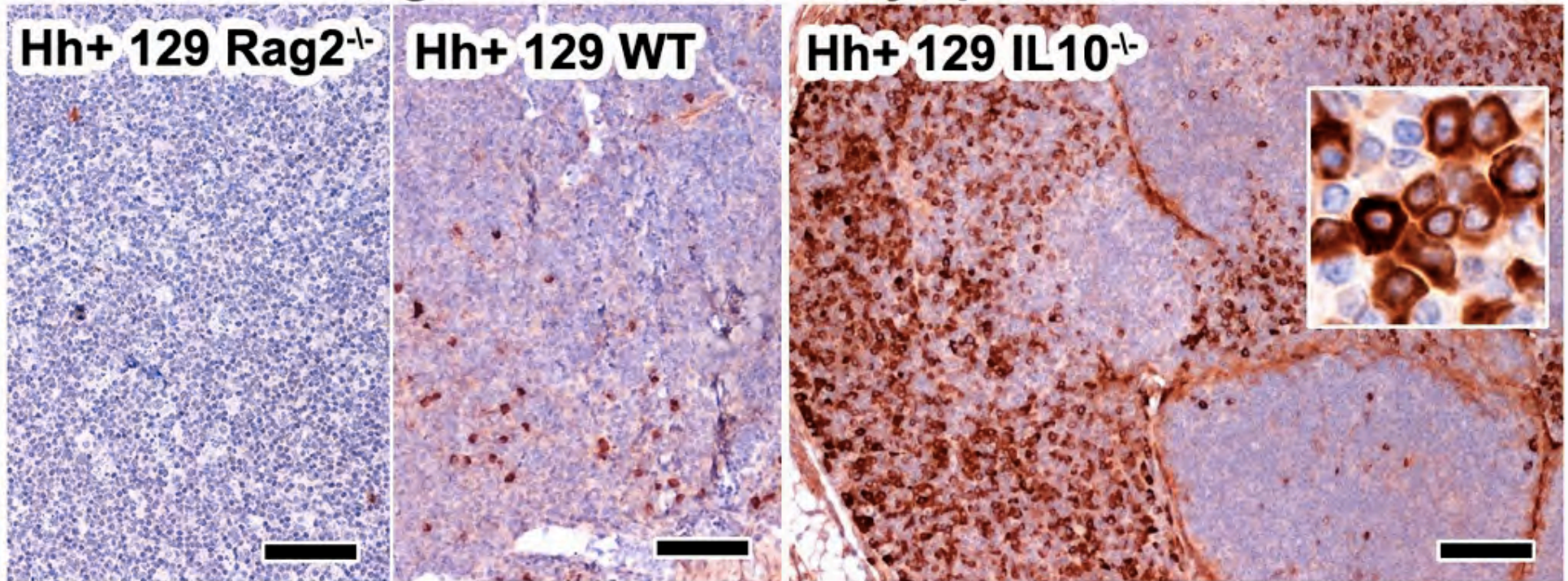
TNF- α



IL-17

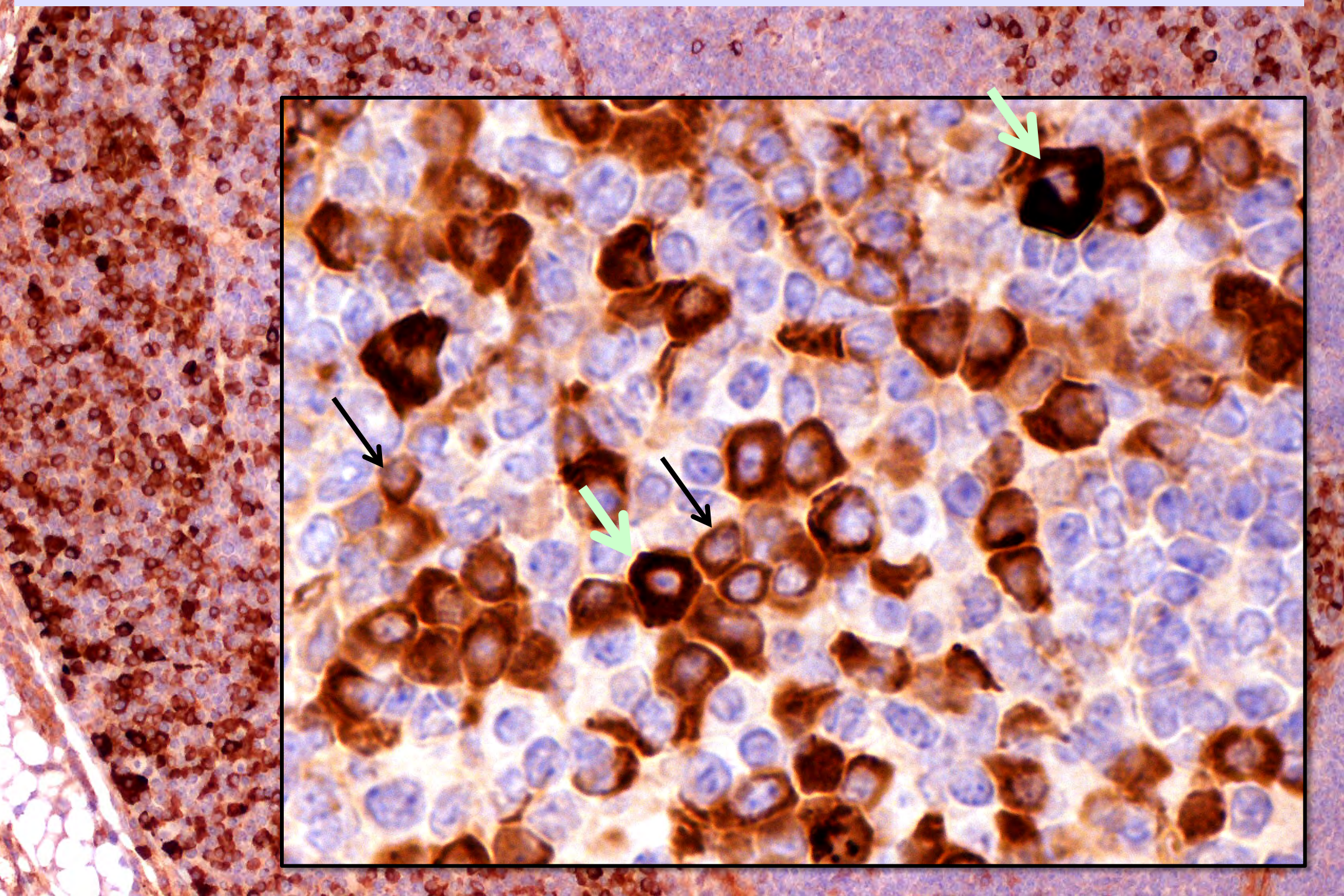
Reciprocal relationships exist between Interleukin (IL)-10 and IL-17

IL-17 *in situ* using IHC in mesenteric lymph node of mice.

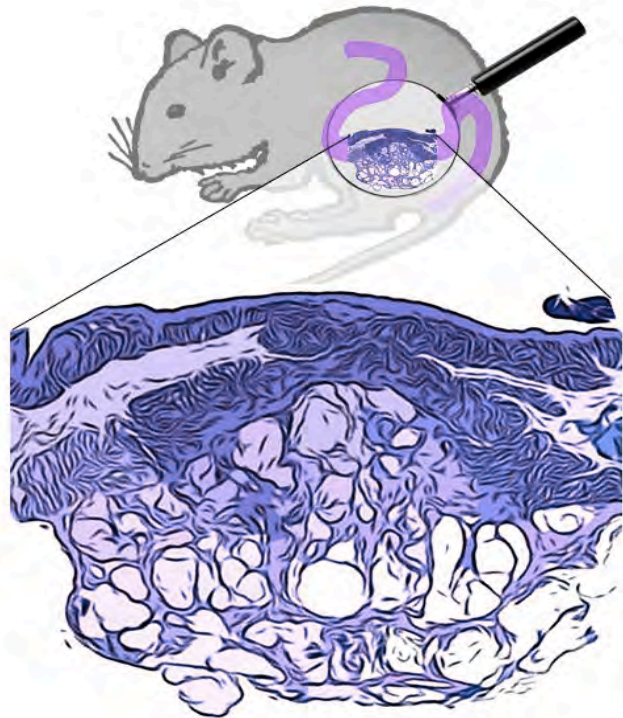


We thank Theofilos Poutahidis

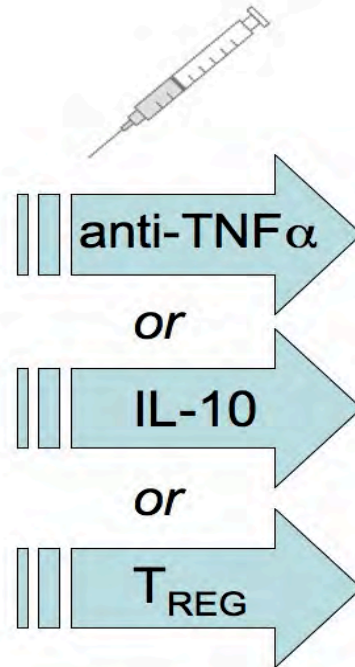
Erdman et al 2010



Blocking inflammation leads to total remission of established invasive colonic carcinoma

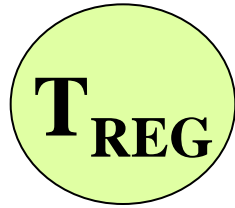


mucinous CRC with peritoneal neoplastic invasion



restoration of normal colonic epithelia after anti-inflammatory treatment

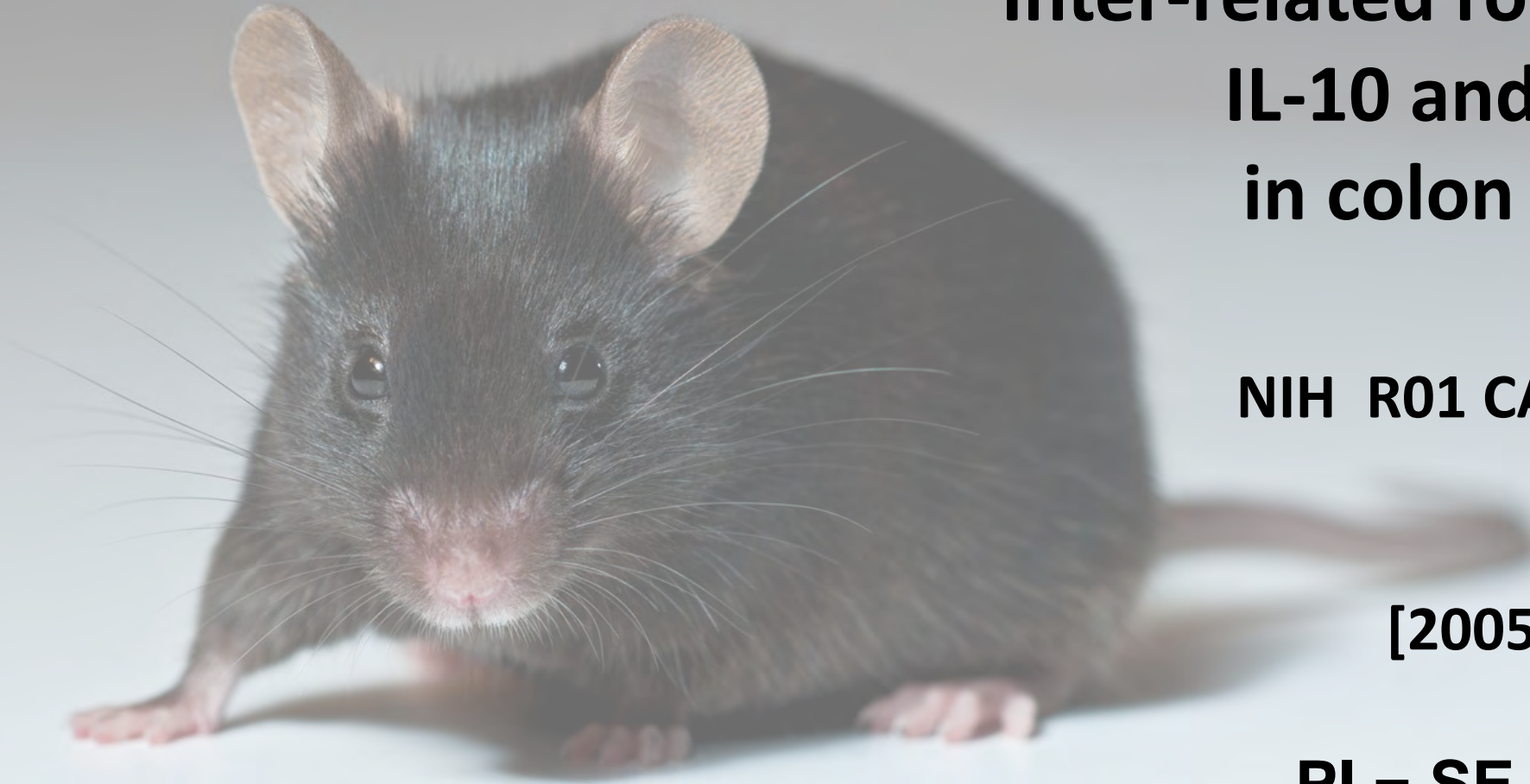
Interleukin-10



**Pro-inflammatory
cells & cytokines**



Tumor growth

A black mouse is shown in profile, facing left, with its head turned towards the camera. It has large, upright ears and long whiskers. The background is a plain, light gray.

**Inter-related roles for
IL-10 and TGF- β
in colon cancer**

NIH R01 CA108854

[2005 – 2015]

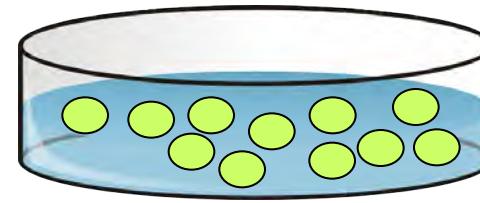
PI = SE Erdman

Prior microbe exposures convey health benefits transplantable via purified immune cells

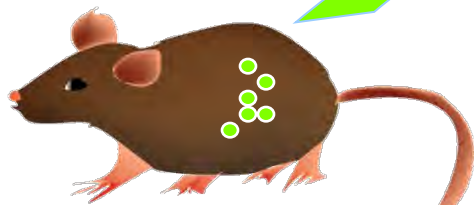
H. hepaticus dosed orally
by gastric gavage



Transplantable anti-inflammatory
 $CD4+CD45RB^{lo}CD25+$ Lymphocytes



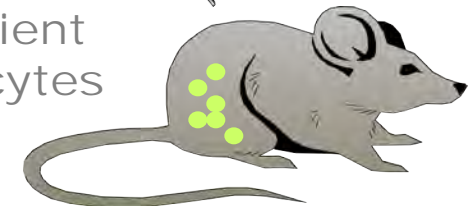
adoptive cell transfer



H. hepaticus-fed donor



Cells injected into recipient
without it's own lymphocytes



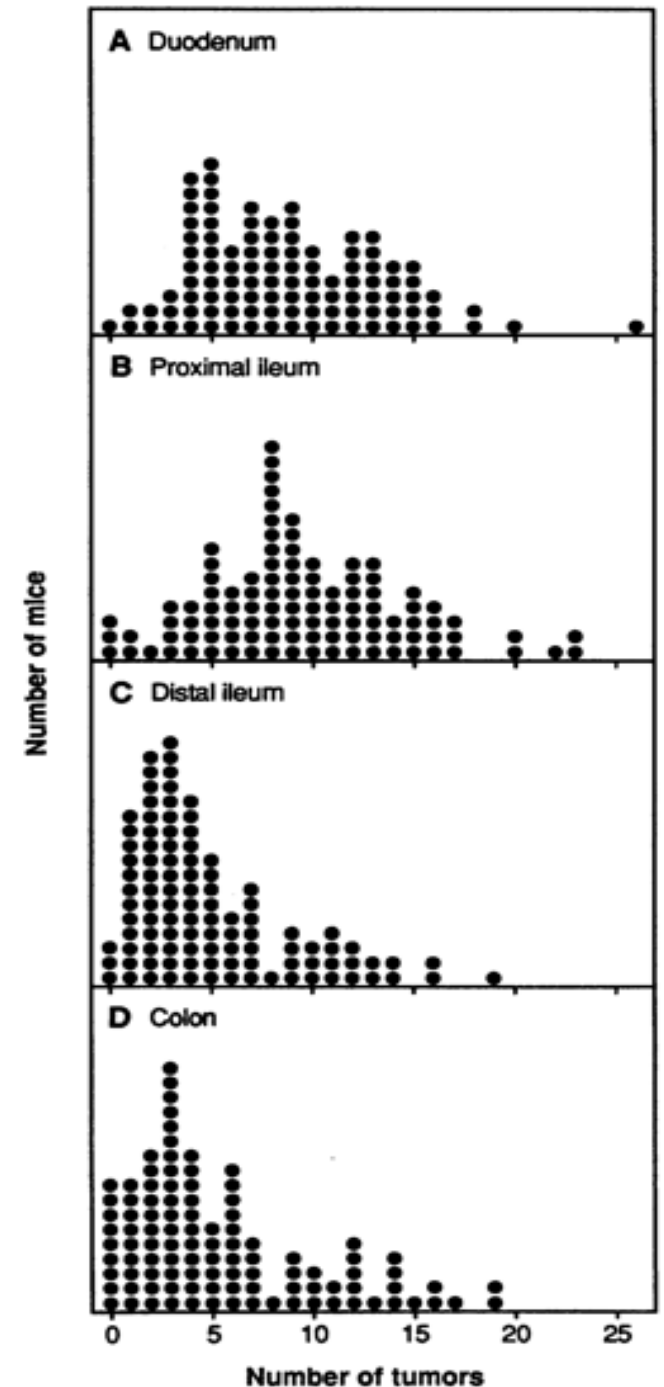
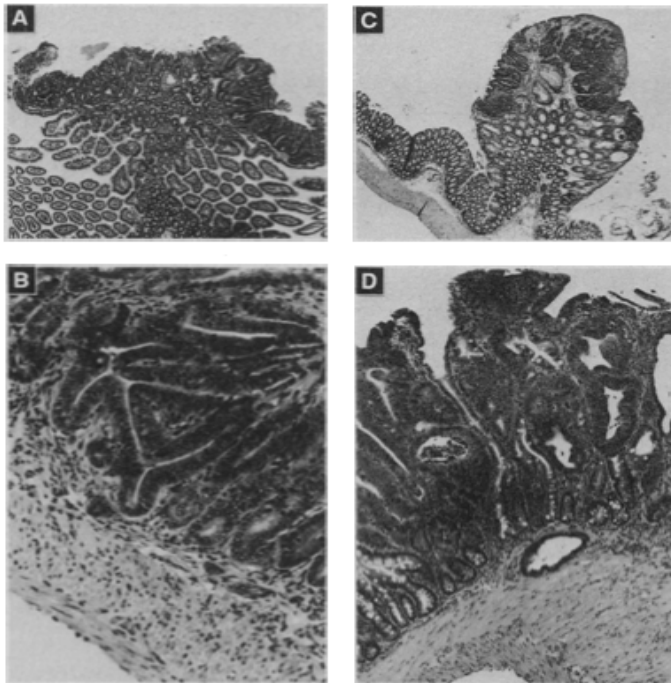
Rag2-KO mouse recipient

A Dominant Mutation That Predisposes to Multiple Intestinal Neoplasia in the Mouse

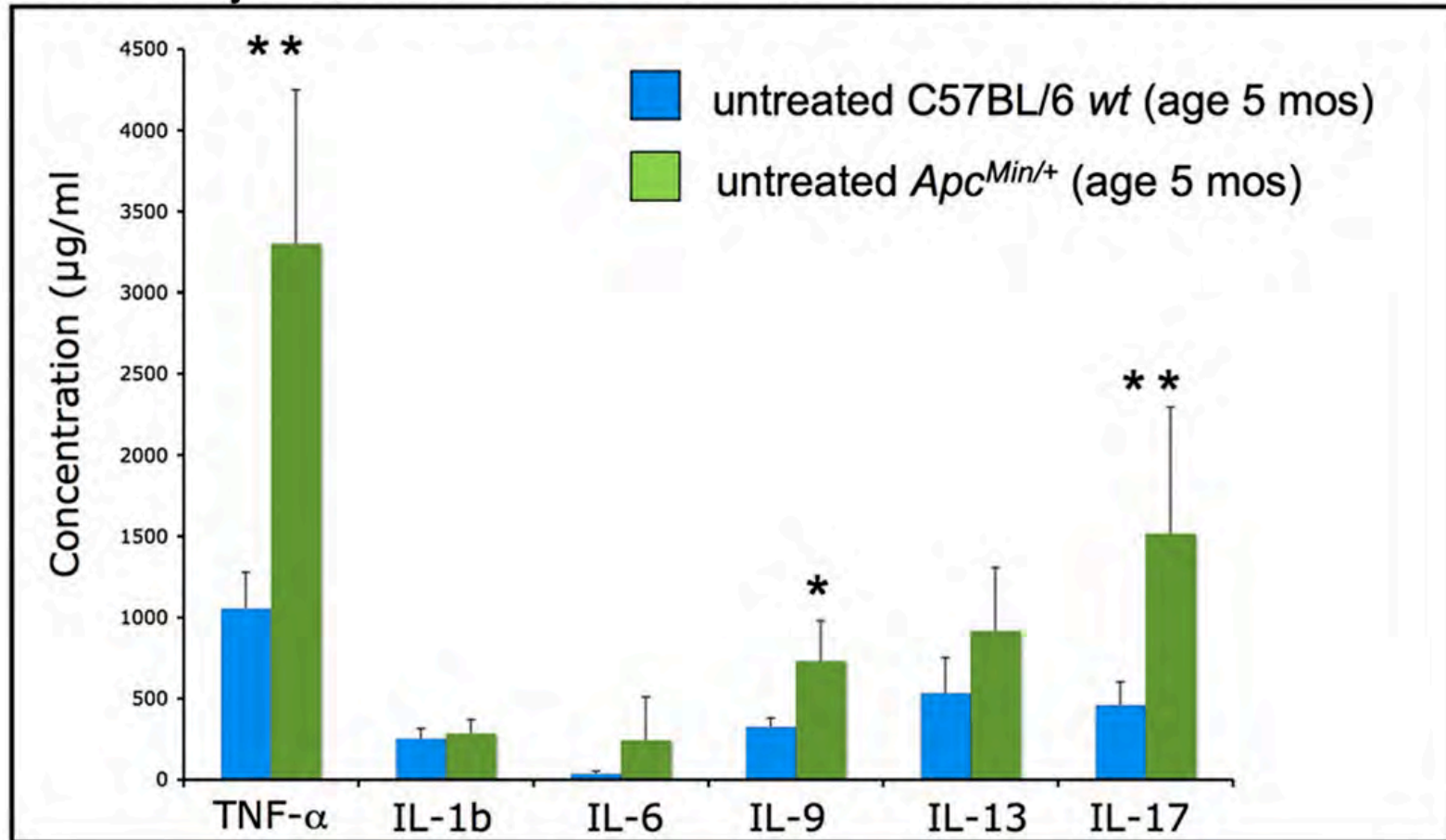
AMY RAPAICH MOSER,* HENRY C. PITOT, WILLIAM F. DOVE

In a pedigree derived from a mouse treated with the mutagen ethylnitrosourea, a mutation has been identified that predisposes to spontaneous intestinal cancer. The mutant gene was found to be dominantly expressed and fully penetrant. Affected mice developed multiple adenomas throughout the entire intestinal tract at an early age.

19 JANUARY 1990 SCIENCE, VOL. 247



Serum cytokine levels in C57BL/6 wt vs Min mice

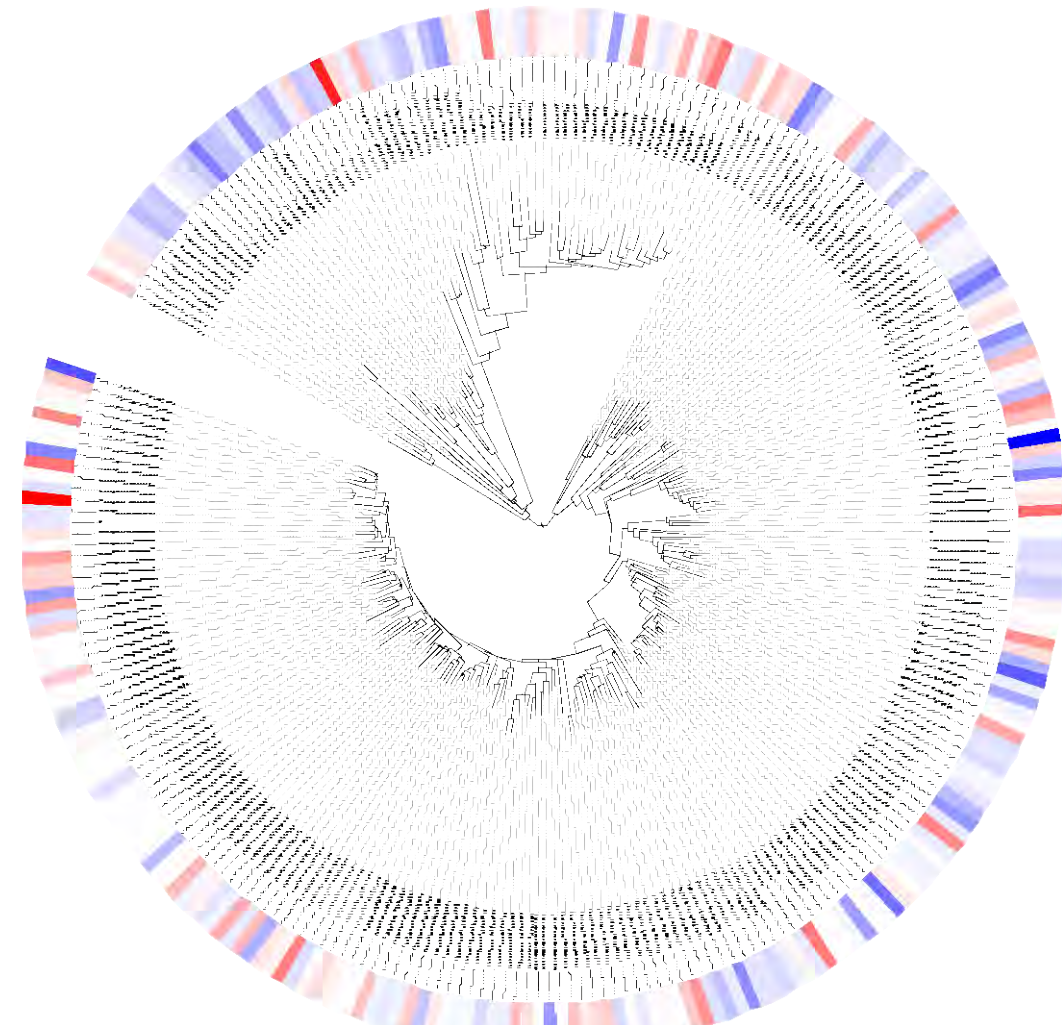
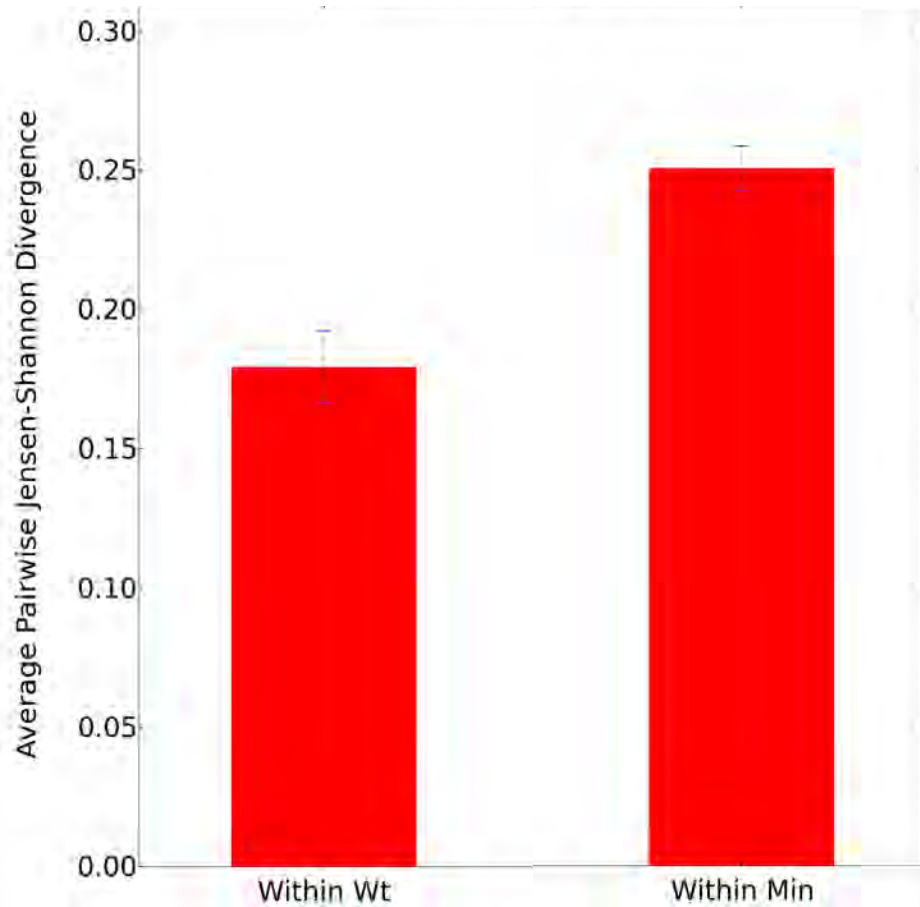


Luminex (serum protein) assay reveals that serum levels of cytokine TNF α and IL17 were significantly increased in aged Min mice at high risk of intestinal polyposis. Serum cytokine levels in pg/ml. Statistics using 2-tailed Student's t-test; ns, not significant *= $p > 0.05$. **= $P > 0.01$.

we thank Werner Olipitz

Significant differences exist between microbiota in Min mice and their co-housed wild type littermates

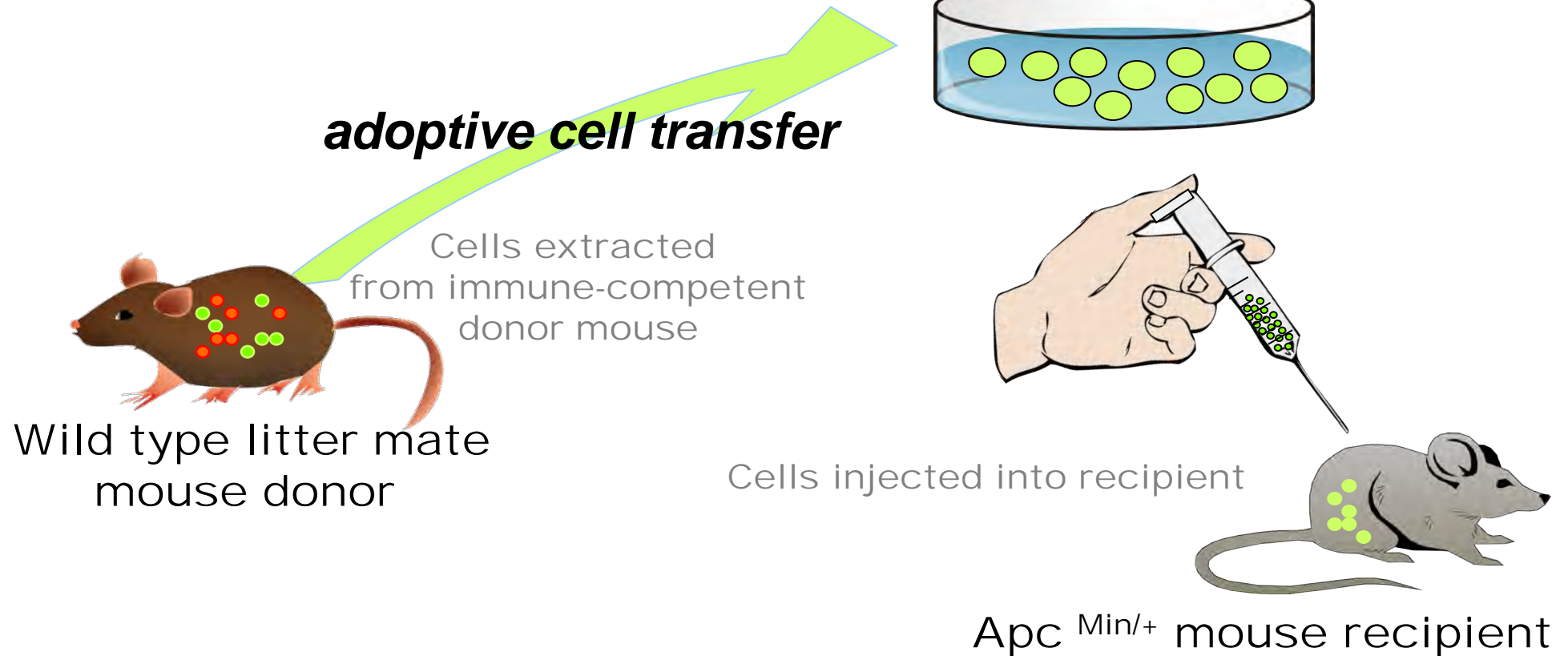
Min mouse microbiomes deviate from co-housed Wild type littermate mice



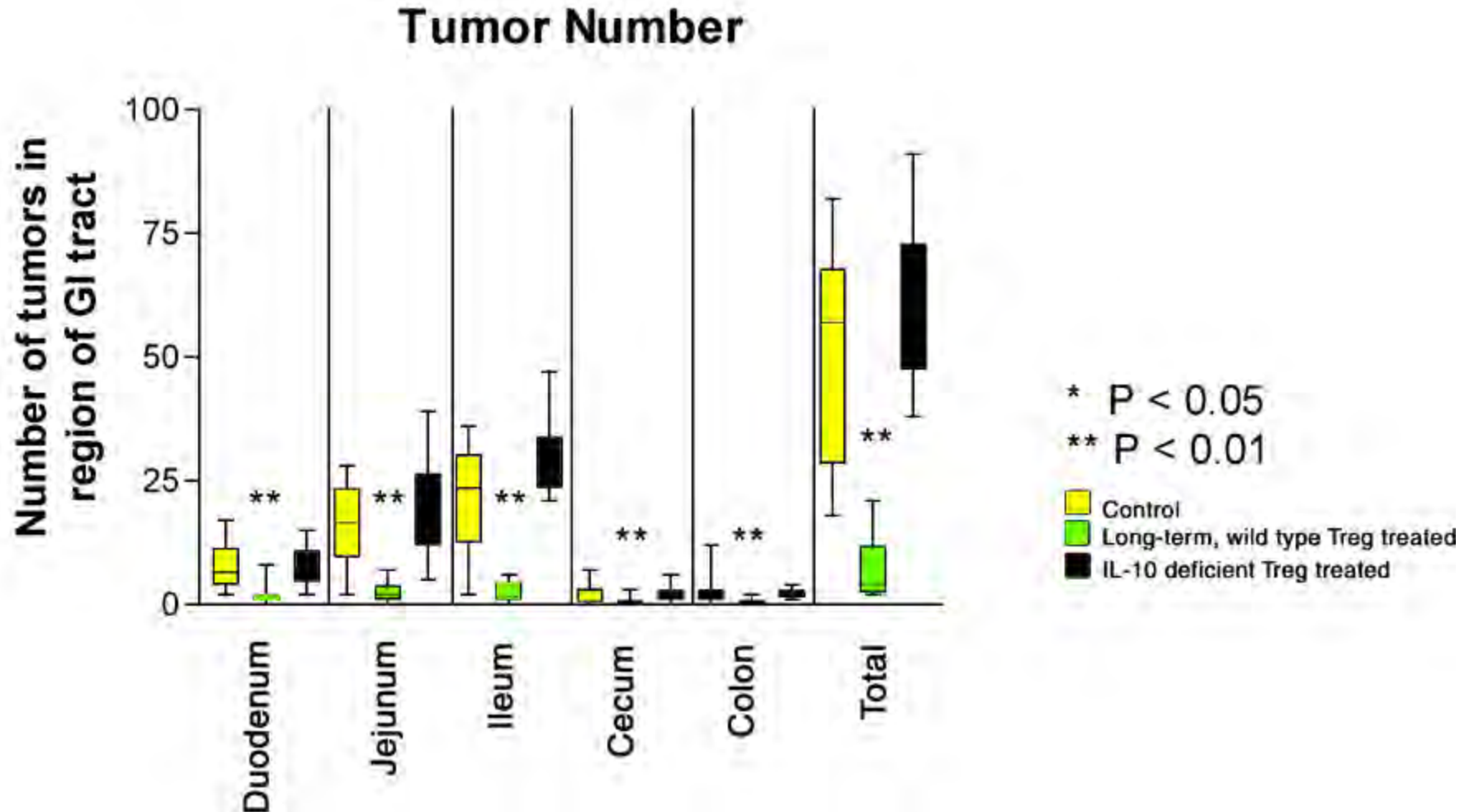
We thank Mark Burnham-Smith (EJ Alm lab) for microbiome analyses

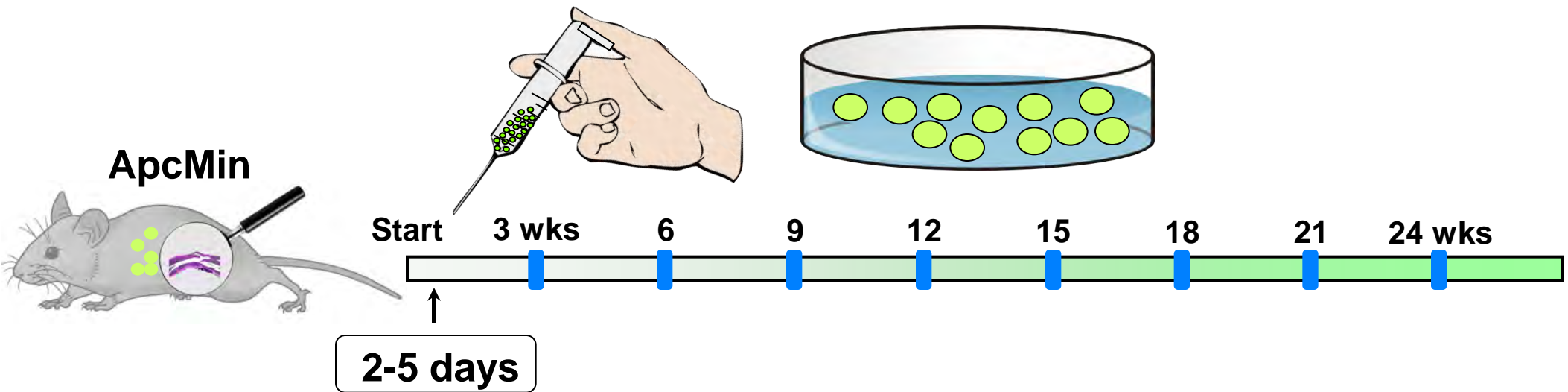
Adoptive Cell Transfer Paradigm

Transplantable anti-inflammatory
 $CD4+CD45RB^{lo}CD25+$ Lymphocytes

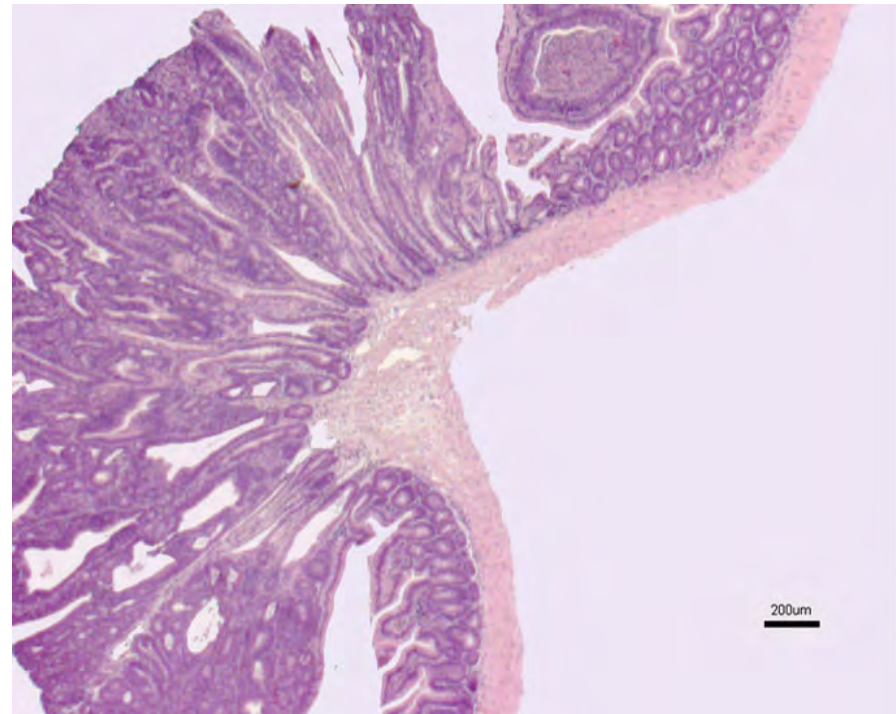


T_{REG} cells require IL-10 to prevent intestinal adenomas in *Apc*^{Min/+} mice





Sham-treated ApcMin

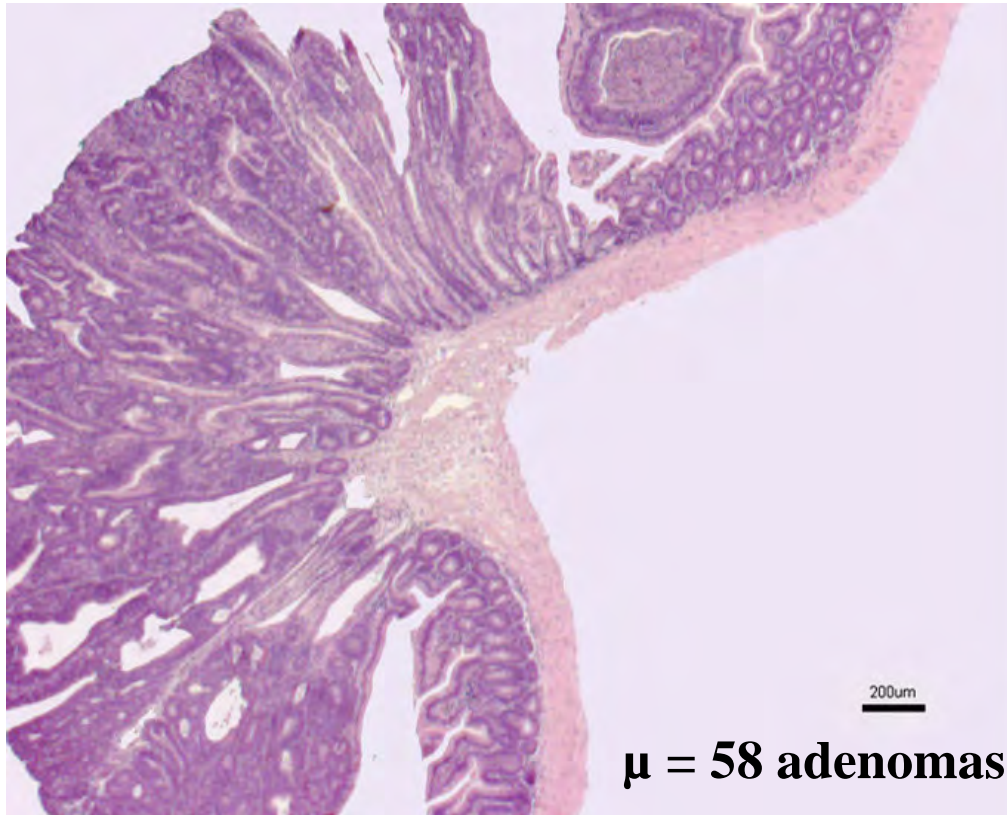


ApcMin + 300K wt Treg cells

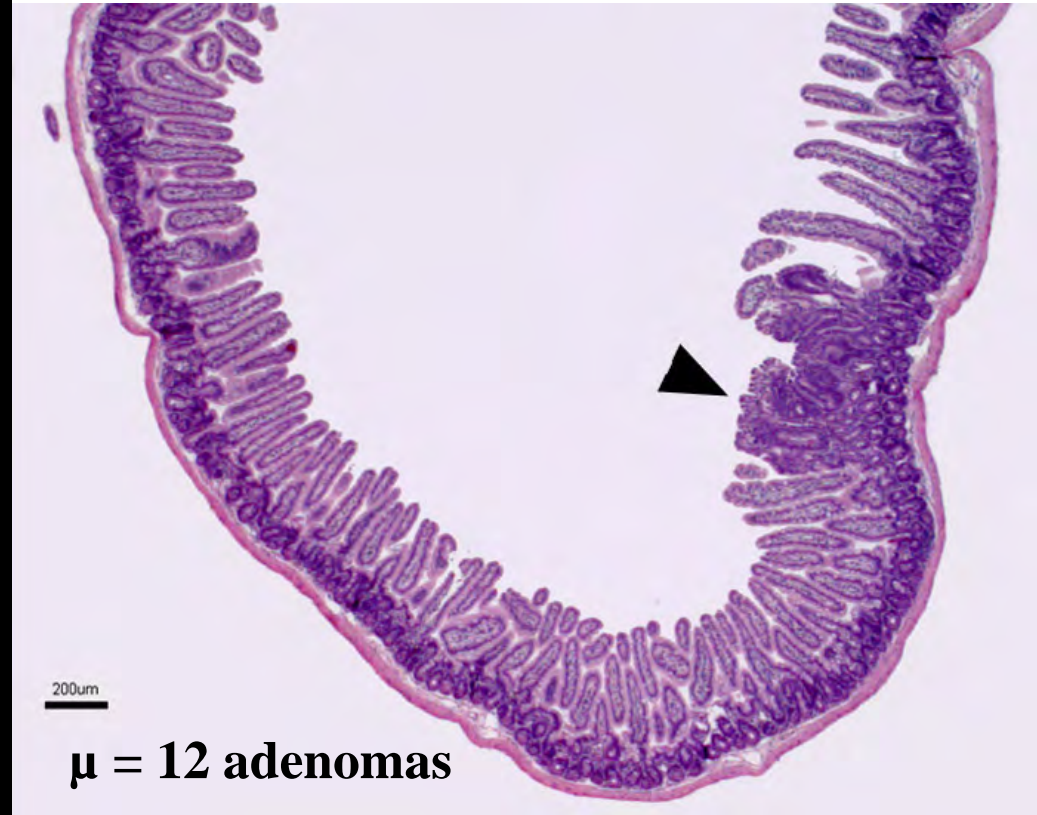


T_{REG} cells induce regression of intestinal adenomas in $Apc^{Min/+}$ mice

untreated $Apc^{Min/+}$



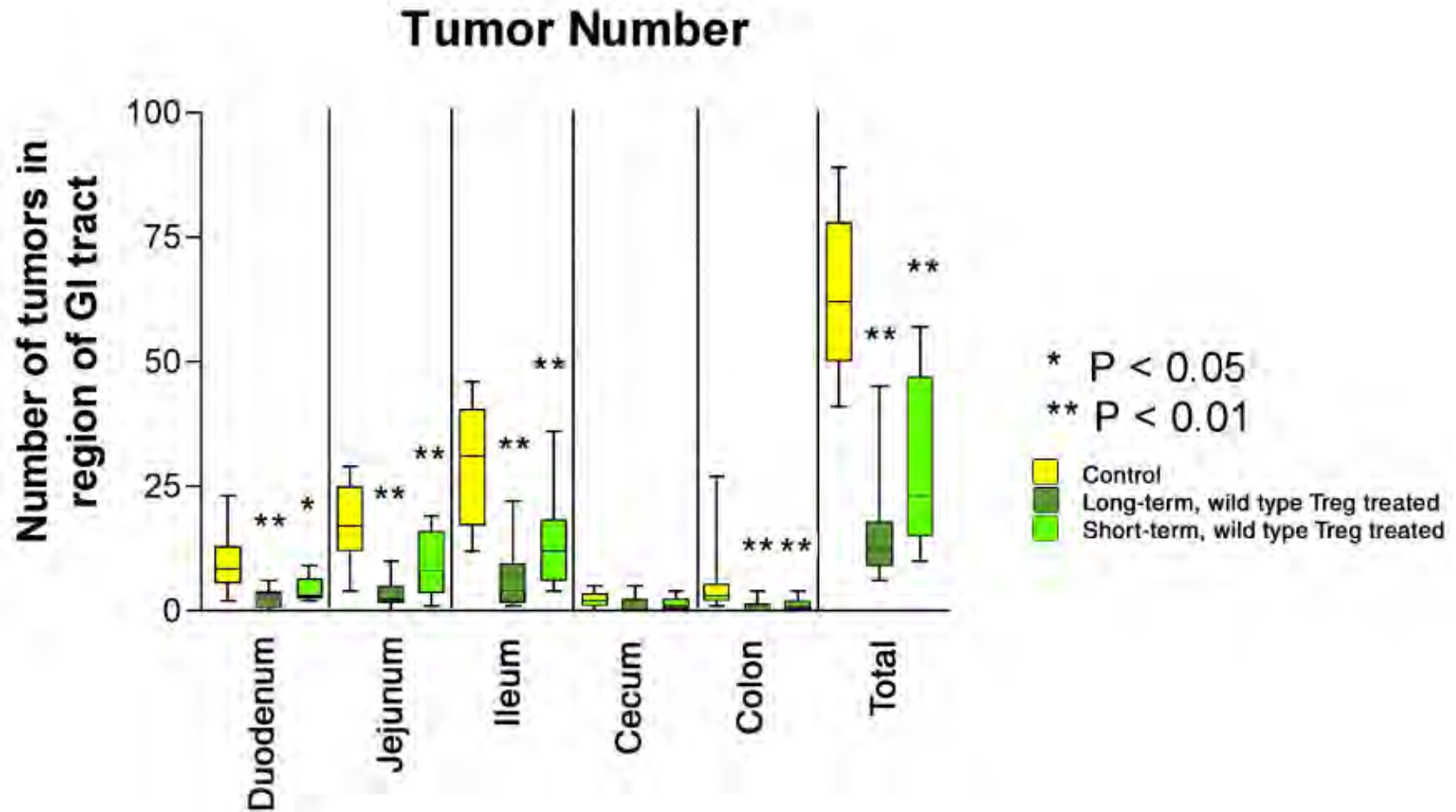
$Apc^{Min/+}$ plus T_{REG} cells



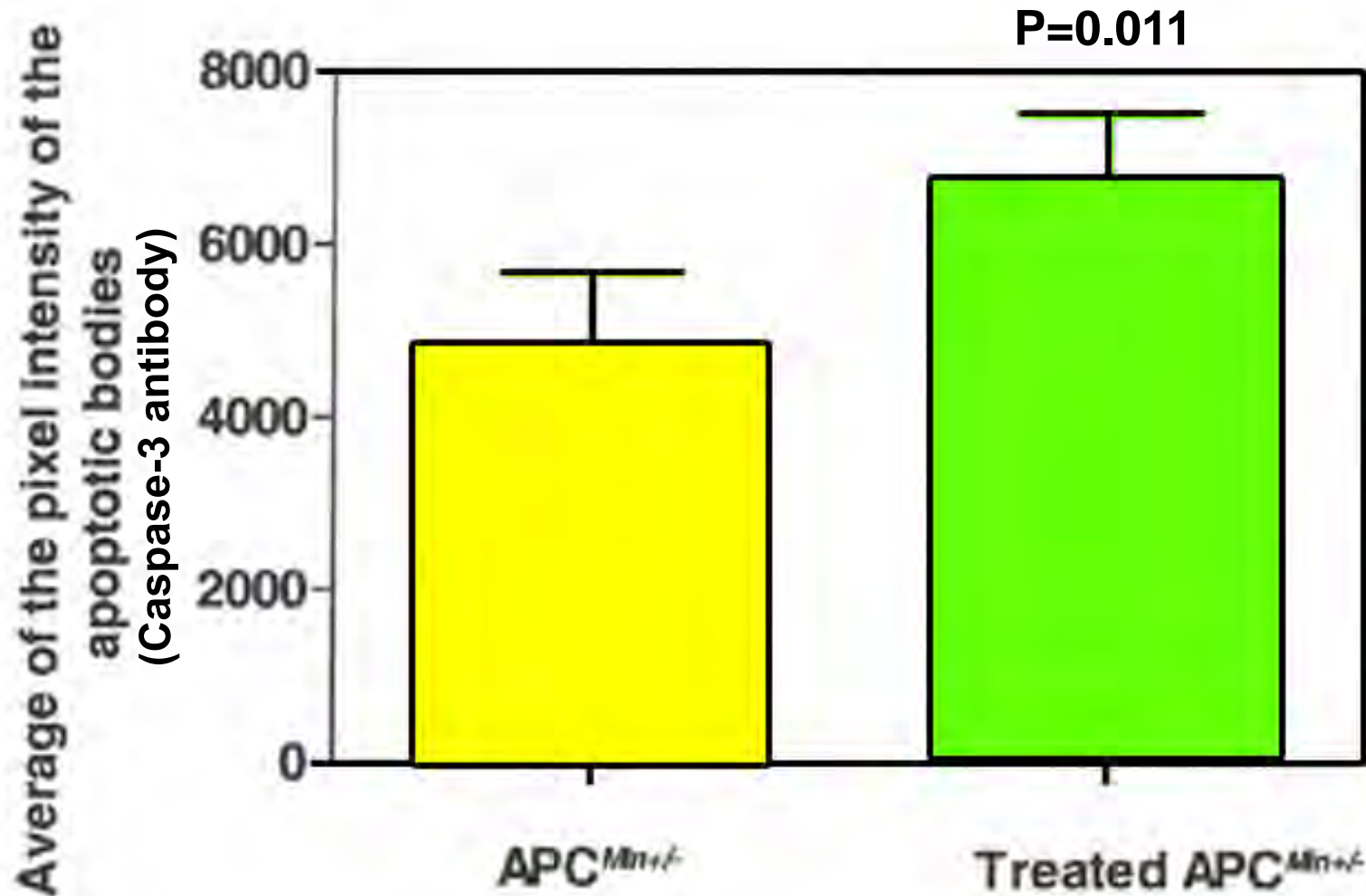
$N = 14$; total intestinal adenomas $\mu = 58$ (37-91) $N = 14$; total intestinal adenomas $\mu = 12$ (6-43)
($p < 0.01$)

Age at treatment 4.5 - 6 months (μ age = 5.6 mos)

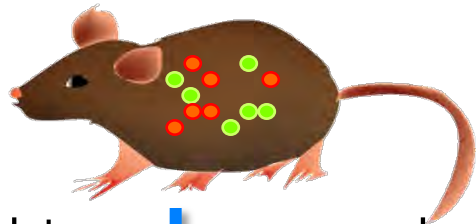
T_{REG} cells induce regression of intestinal adenomas in Apc^{Min/+} mice



T_{REG} cells induce apoptosis within intestinal adenomas



Cells extracted from immune-competent wt donor mouse

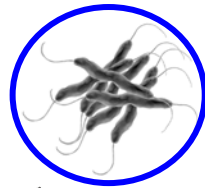
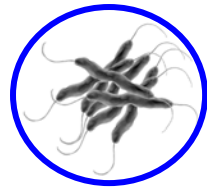
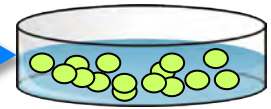


Wild type mouse donor

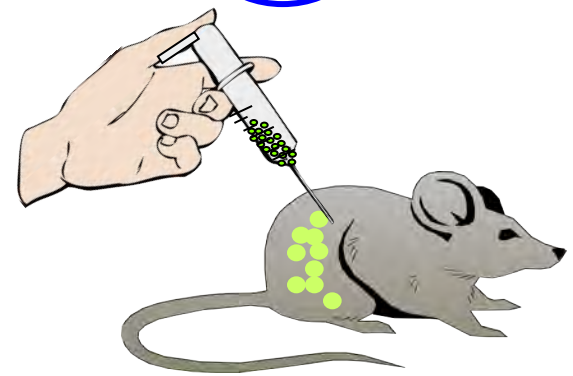
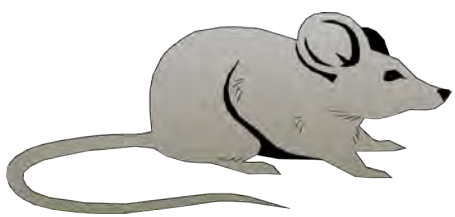
Sham



Transfer anti-inflammatory CD4+CD45RB^{lo}CD25+

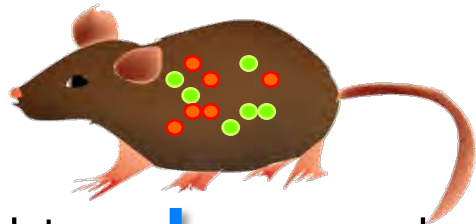


Helicobacter hepaticus



Microbe infection in Min or Min/Rag2-KO recipients

Cells extracted from immune-competent wt donor mouse

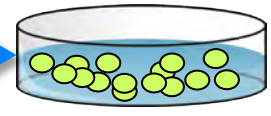


Wild type mouse donor

Sham

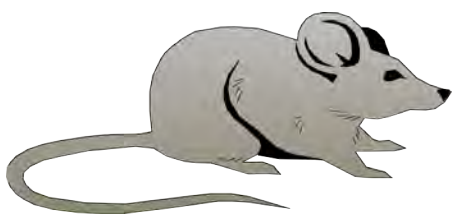
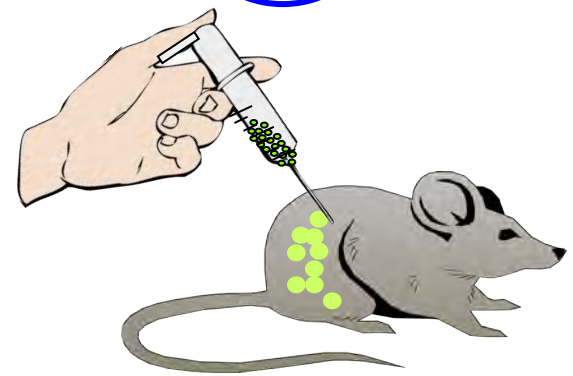


Transfer anti-inflammatory CD4+CD45RB^{lo}CD25+



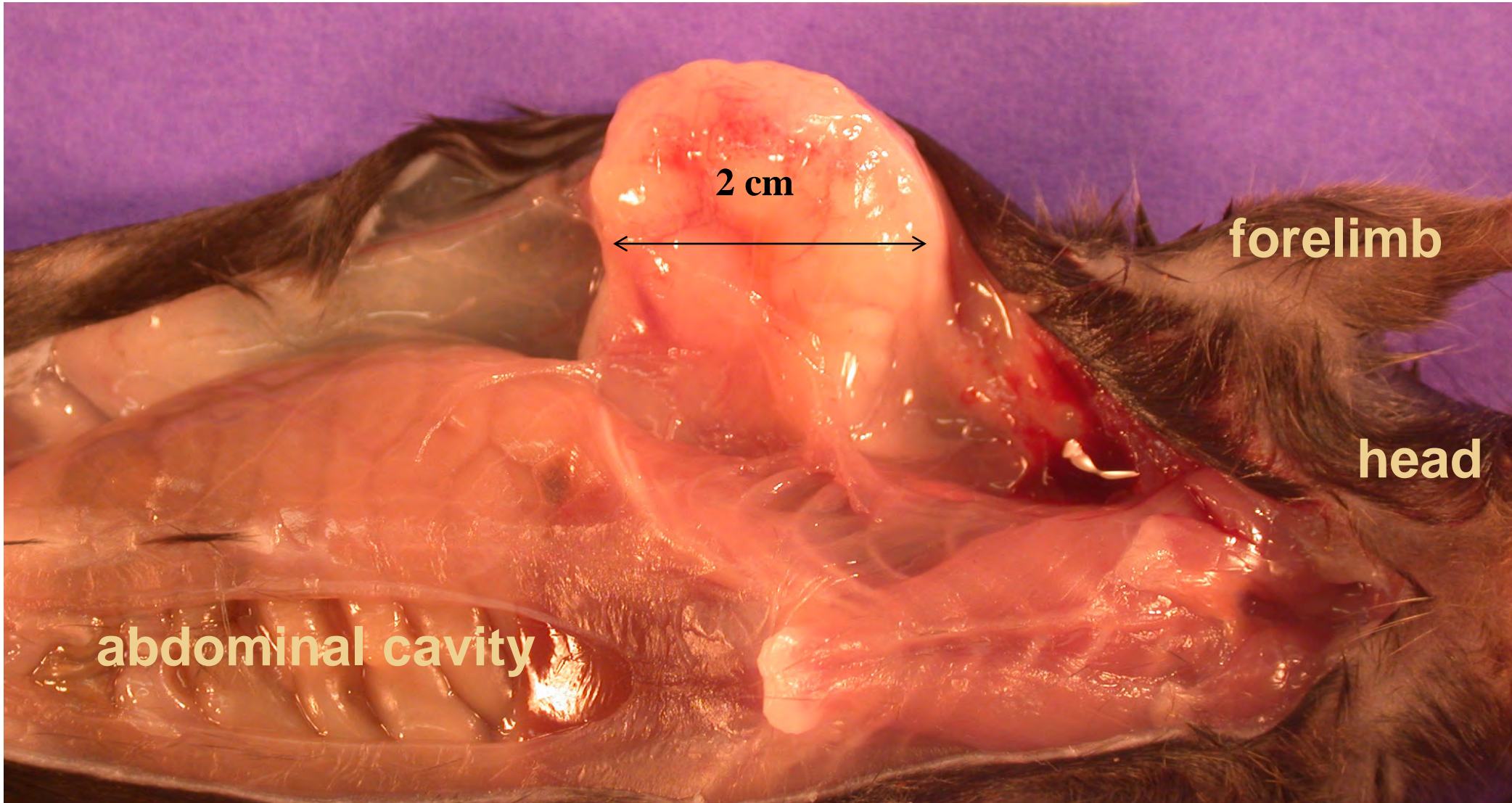
Cells of adaptive immunity suppress IBD and carcinoma

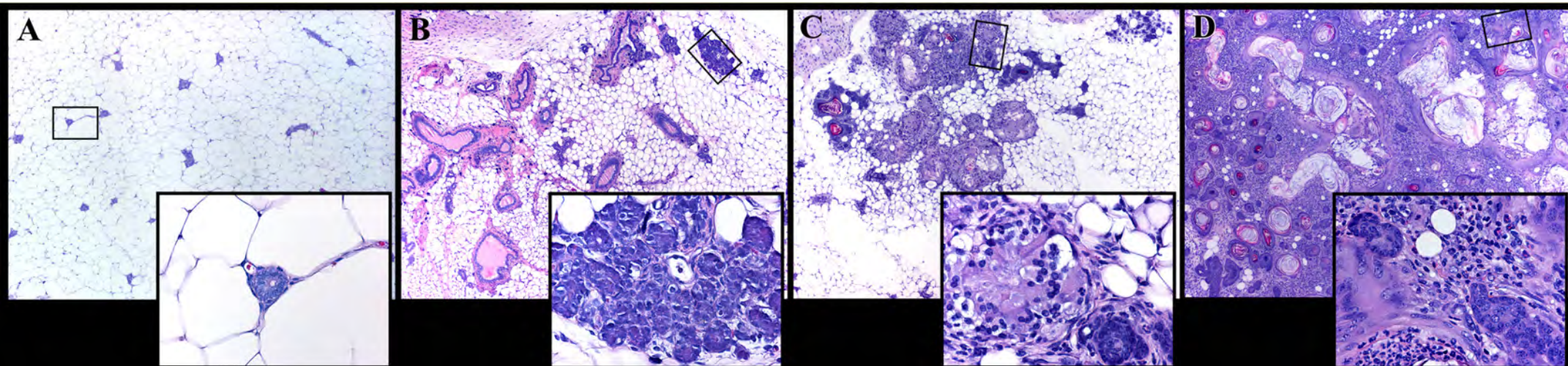
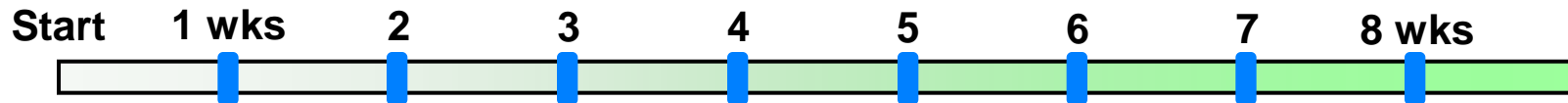
Innate immunity is sufficient for IBD and carcinoma



Microbe infection in Min or Min/Rag2-KO recipients

H. hepaticus-infected $Apc^{Min/+}$ mice rapidly develop mammary tumors



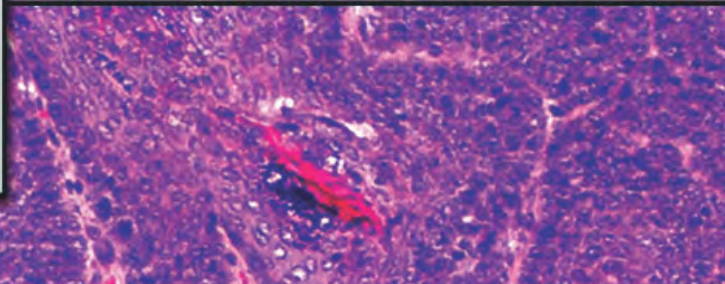
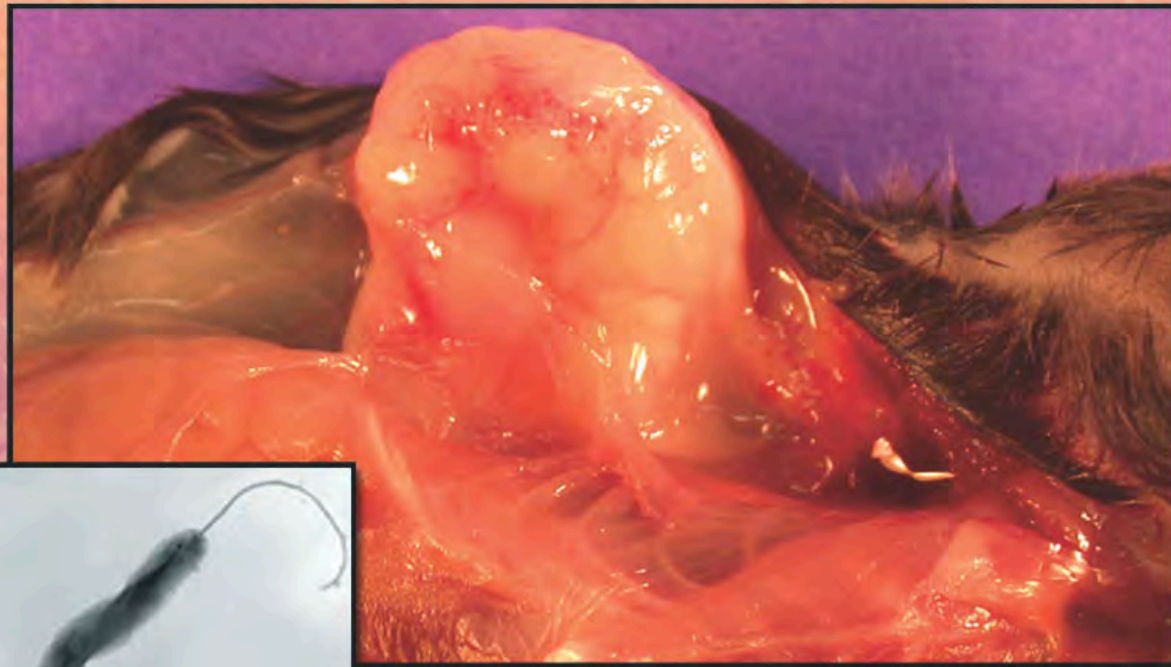


Priority Report

Innate Immune Inflammatory Response against Enteric Bacteria *Helicobacter hepaticus* Induces Mammary Adenocarcinoma in Mice

Varada P. Rao,¹ Theofilos Poutahidis,^{1,3} Zhongming Ge,¹ Prashant R. Nambiar,¹ Chakib Boussahmain,¹ Yan Yan Wang,² Bruce H. Horwitz,² James G. Fox,¹ and Susan E. Erdman¹

Cancer Res 2006; 66: (15). August 1, 2006

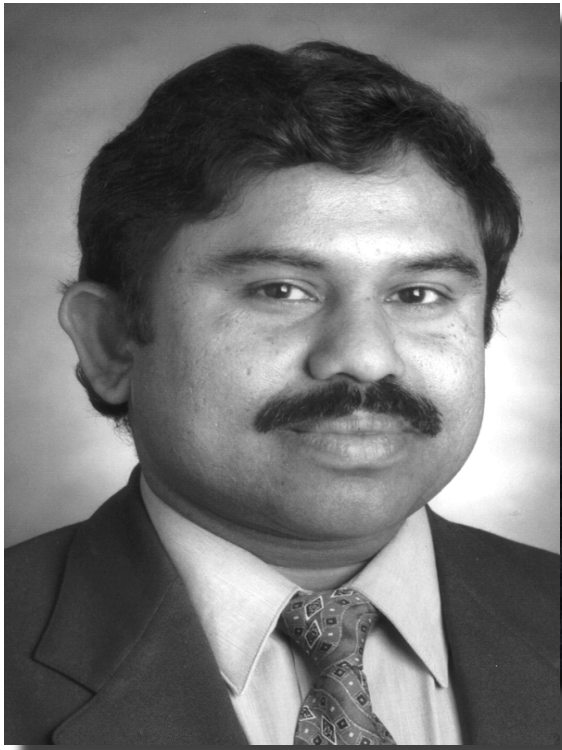


**DOD Award W81XWH-05-1-0460.
Anti-inflammatory regulatory cells and breast cancer.
[PI: Susan E Erdman]. 2005 – 2006.**

Breast Cancer: Should Gastrointestinal Bacteria Be on Our Radar Screen?

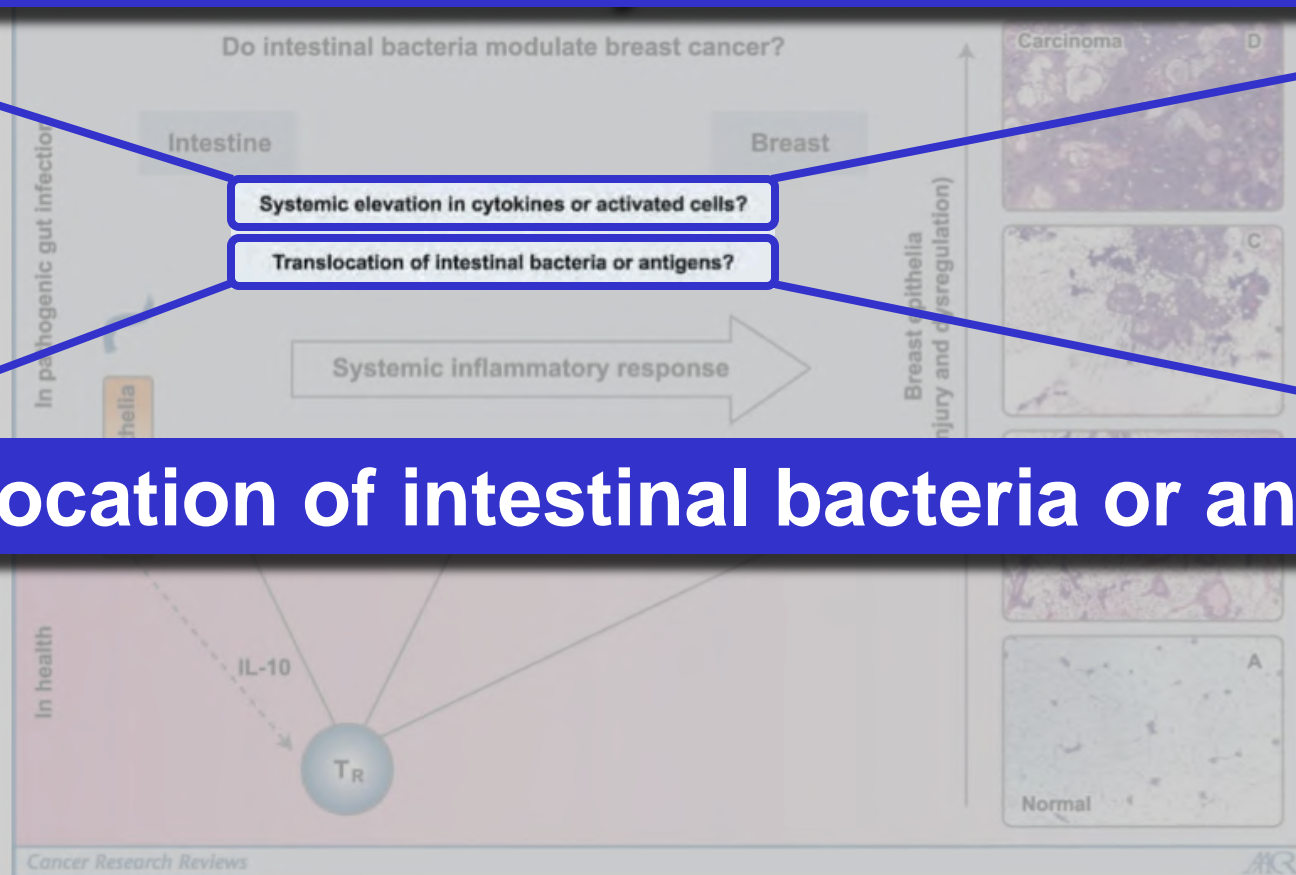
Varada P. Rao,¹ Theofilos Poutahidis,^{1,2} James G. Fox,¹ and Susan E. Erdman¹

¹Division of Comparative Medicine, Massachusetts Institute of Technology, Cambridge, Massachusetts and ²Laboratory of Pathology, Faculty of Veterinary Medicine, Aristotle University of Thessaloniki, Thessaloniki, Greece



Breast Cancer: Should Gastrointestinal Bacteria Be on Our Radar Screen?

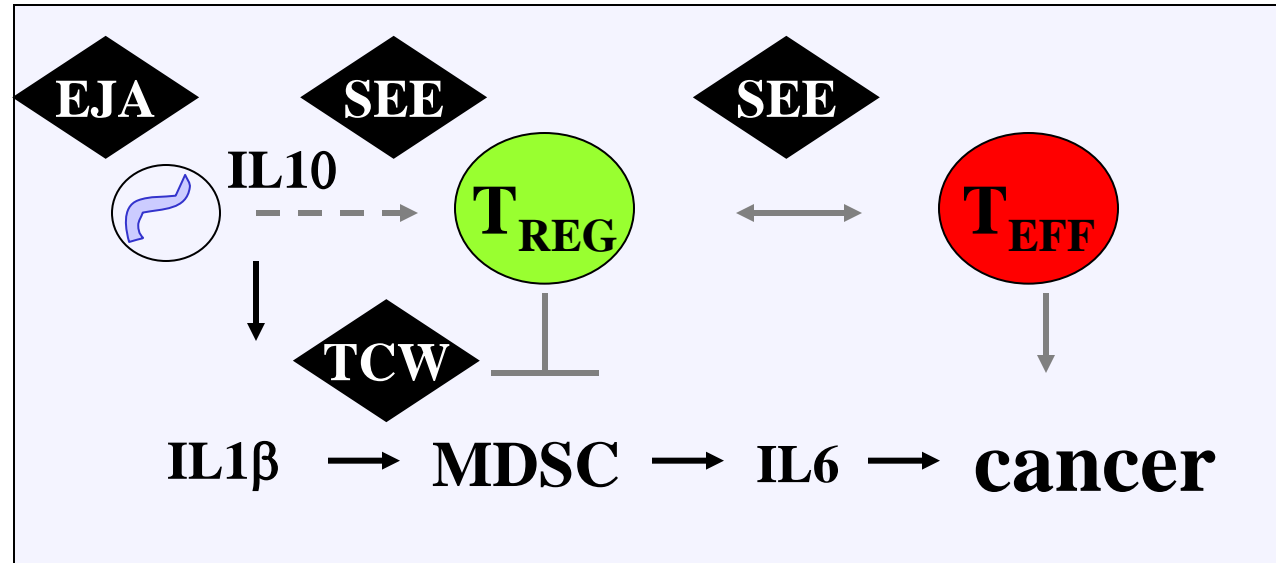
Systemic elevation in cytokines or activated cells?



Translocation of intestinal bacteria or antigens?

TMEN U01 U01 CA164337

SE Erdman (MIT) and EJ Alm (MIT) and TC Wang (Columbia U)



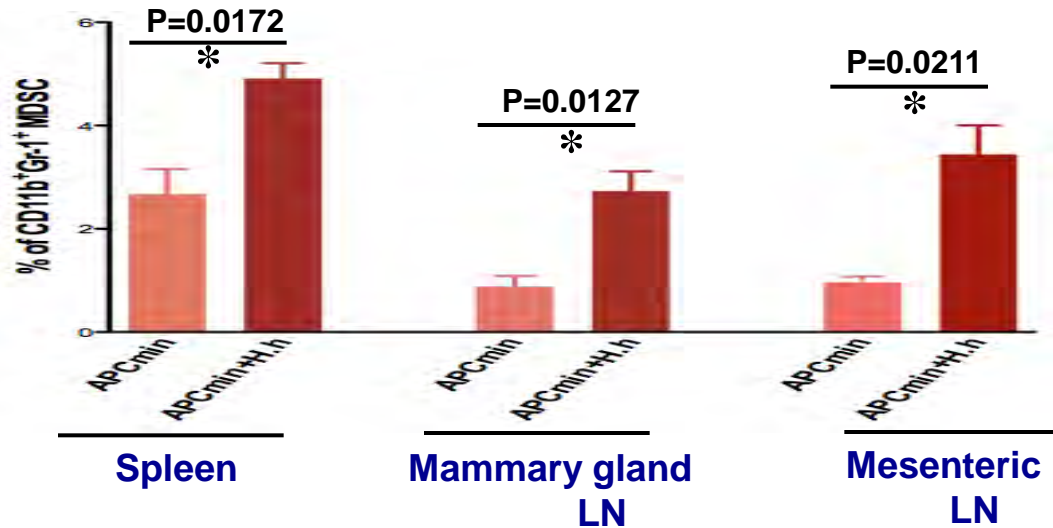
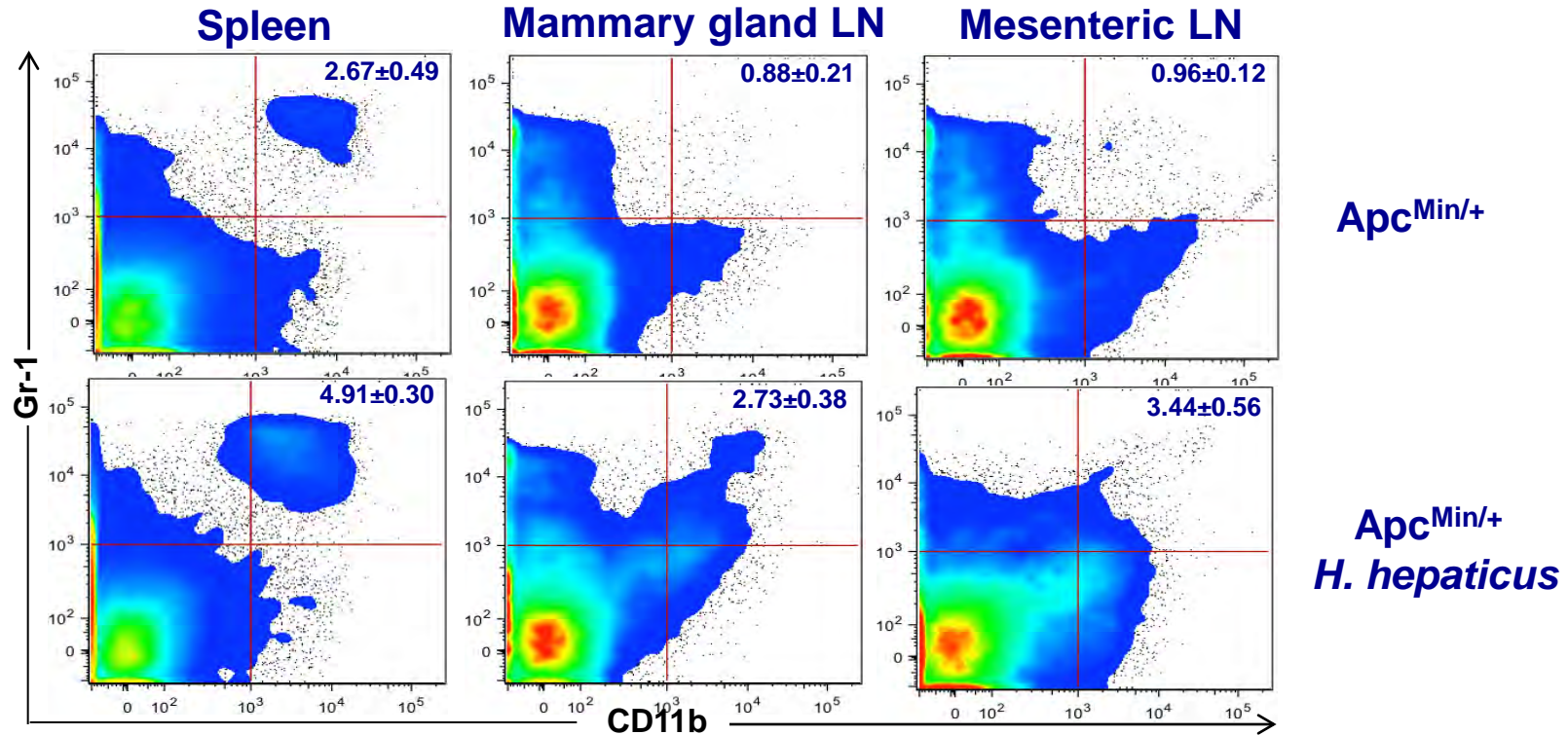
TC Wang (Columbia)

C Clarke-Dur (CPIC)

SE Erdman and EJ Alm (MIT)

DA Hafler (Yale)

H. hepaticus triggers accumulation of MDSCs

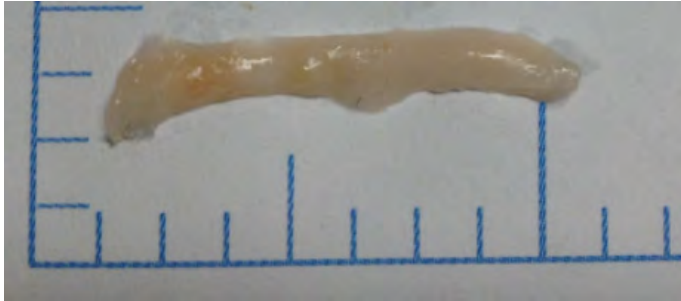


(we thank TC Wang)

H. hepaticus infection promotes mammary tumorigenesis

in C57BL/6 $Apc^{Min/+}$ mice

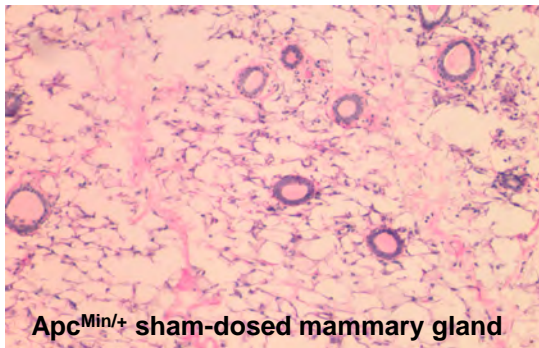
$Apc^{Min/+}$ sham mammary gland



$Apc^{Min/+}$ + Hh mammary gland (tumor)

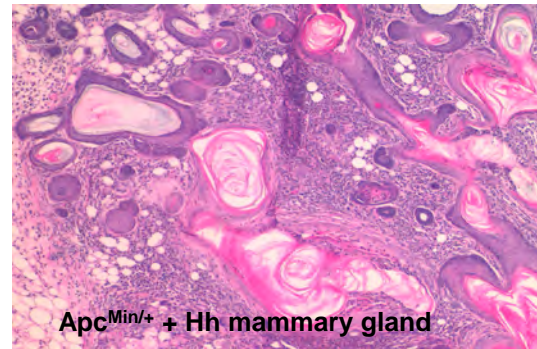


$Apc^{Min/+}$



$Apc^{Min/+}$ sham-dosed mammary gland

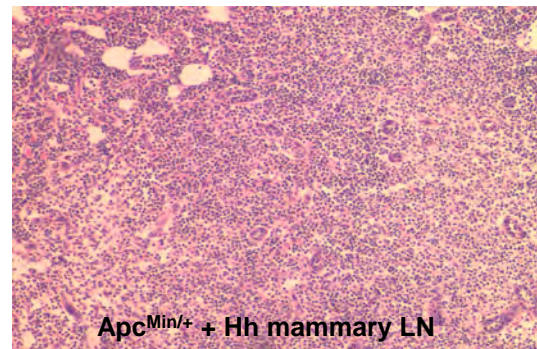
$Apc^{Min/+}$ + Hh



$Apc^{Min/+}$ + Hh mammary gland



$Apc^{Min/+}$ sham-dosed mammary LN

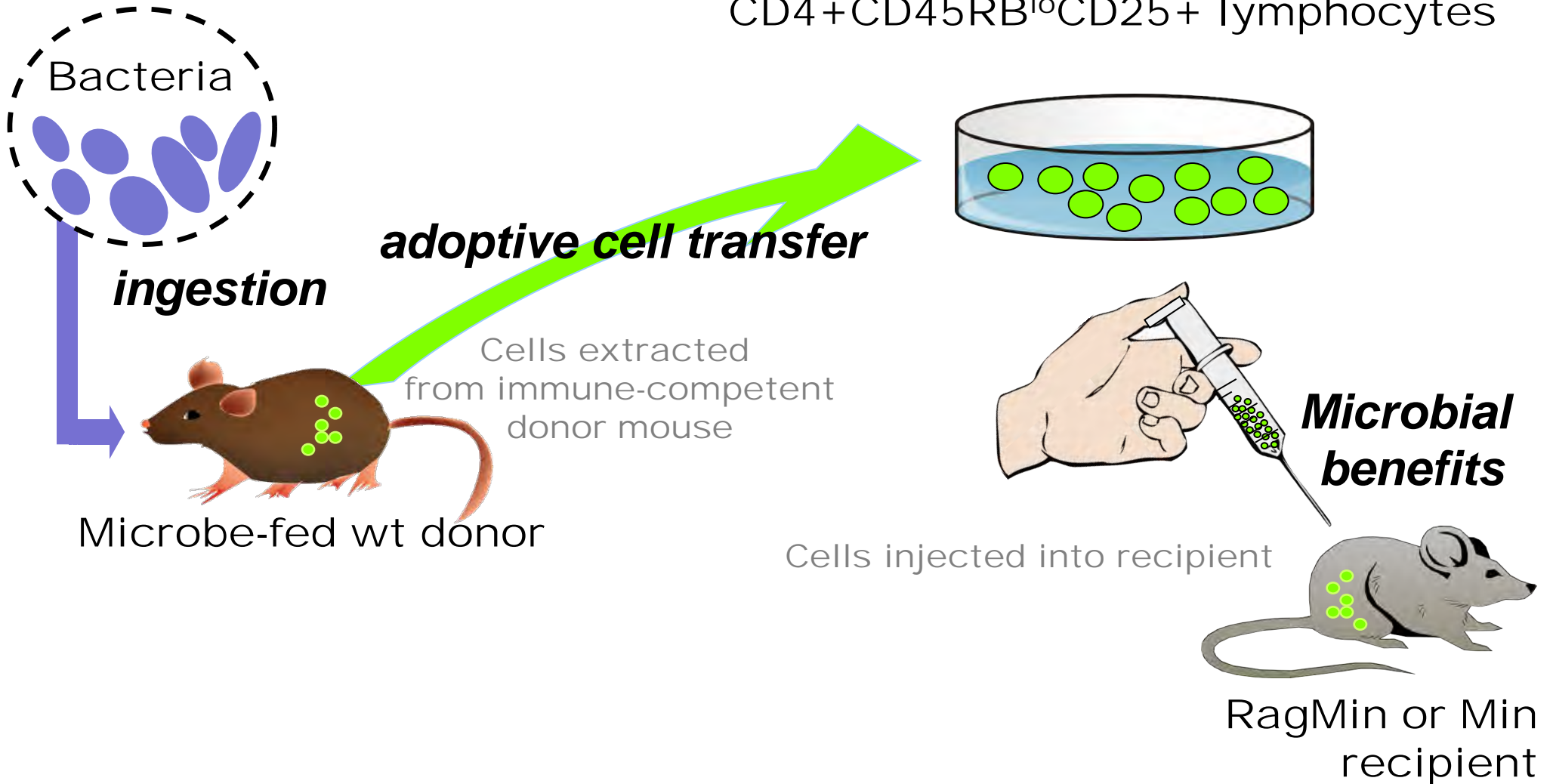


$Apc^{Min/+}$ + Hh mammary LN

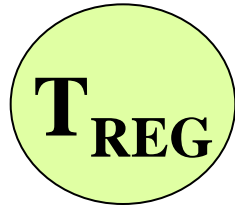
(we thank TC Wang)

Adoptive Cell Transfer Paradigm

Transplantable anti-inflammatory
 $CD4+CD45RB^{lo}CD25+$ Lymphocytes



Interleukin-10



**Pro-inflammatory
cells & cytokines**



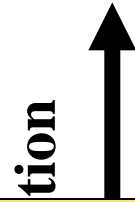
Tumor growth

Do intestinal bacteria modulate breast cancer?

In pathogenic gut infection

INTESTINE

BREAST

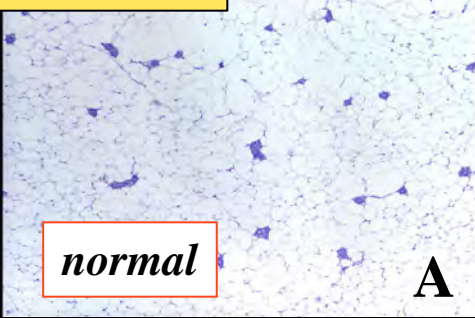
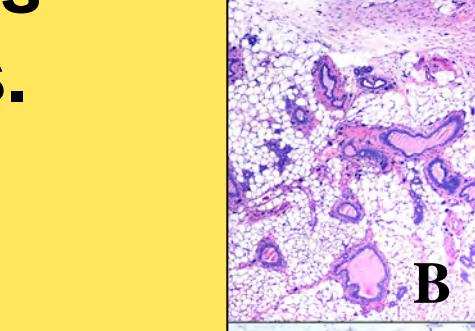
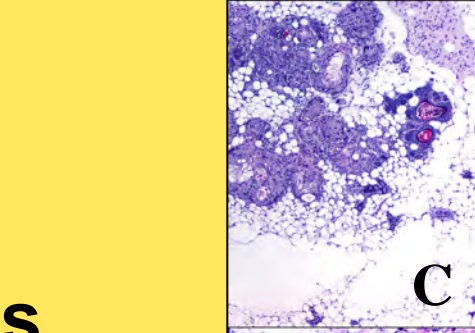
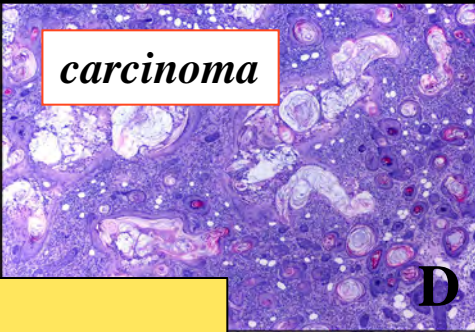


Earlier exposures to gut microbes impact potency of CD4+ lymphocytes to modulate extra-intestinal cancers.

In health



Breast



D

C

B

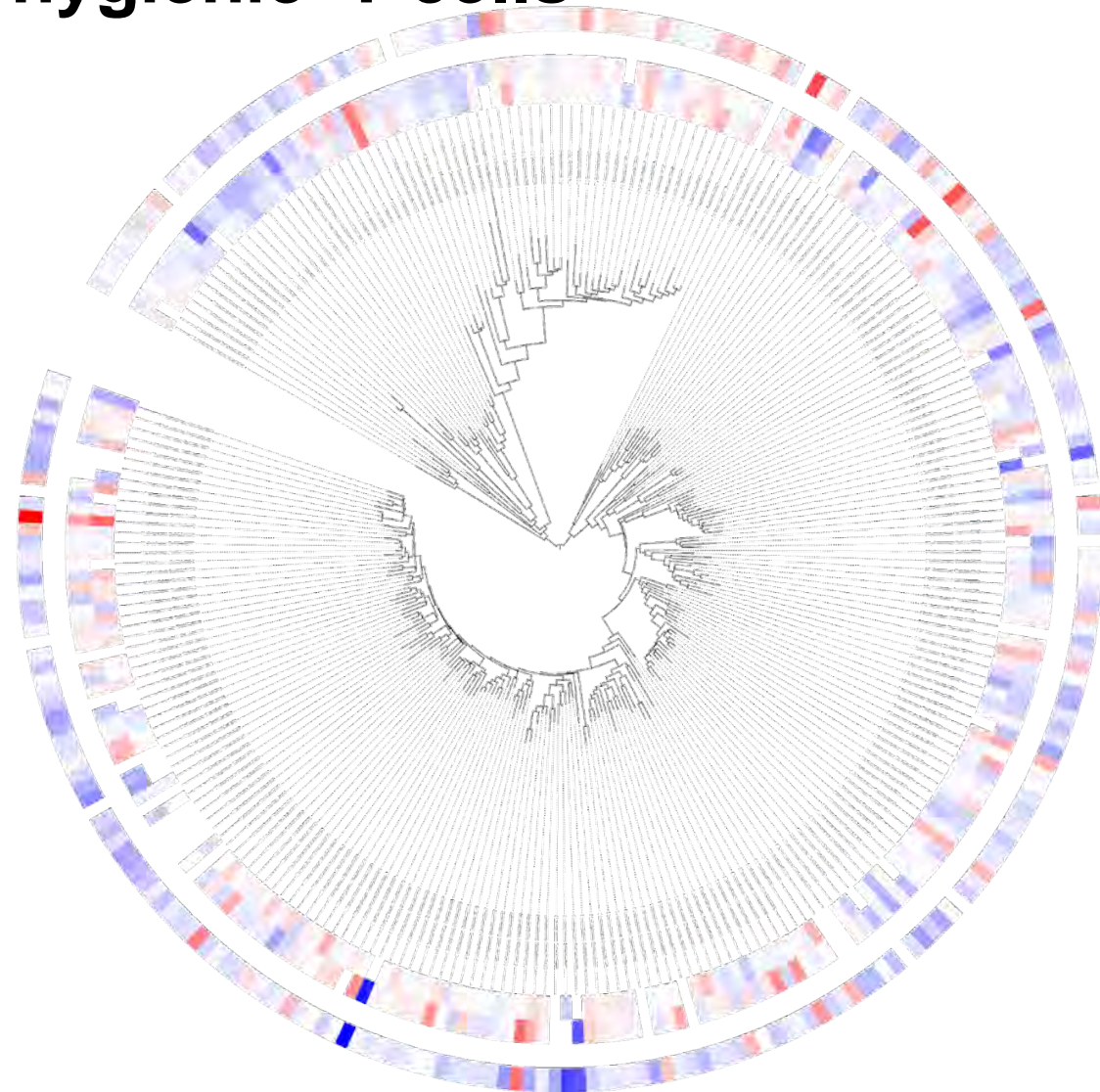
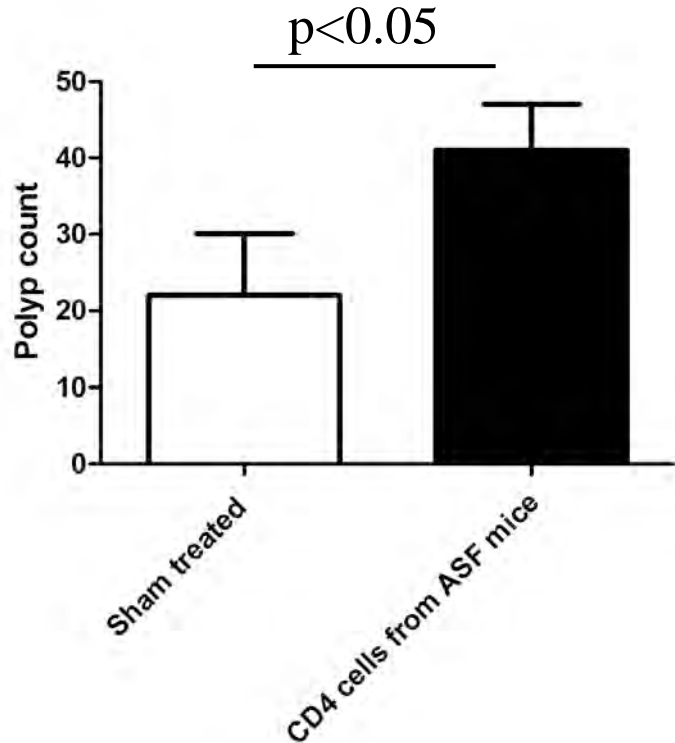
A

Modern Hygiene Practices

From the above discussion, it is clear that pathogenic gut bacteria may pose a trigger for breast cancer. However, this seems to be only half the story. It does not explain why breast cancer risk is increasing in developed countries with more rigorous hygiene practices, or answer how chronic use of prescribed antibiotics enhances the risk for breast cancer in women (4). The “hygiene hypothesis” is based on the observation that early childhood infections reduce the incidence of allergies (24). A later counter-regulatory model of the hygiene hypothesis, forwarded by Wills-Karp et al. (24), postulates that microbial infections have a beneficial role in the developing immune system and that the anti-inflammatory cytokine interleukin 10 (IL-10), produced by cells of both innate and adaptive immune

Significant changes occur in Min mice after adoptive transfer of 'hygienic' T cells

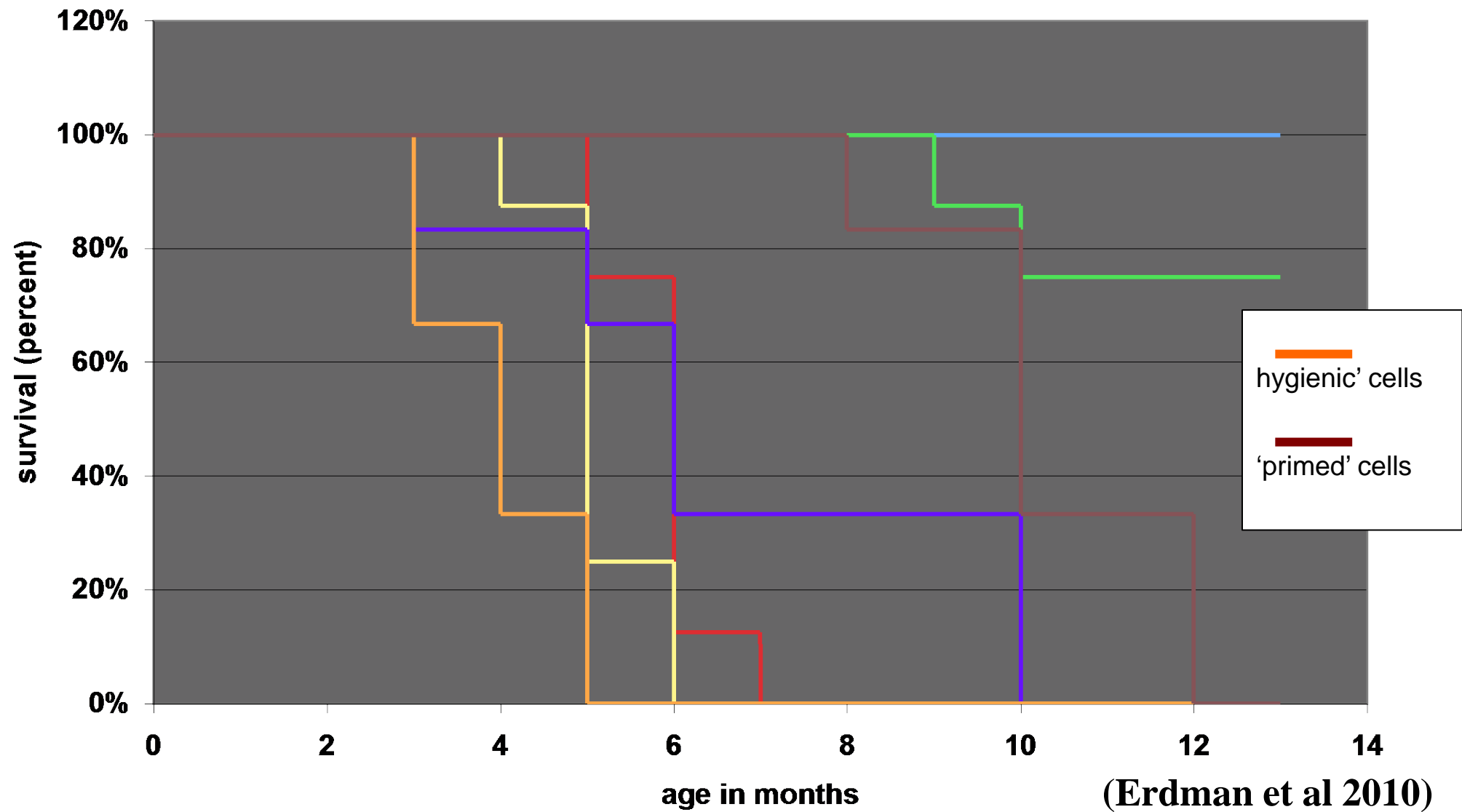
Increased polyposis in Min mice after adoptive transfer of 'hygienic' T cells



We thank Mark Burnham-Smith (EJ Alm lab) for microbiome analyses

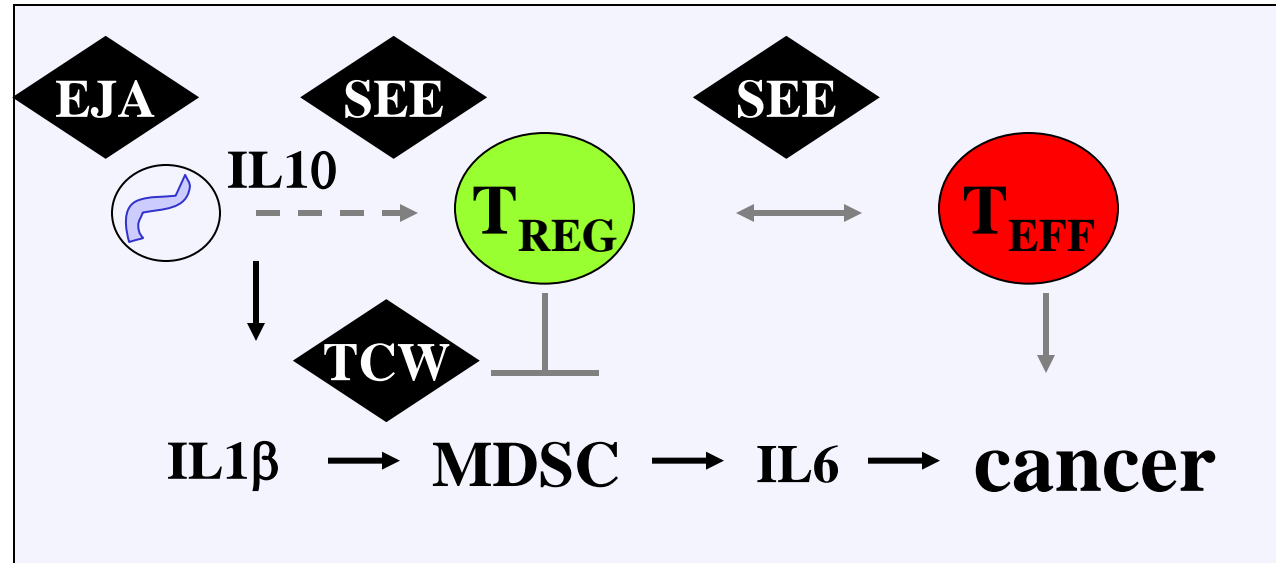
Microbe-educated lymphocytes impart longevity

Survival Curve by Treatment in Female Min Mice



TMEN U01 U01 CA164337

SE Erdman (MIT) and EJ Alm (MIT) and TC Wang (Columbia U)



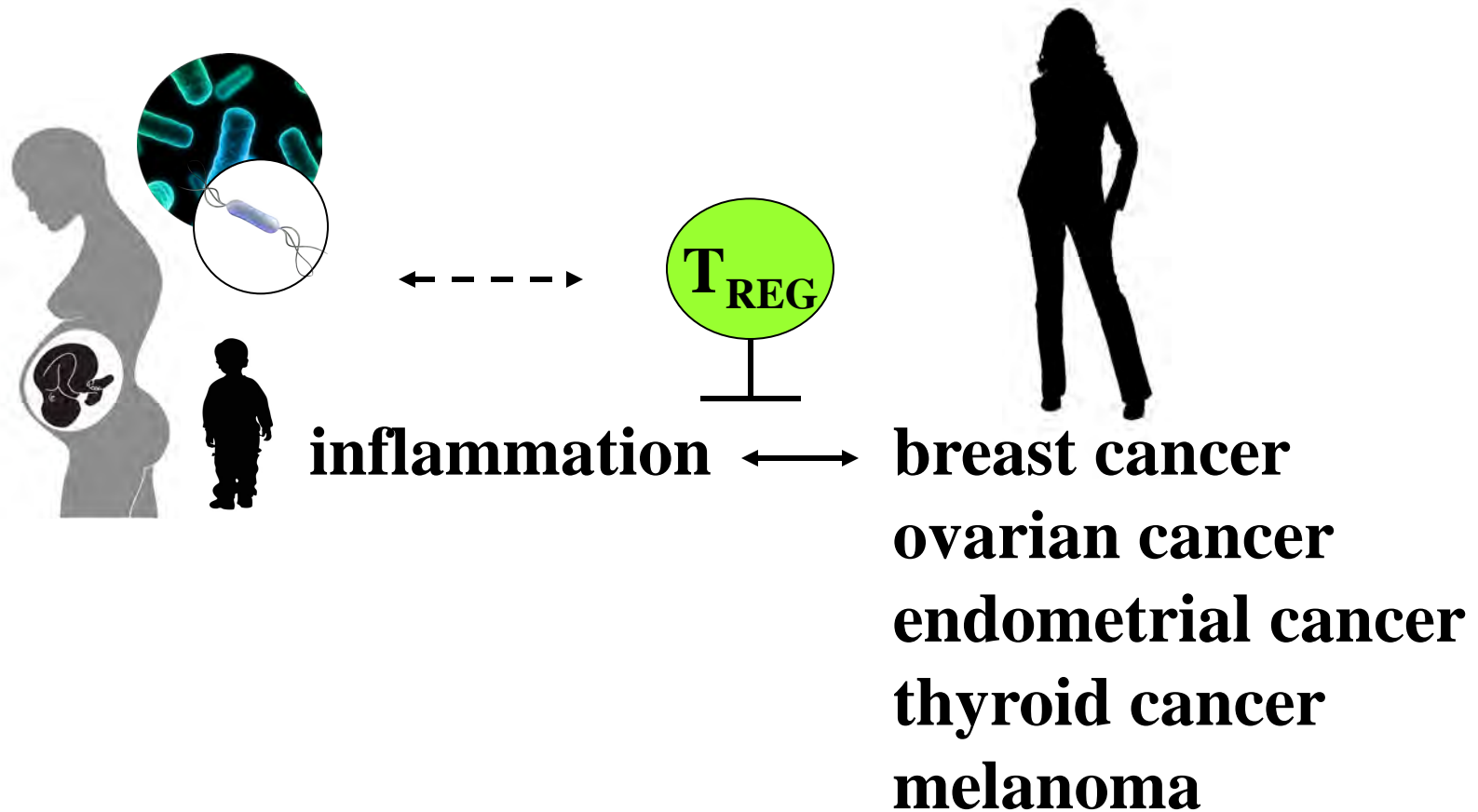
TC Wang (Columbia)

C Clarke-Dur (CPIC)

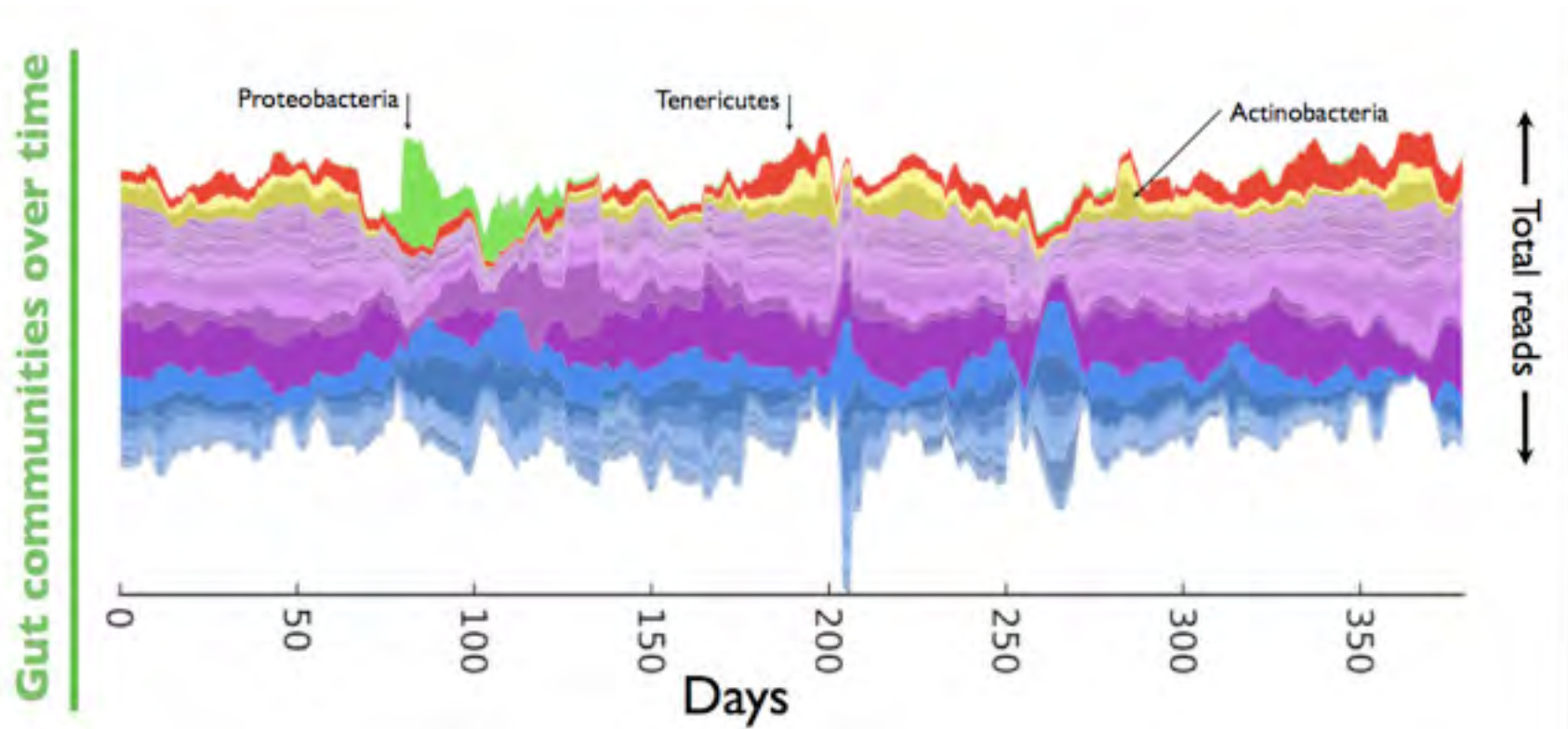
SE Erdman and EJ Alm (MIT)

DA Hafler (Yale)

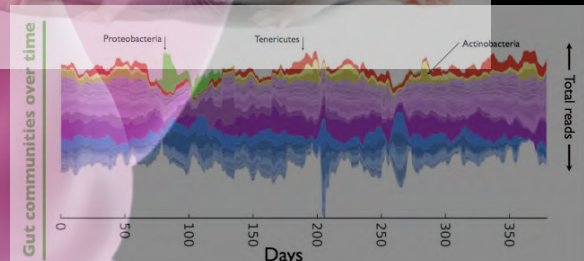
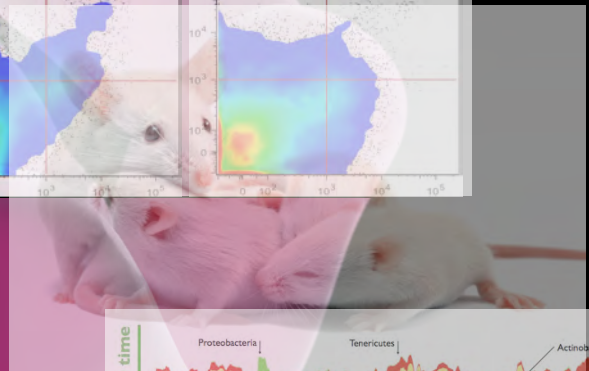
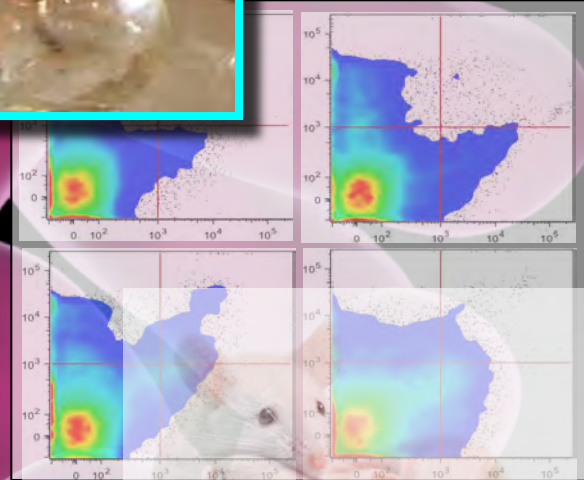
Hygienic rearing & GI tract dysbiosis (Christina Clarke-Dur)



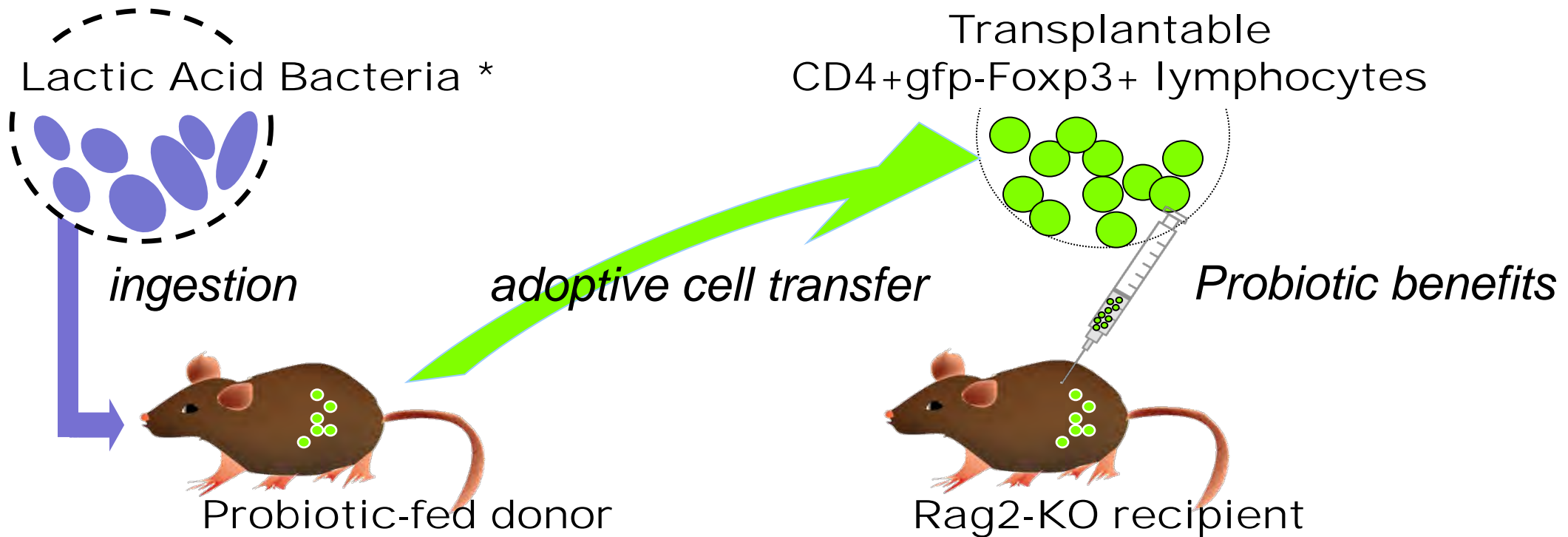
Gut microbiota community restructuring in human subjects after novel exposures



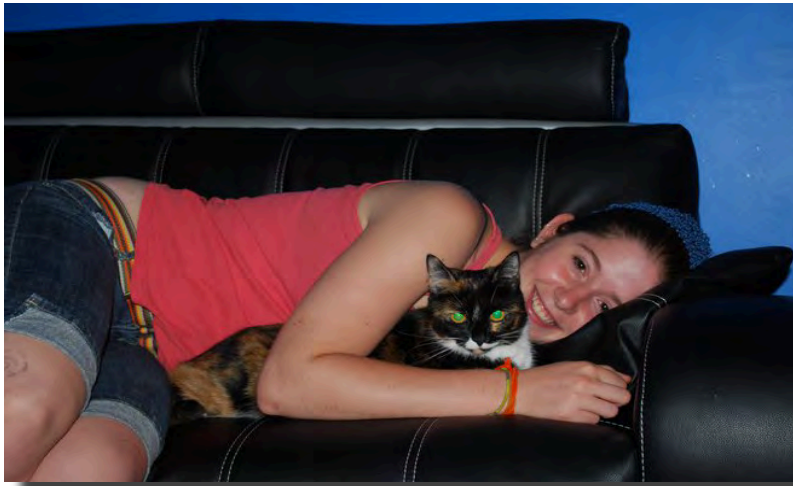
disorders in later life. Whether the increased protection against cancer involves only regulatory T cells of thymic origin (19) or also peripherally recruited IL-10-dependent regulatory subsets is not well understood. We speculate that immune competency may be suboptimal in individuals with more stringent hygiene practices, and when combined with other known risk factors of Western lifestyle this contributes to the paradoxical increase in inflammation-associated cancers seen in developed countries. Likewise, antibiotics may deplete intestinal bacteria directly or indirectly essential for enteric homeostasis, thereby leading to increased risk of breast cancer in women undergoing chronic antimicrobial therapy (4). Interestingly, it seems that the long-term health benefits imparted by intestinal bacterial infections early in life may also be achieved in other ways. Recently, probiotic bacteria were shown to reduce IBD in mice through an IL-10-dependent regulatory lymphocyte-mediated mechanism (26), and clinical



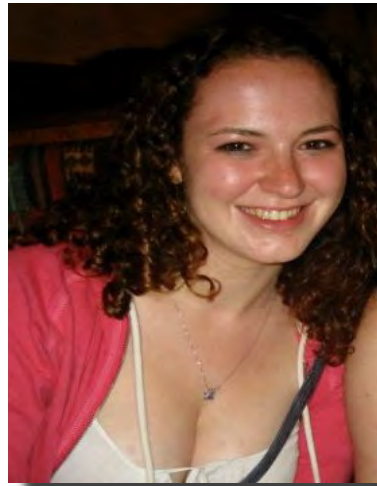
Microbe benefits are transplantable via immune cells



* We thank James Versalovic for the gift of *Lactobacillus reuteri* ATCC 6475



Kelsey Cappelle



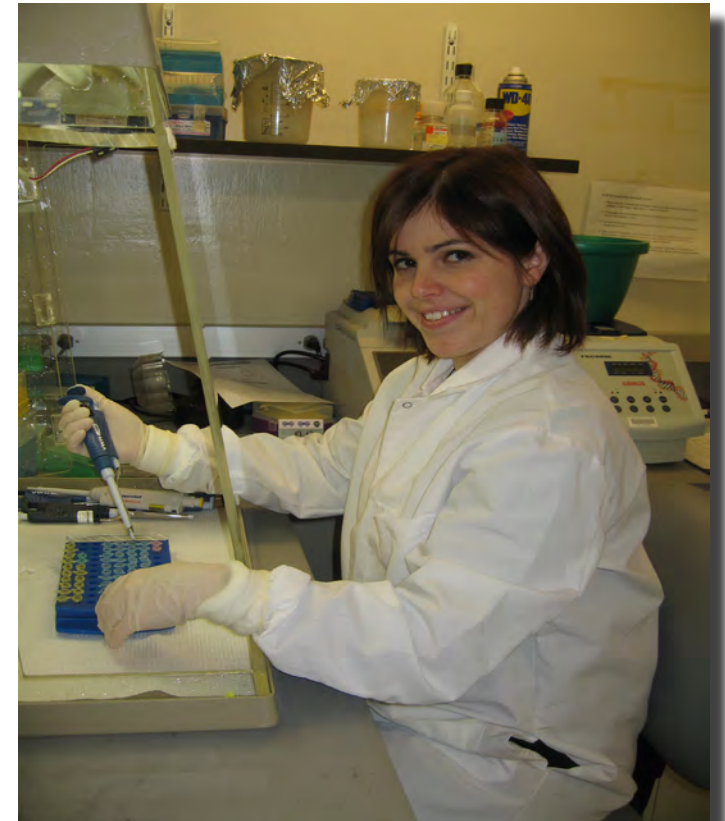
Jessica Lakritz



Yassin Ibrahim



Bernard Varian



Tatiana Levkovich

Growing luxuriant hair



SHAVED



PURIFIED PROBIOTIC, 5 DAYS AFTER SHAVING

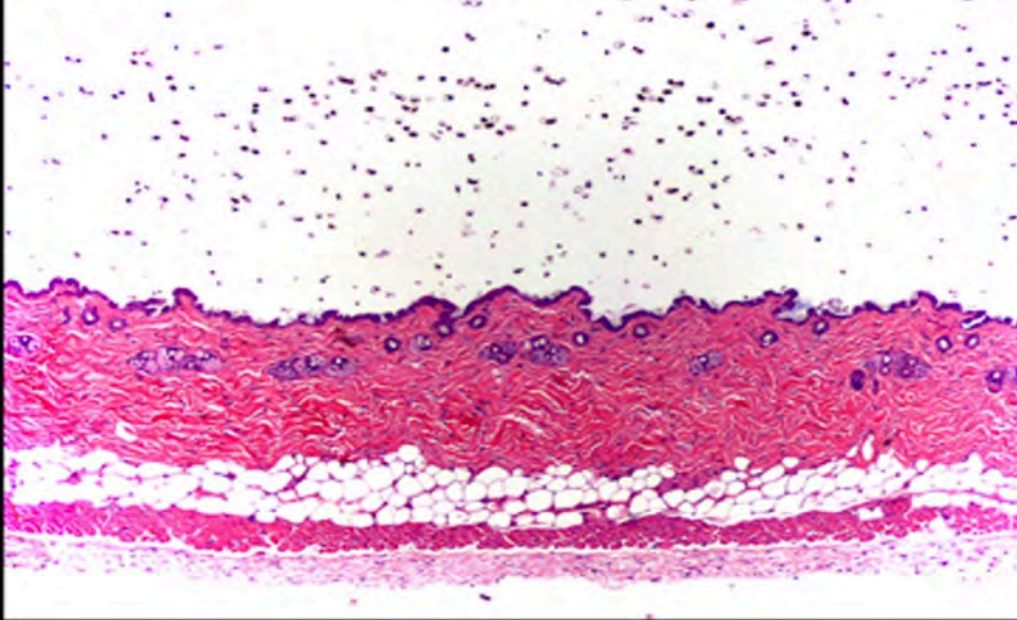


SHAVED

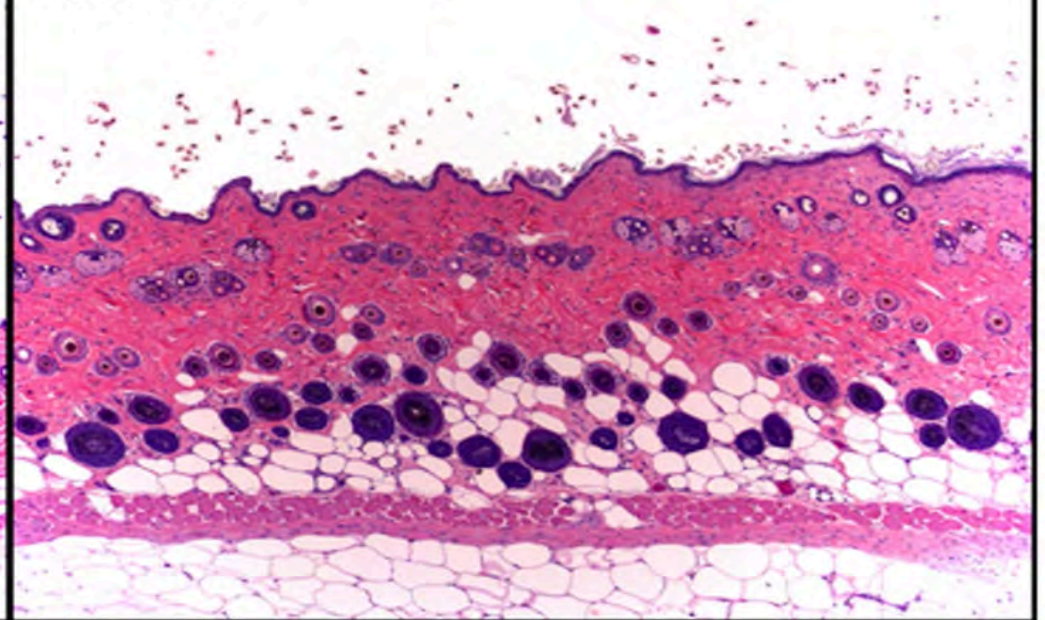


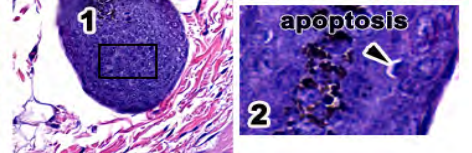
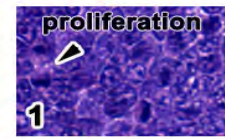
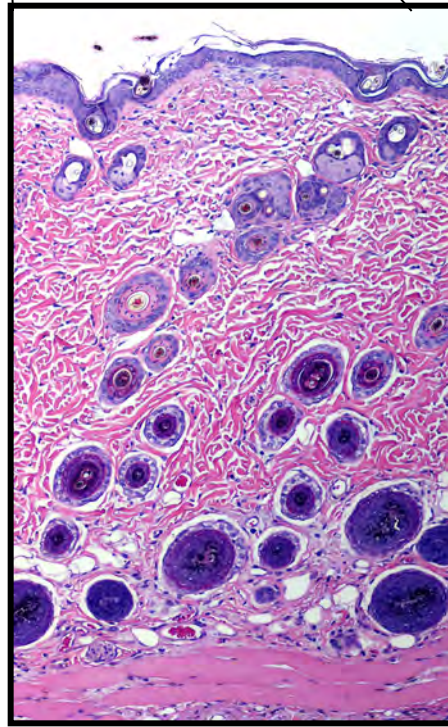
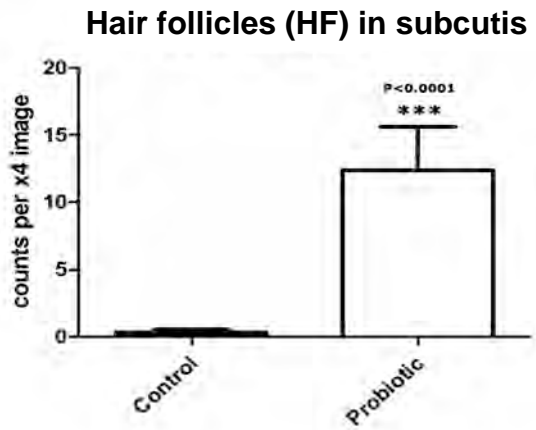
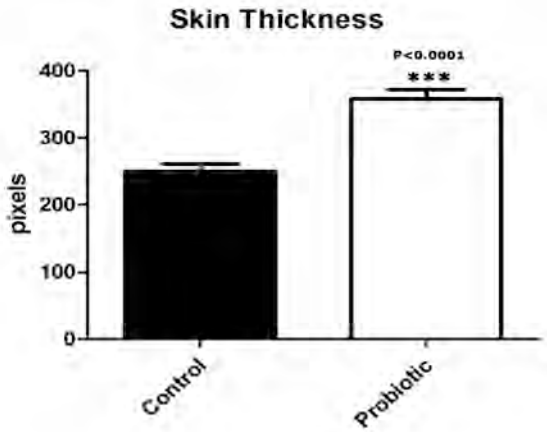
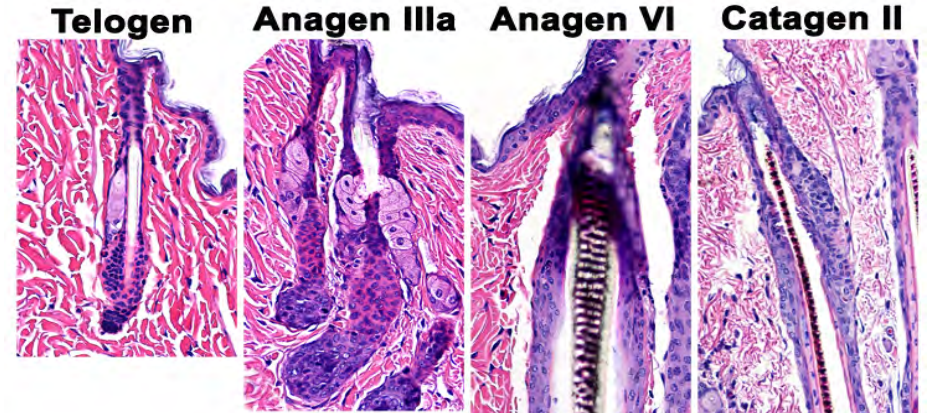
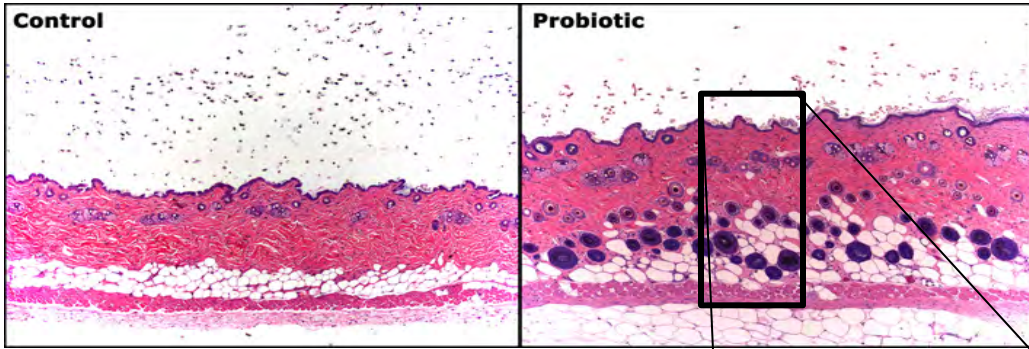
PURIFIED PROBIOTIC, 5 DAYS AFTER SHAVING

Control



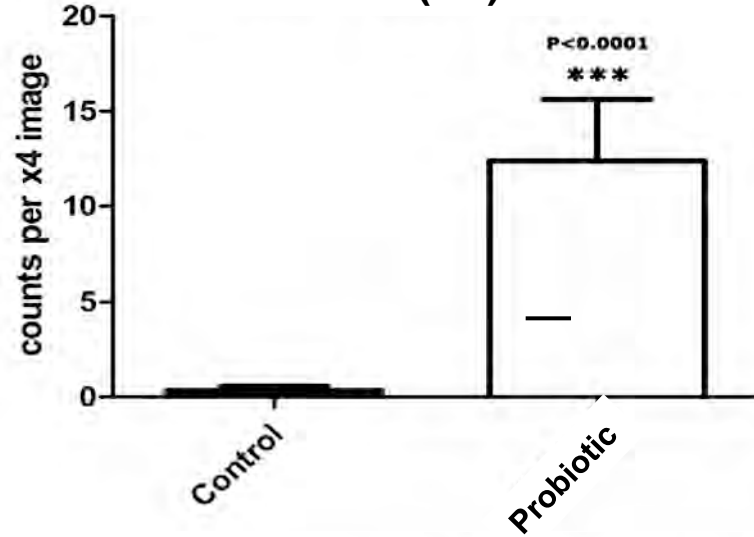
Probiotic



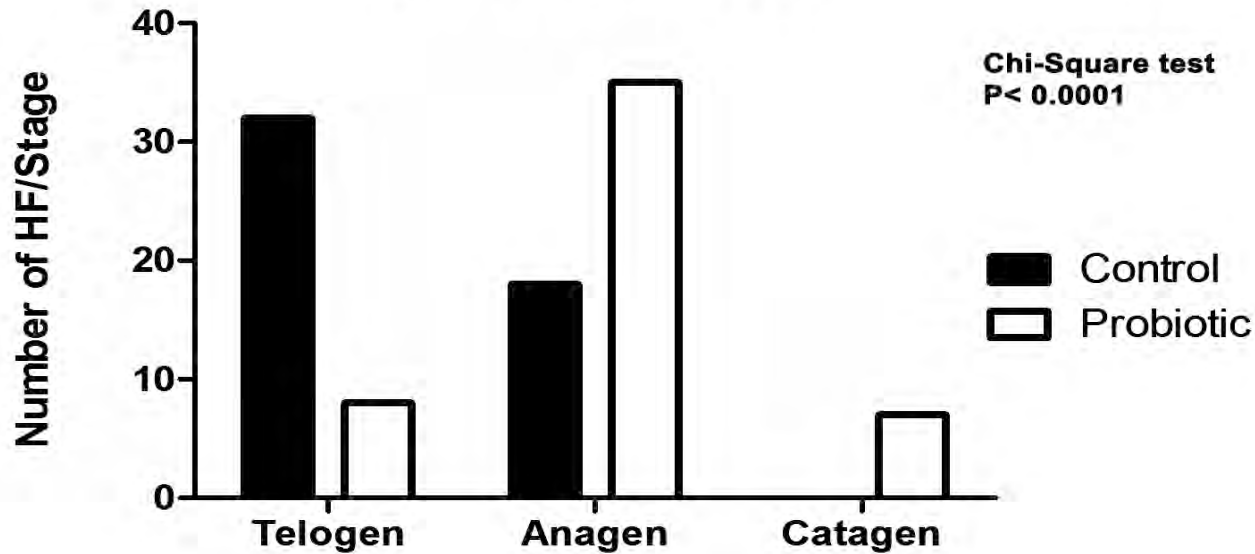


Glow of health

Hair follicles (HF) in subcutis



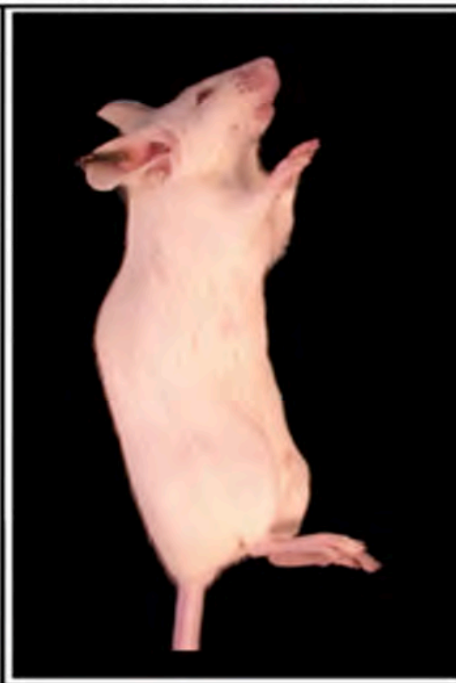
Hair Cycle Stages



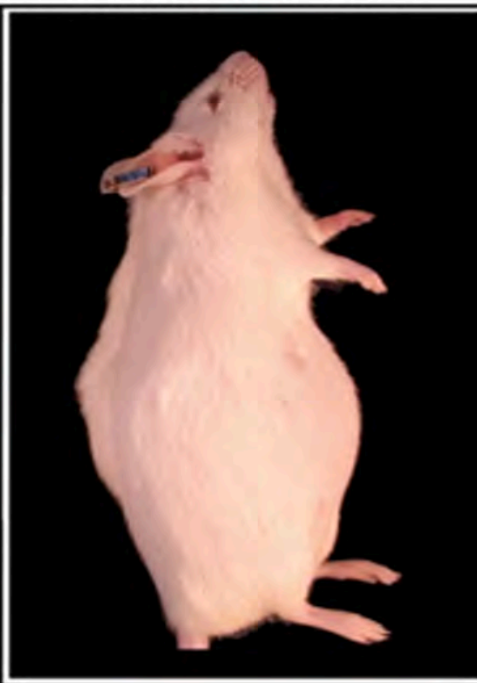
CONTROL



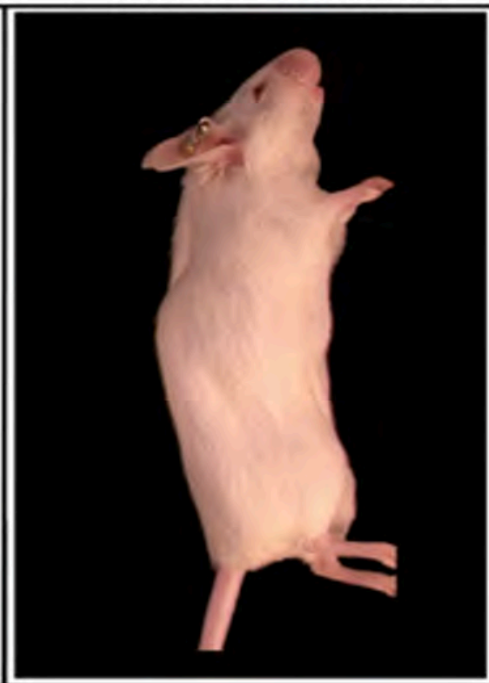
PROBIOTIC



'FAST FOOD'

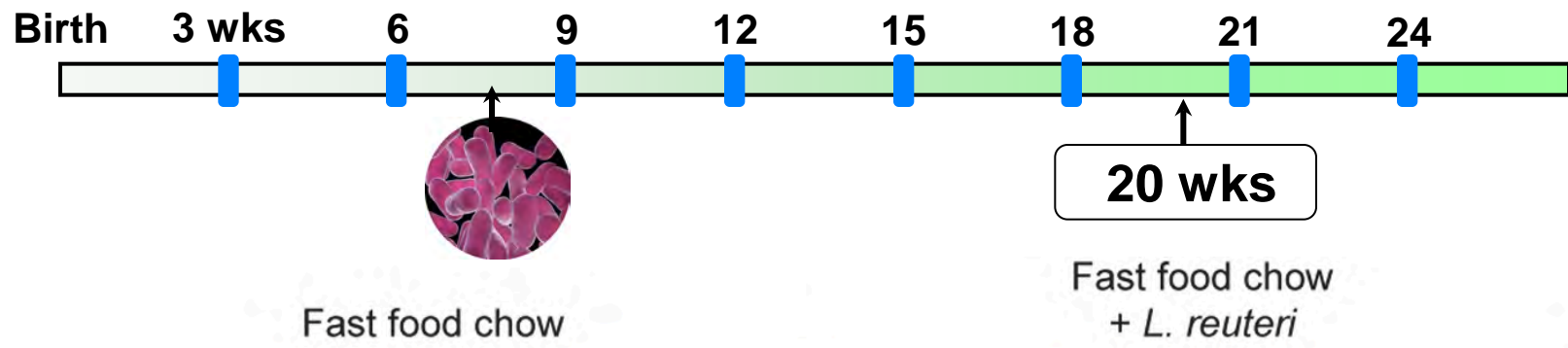


**'FAST FOOD'
+ PROBIOTIC**



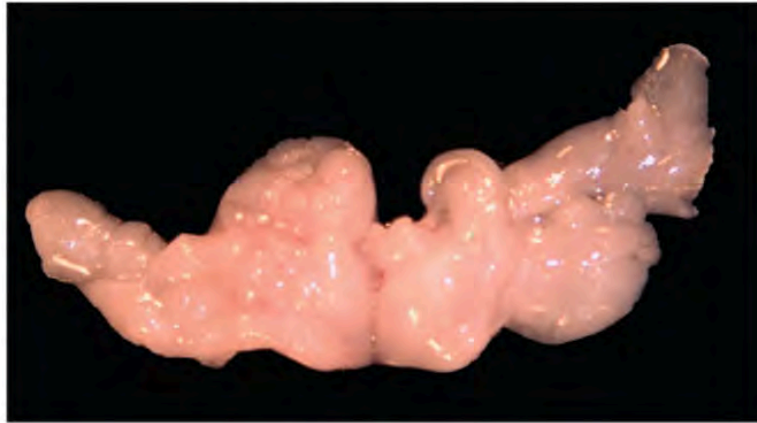
Staying slender

Probiotics help reduce body fat – even while eating a 'fast food' diet.



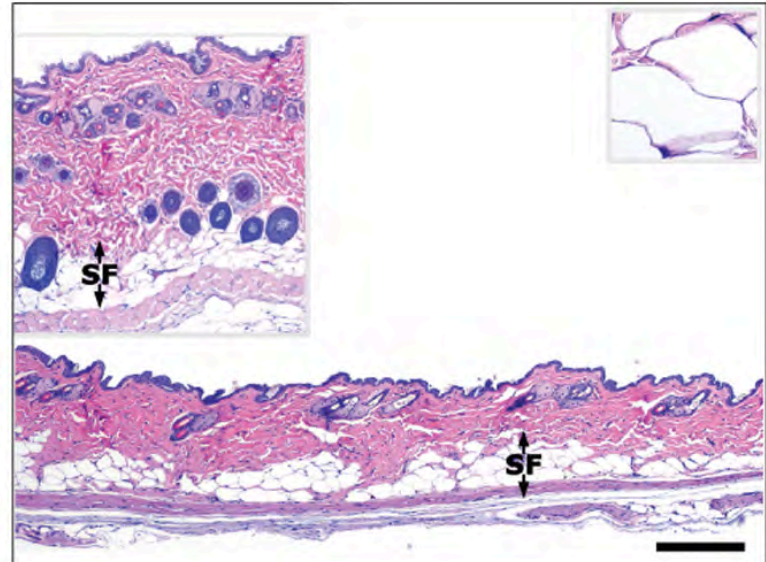
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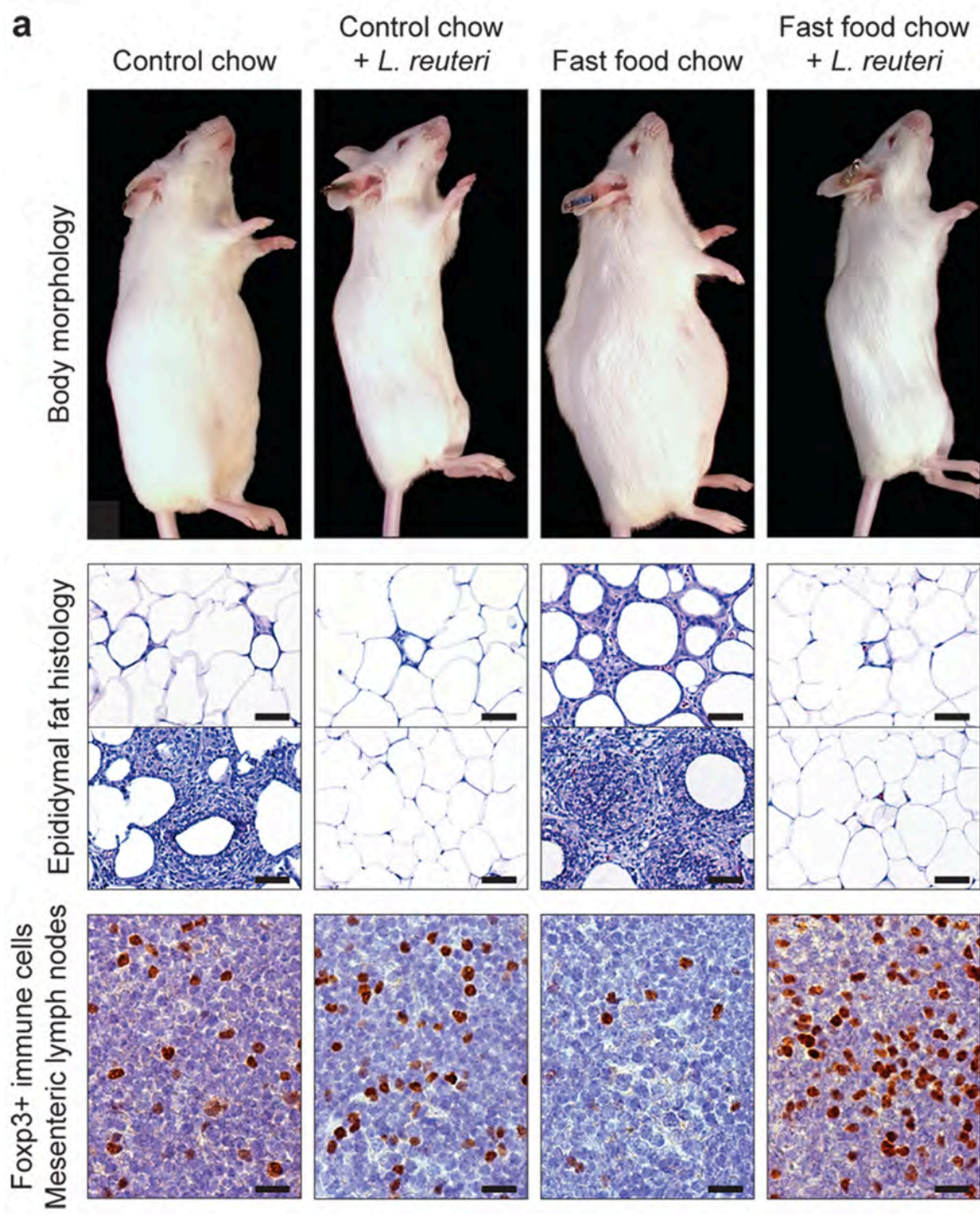
Epididymal fat

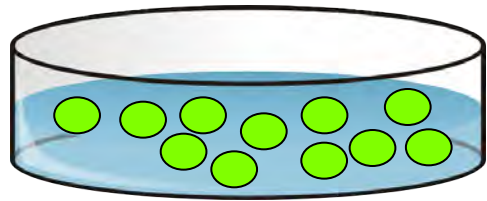


b

Subcutaneous fat histology





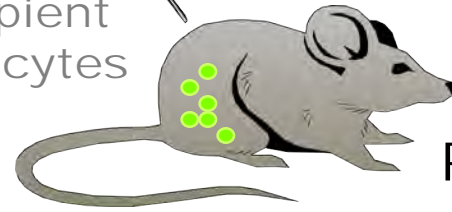
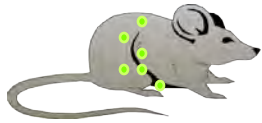


Gfp-Foxp3+ cells

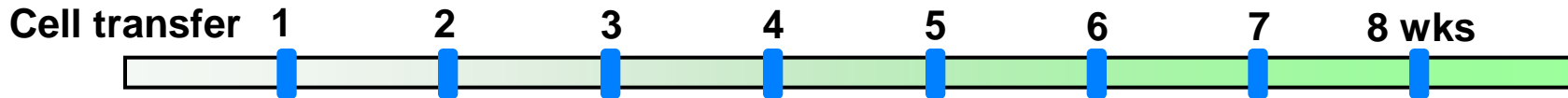


Cells injected into recipient without it's own lymphocytes

Probiotic benefits transplantable via lymphocytes



Rag2-KO

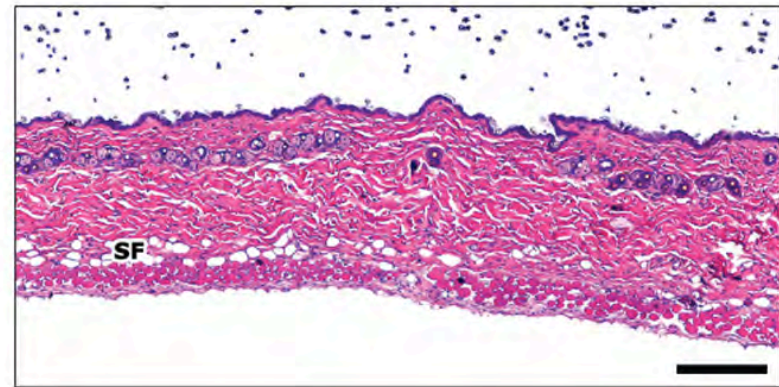
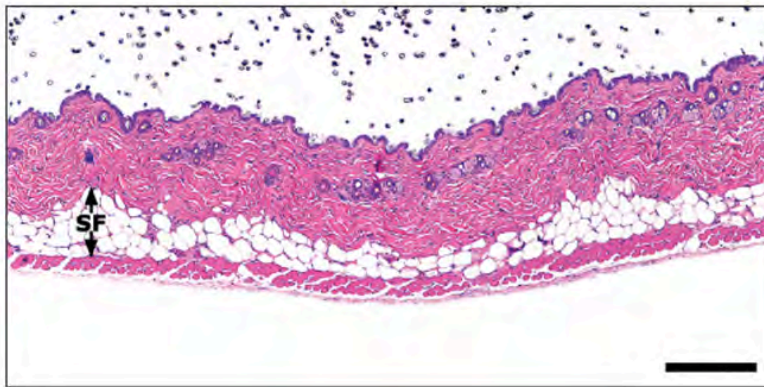


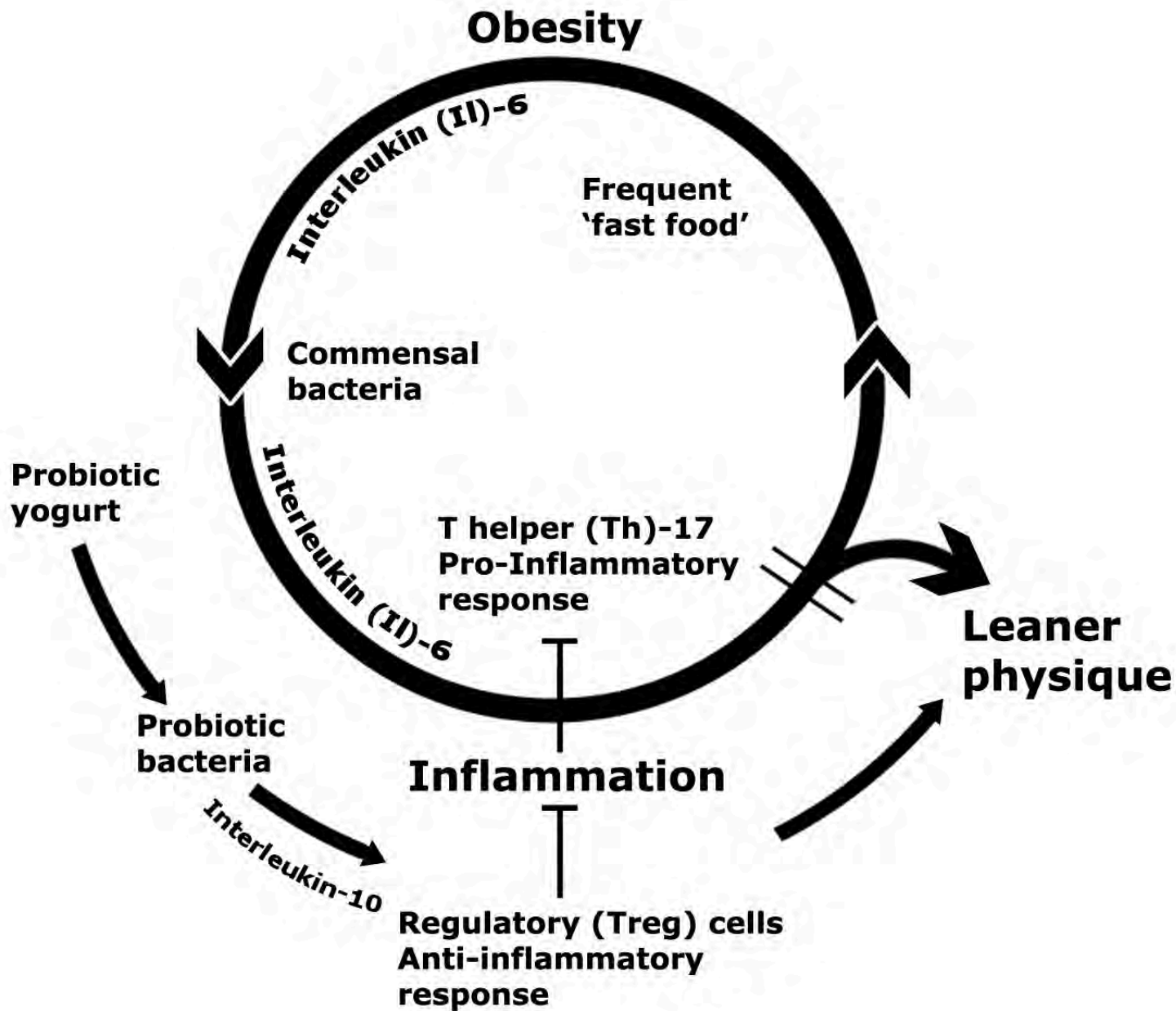
a

Rag 2^{-/-} recipient
Wildtype donor

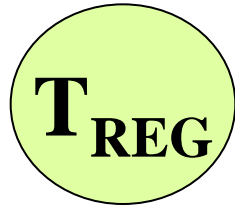
Rag 2^{-/-} recipient
Wildtype + *L. reuteri* donor

Subcutaneous
fat histology





Interleukin-10



**Pro-inflammatory
cells & cytokines**



Obesity

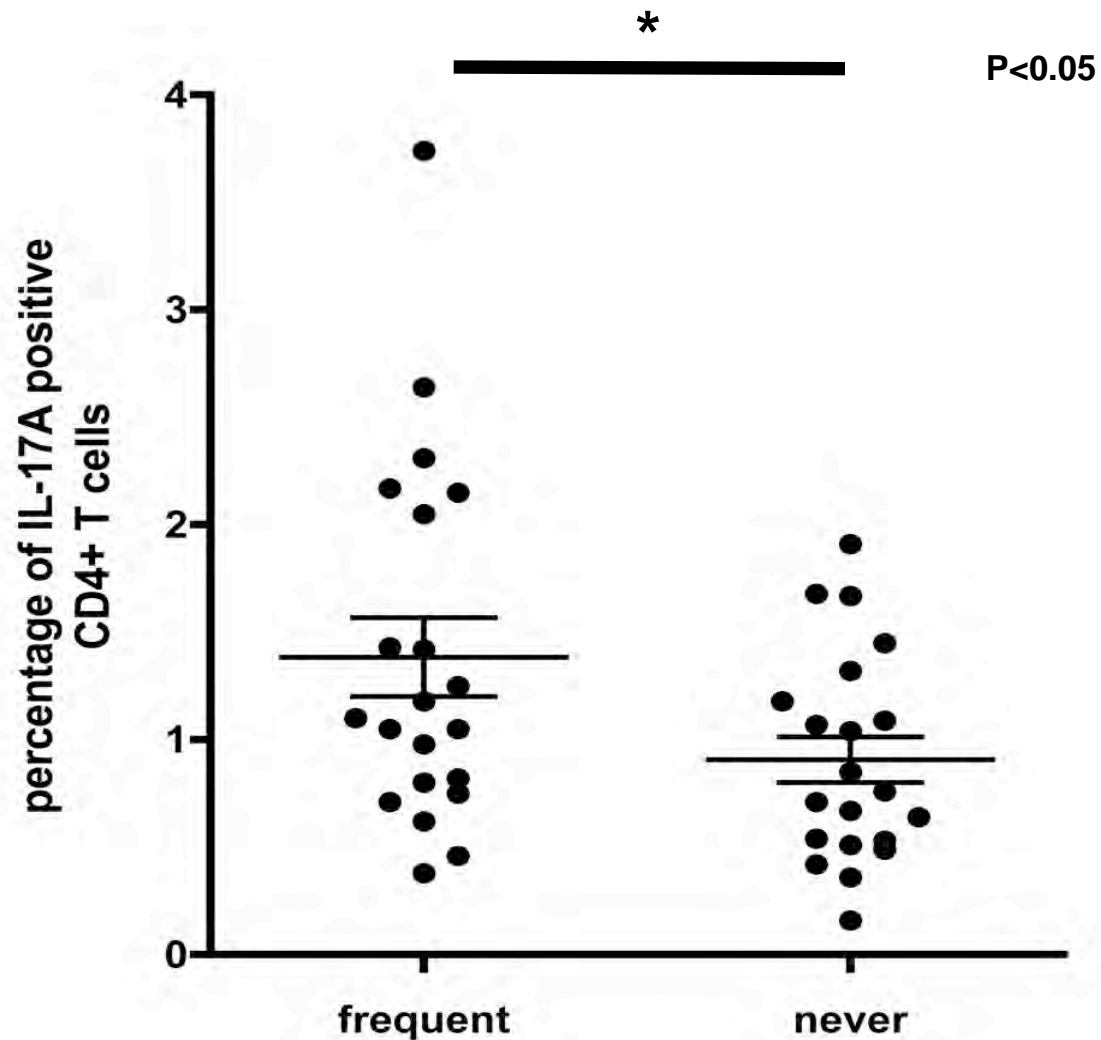
N Engl J Med. 2011 June 23; 364(25): 2392–2404. doi:10.1056/NEJMoa1014296.

Changes in Diet and Lifestyle and Long-Term Weight Gain in Women and Men

Dariusz Mozaffarian, M.D., Dr.P.H., Tao Hao, M.P.H., Eric B. Rimm, Sc.D., Walter C. Willett, M.D., Dr.P.H., and Frank B. Hu, M.D., Ph.D.

Division of Cardiovascular Medicine (D.M.) and Channing Laboratory (D.M., E.B.R., W.C.W., F.B.H.), Brigham and Women's Hospital and Harvard Medical School; and the Departments of Epidemiology (D.M., T.H., E.B.R., W.C.W., F.B.H.) and Nutrition (D.M., E.B.R., W.C.W., F.B.H.), Harvard School of Public Health — all in Boston

Humans Eating at Fast Food Restaurants



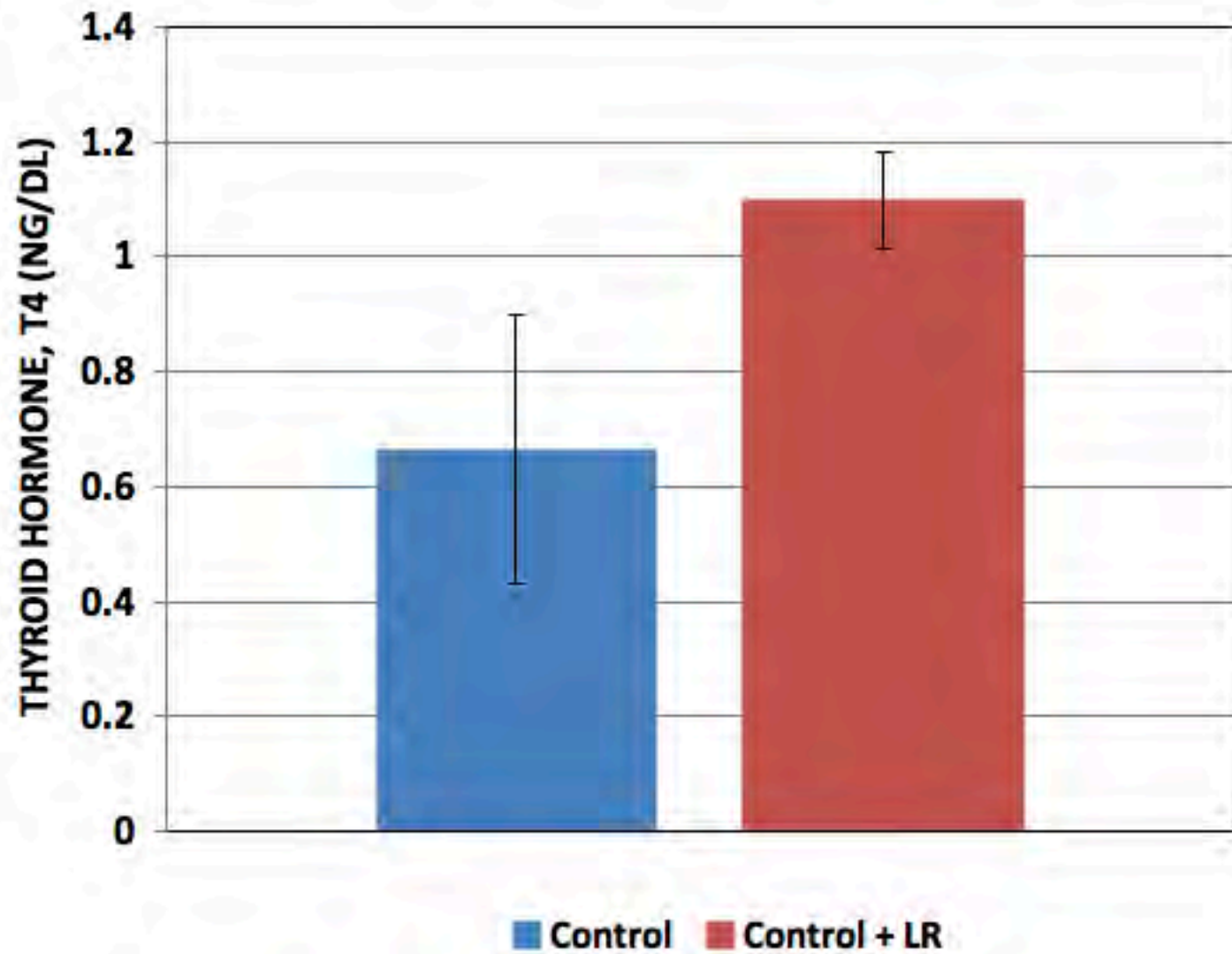
frequent = at least once a week up to daily

These mice are wild type litter mate brothers

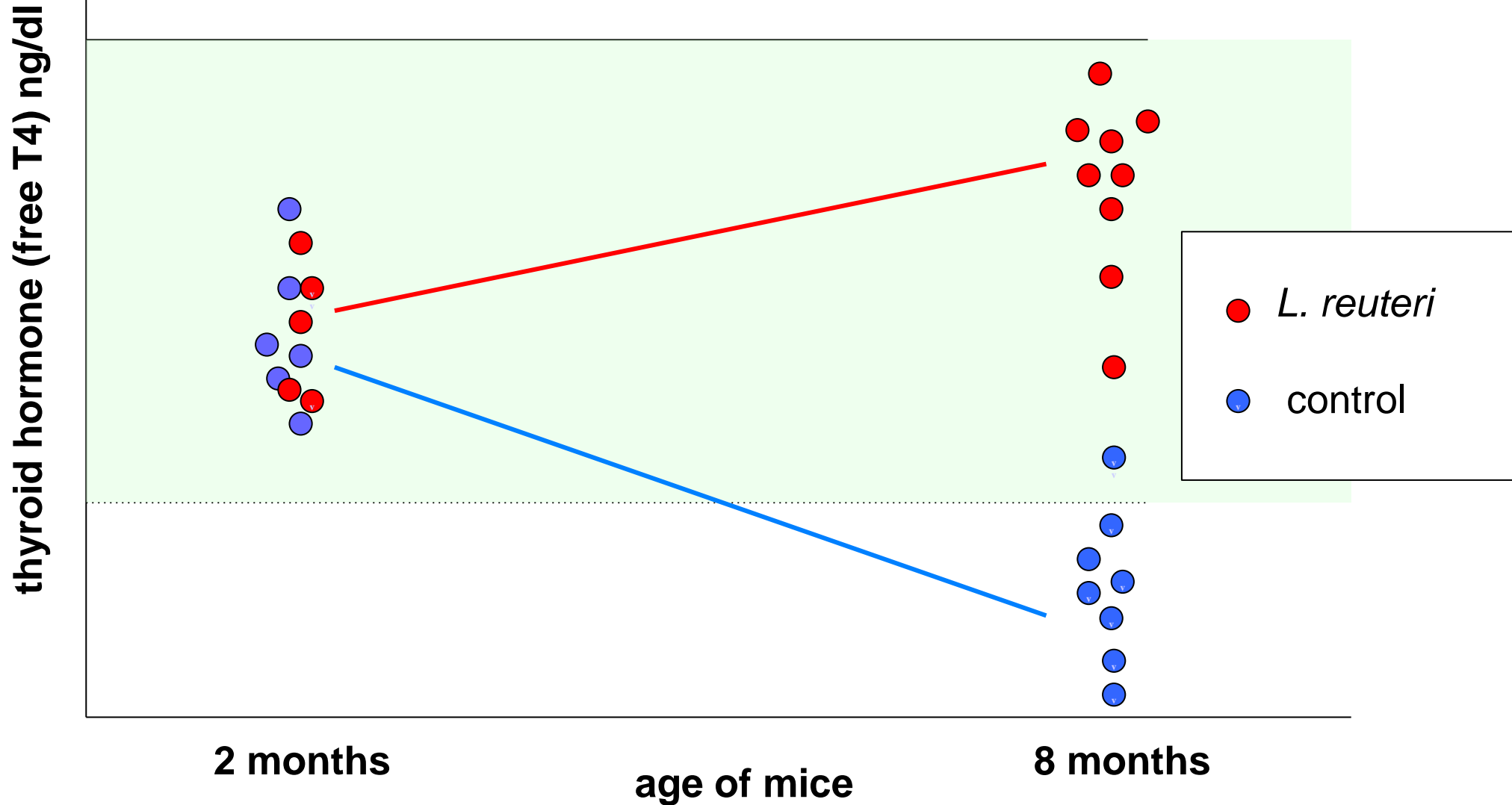


The one that eats probiotics daily, left, is slimmer and shinier than his brother

THYROID HORMONE LEVEL IN MICE



Serum thyroid hormone (free T4) levels remain in high-normal range even with increasing age





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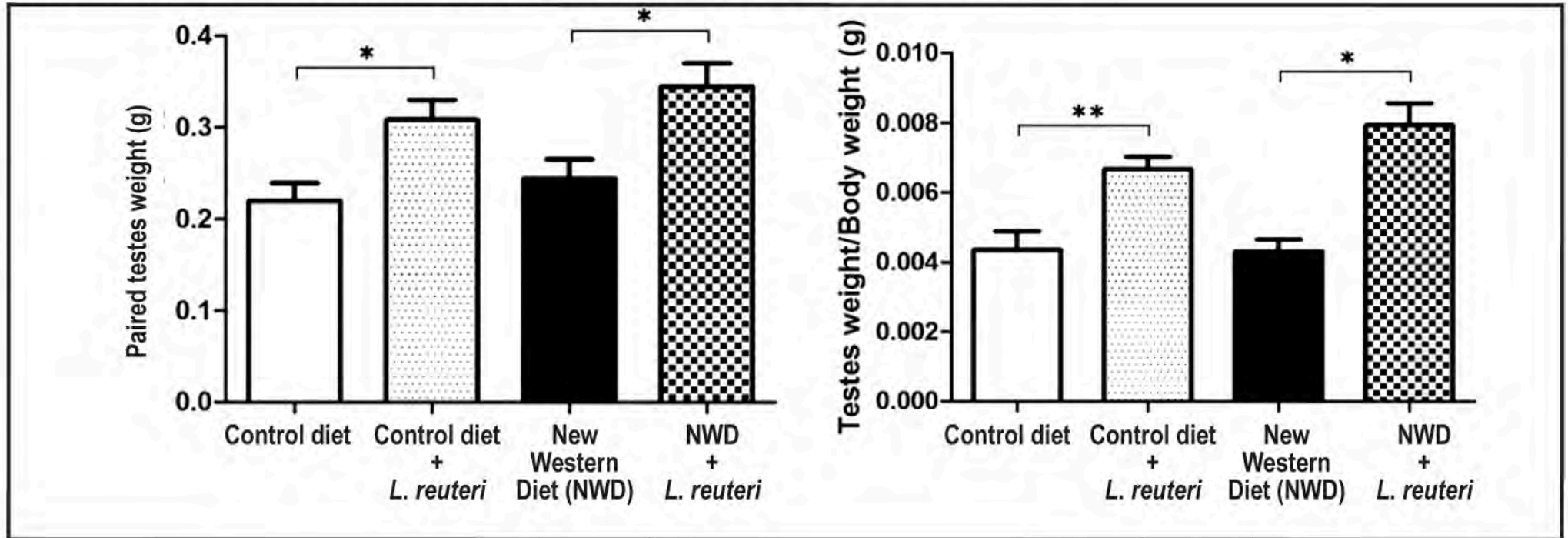


Mice That Eat Yogurt Have Larger Testicles

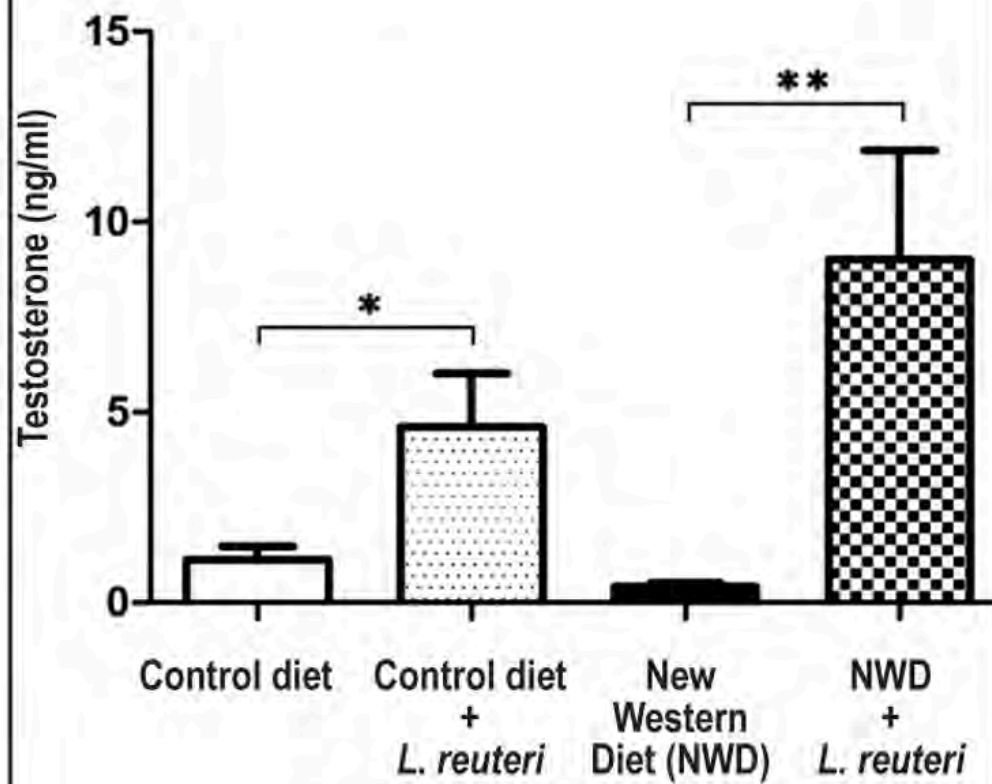
Probiotics may endow rodents with a "mouse swagger"

By Elie Dolgin

L. reuteri-treated mouse paired-testes weights



Serum testosterone



age = 5 months

Reproductive Fitness



Survival to wean (control) = 67% (351/563)
(*L. reuteri*) = 98% (622/630)

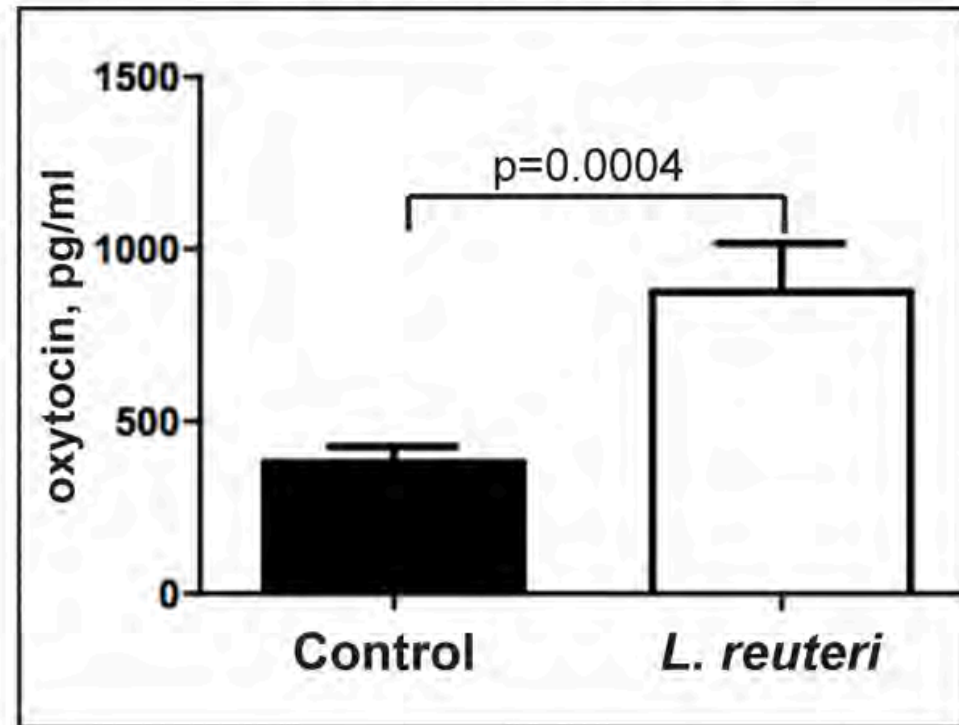




Reproductive Fitness

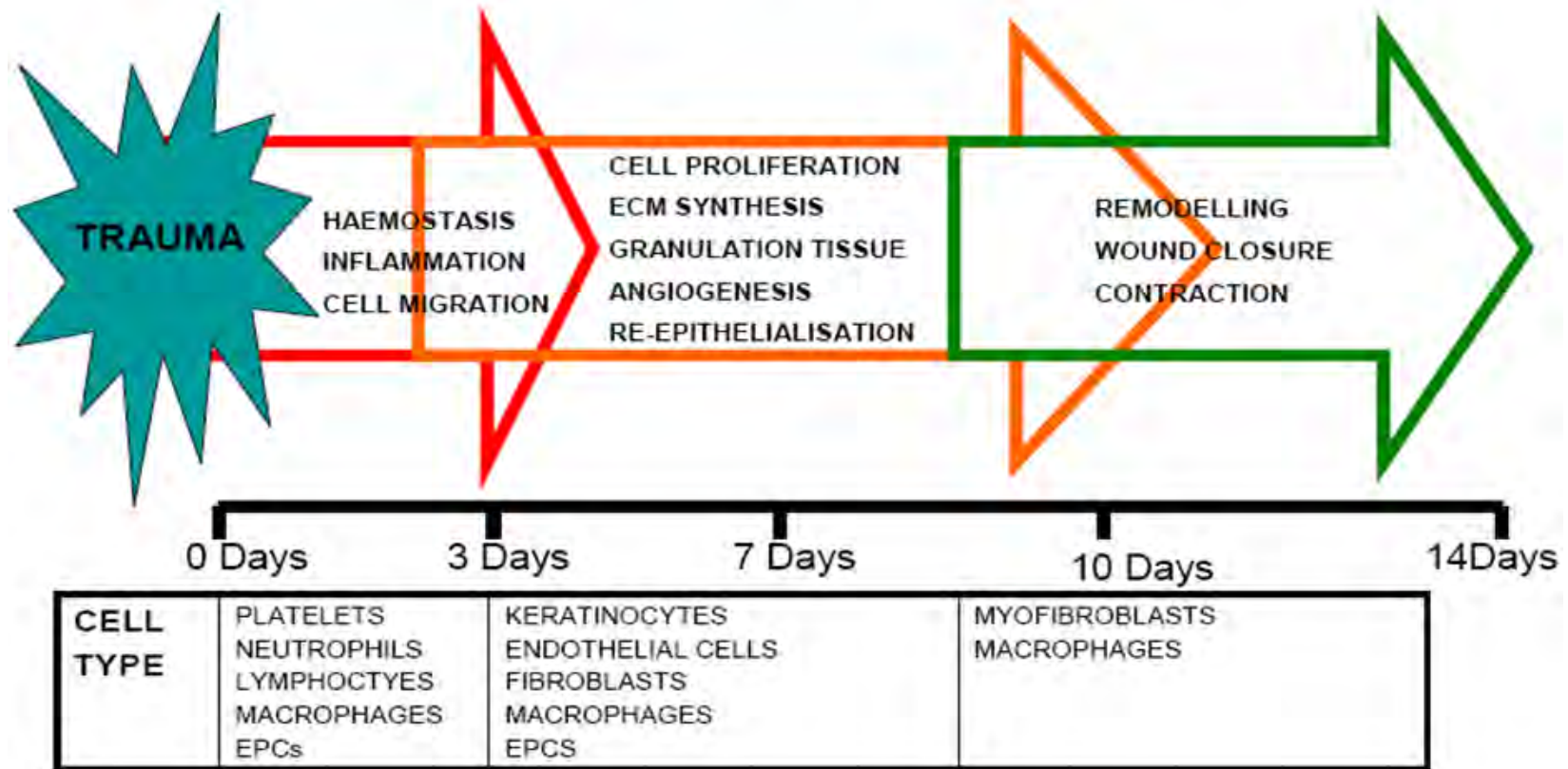
Plasma Oxytocin

“my bacteria made me do it”



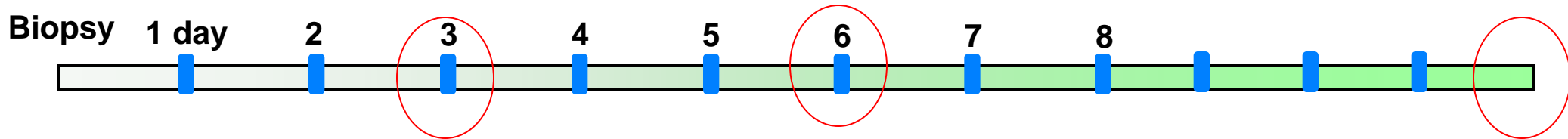
Importance of wound healing capability

Stages of Normal Cutaneous Wound Healing





Skin wounds heal twice-as-fast when mice are eating *L. reuteri*



Wound Closure

Wound Histopathology

a.

day 3

day 6

day 12

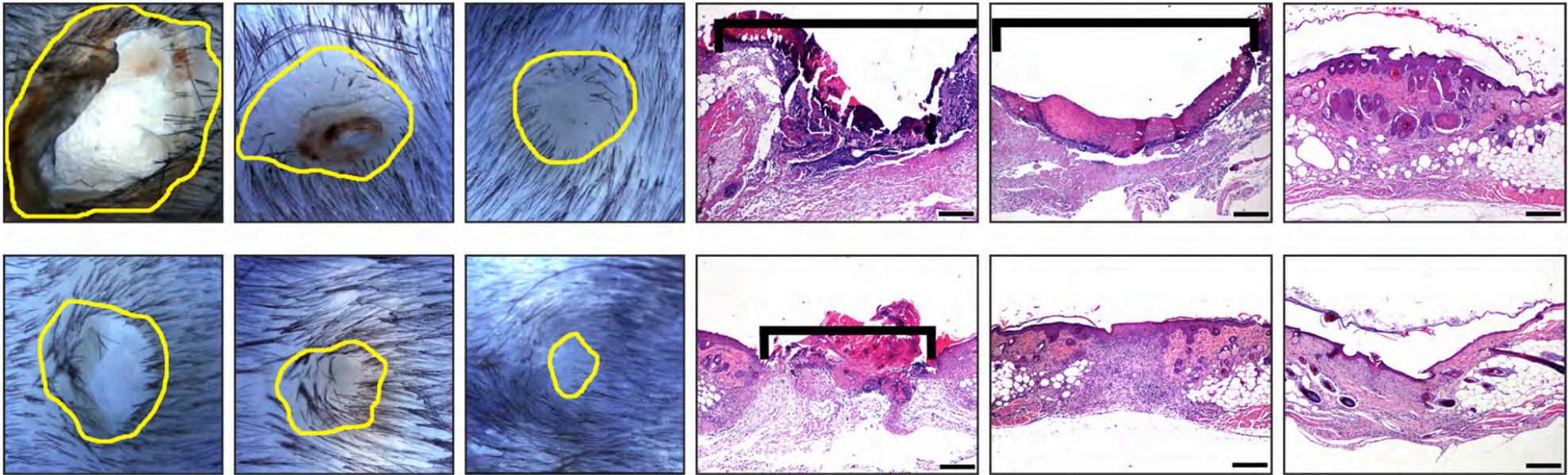
day 3

day 6

day 12

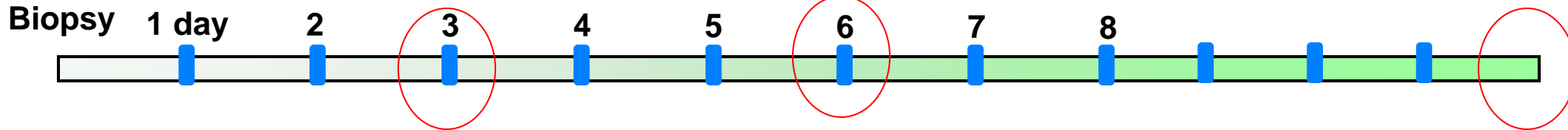
Control

L. reuteri

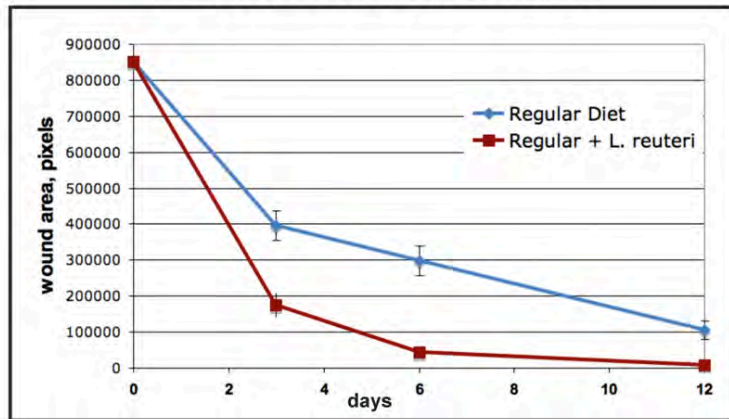




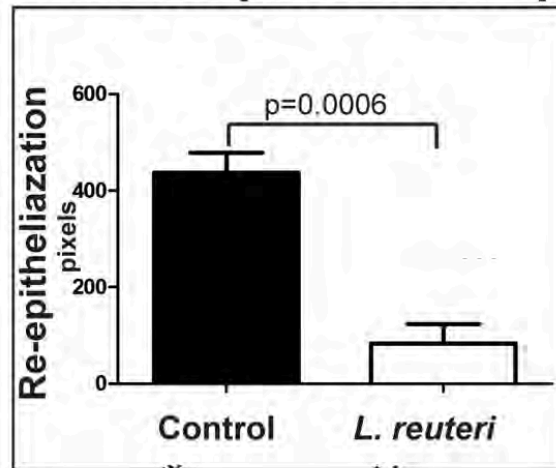
Skin wounds heal twice-as-fast when mice are eating *L. reuteri*



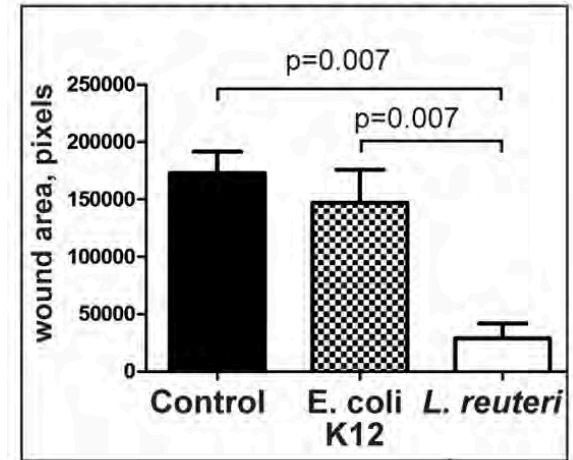
Wound Closure Rate



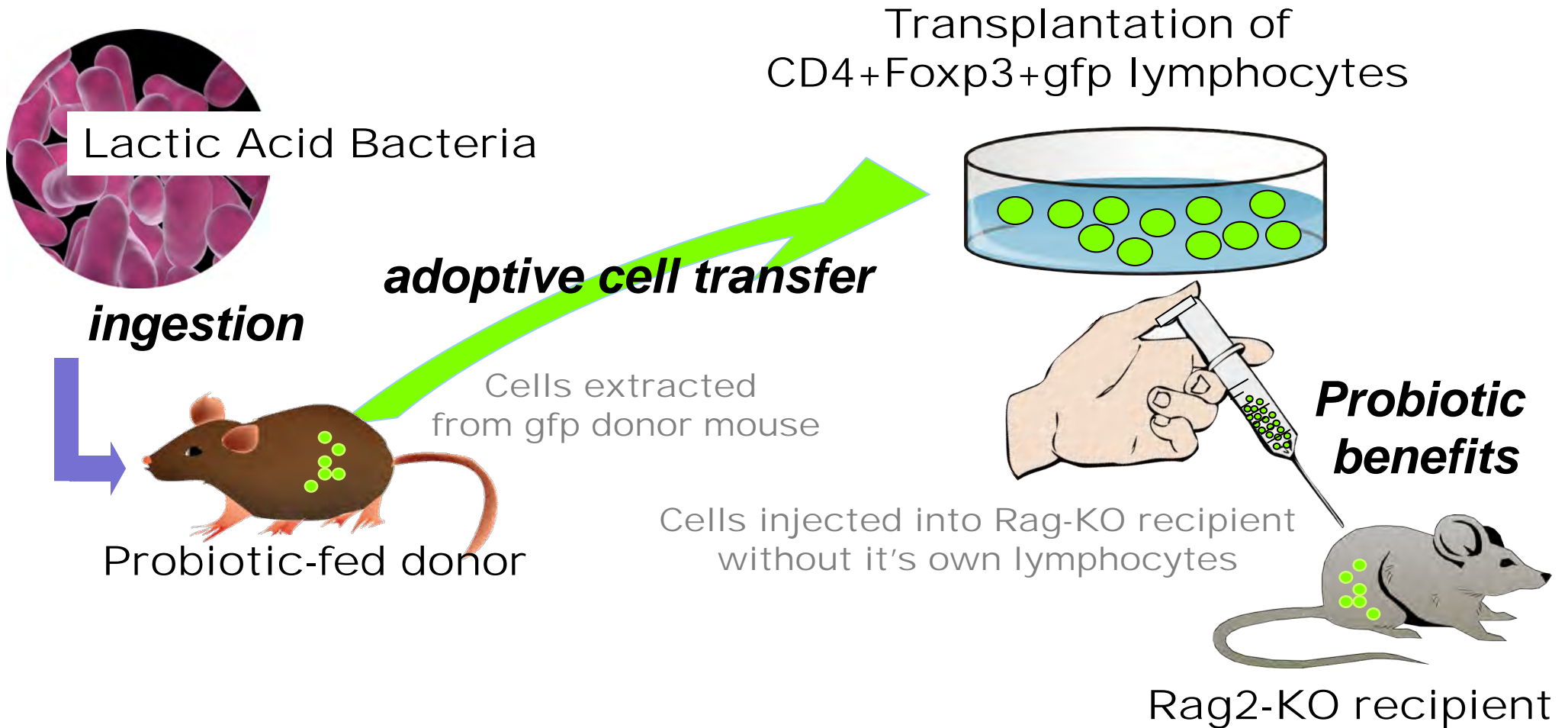
Wound Epidermal Gap

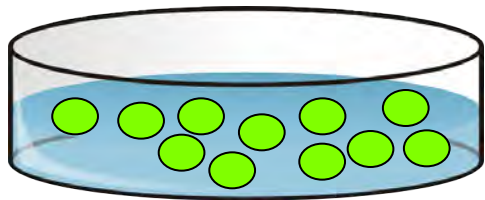


E. coli K12 sham



Lactobacillus reuteri-induced phenotypes are transplantable



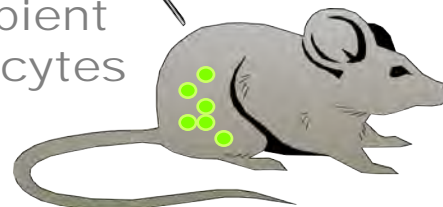


Gfp-Foxp3+ cells

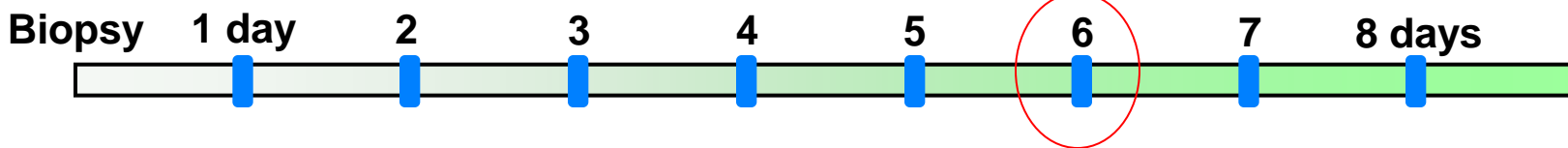


Cells injected into recipient without it's own lymphocytes

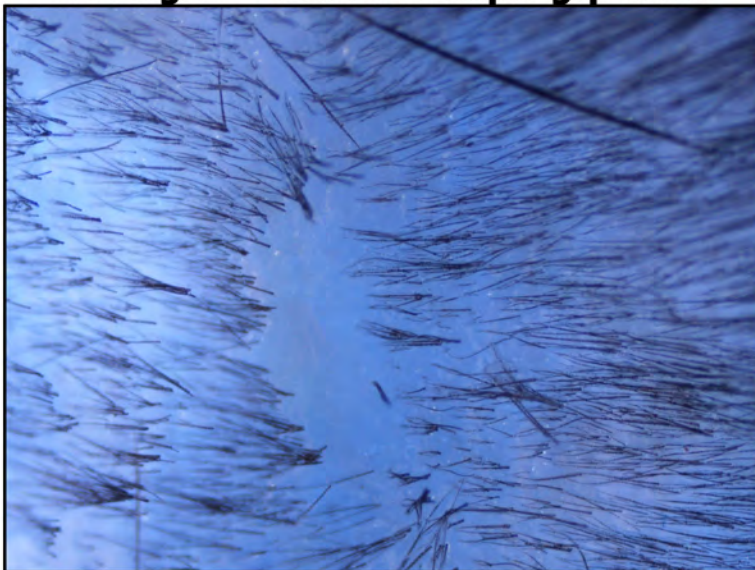
Probiotic benefits transplanted via lymphocytes



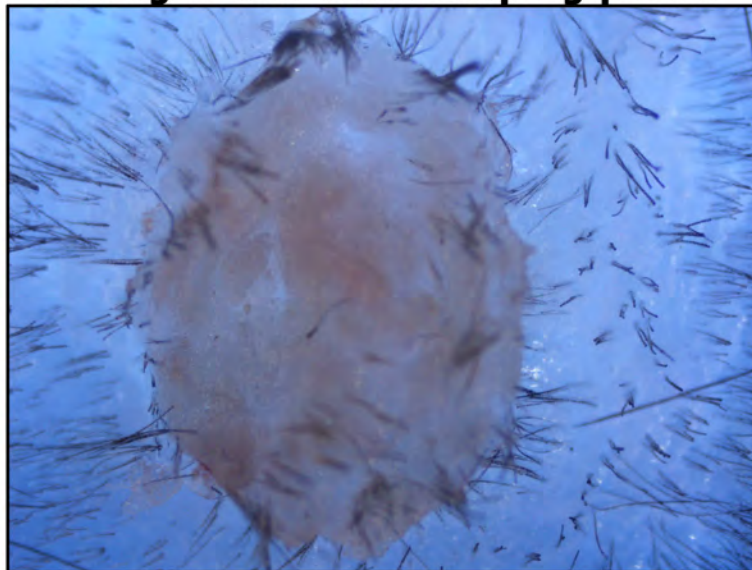
Rag2-KO



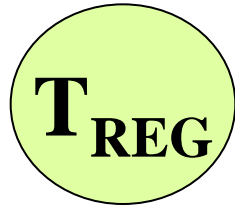
B6 Rag2+ L.reuteri Foxp3-gfp cells



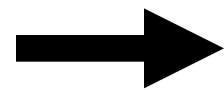
B6 Rag2+ untreated Foxp3-gfp cells



Interleukin-10



**Pro-inflammatory
cells & cytokines**



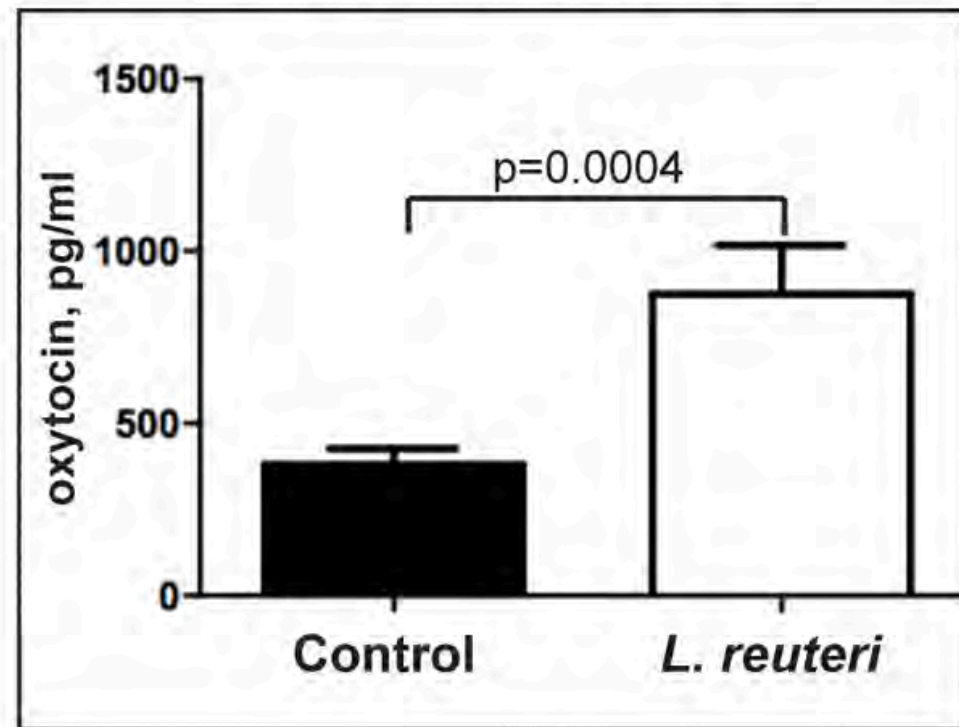
Tumor growth



“my bacteria made me do it”

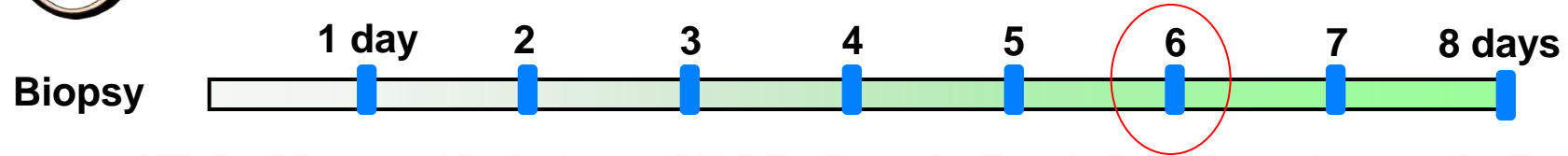


Plasma Oxytocin





L. reuteri-induced improvement in wound repair requires oxytocin



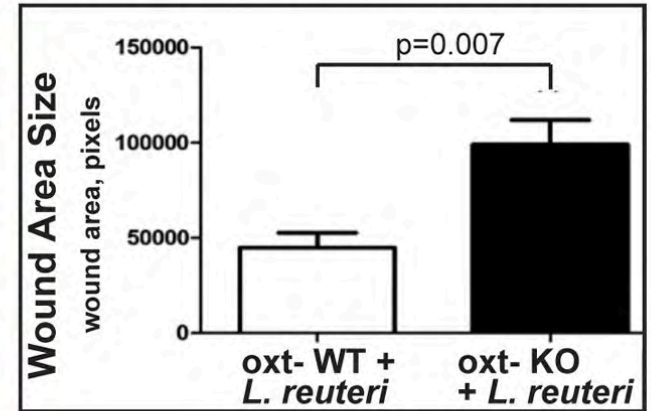
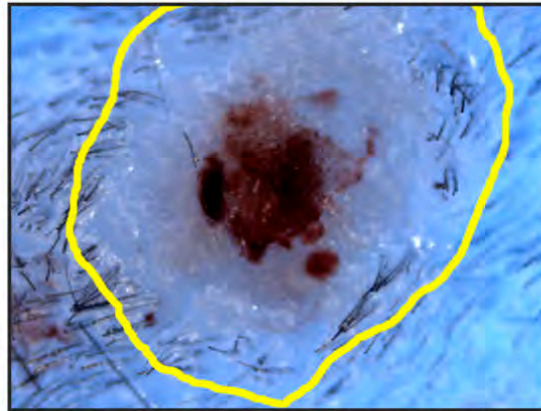
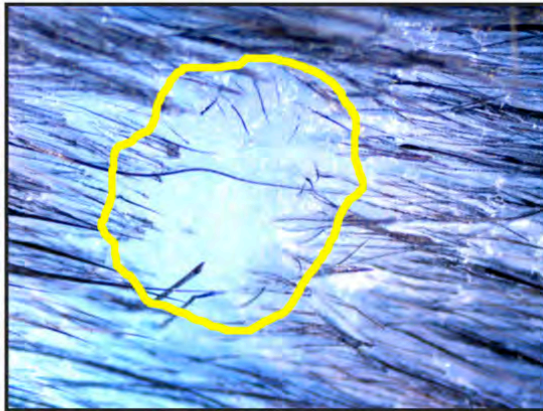
a.

oxt- WT + *L. reuteri* (D6)

oxt- KO + *L. reuteri* (D6)

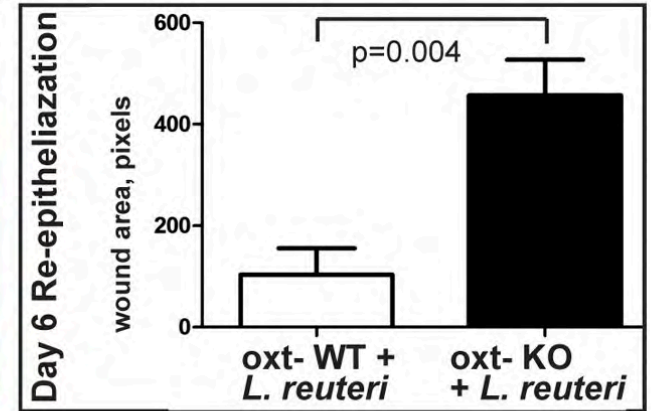
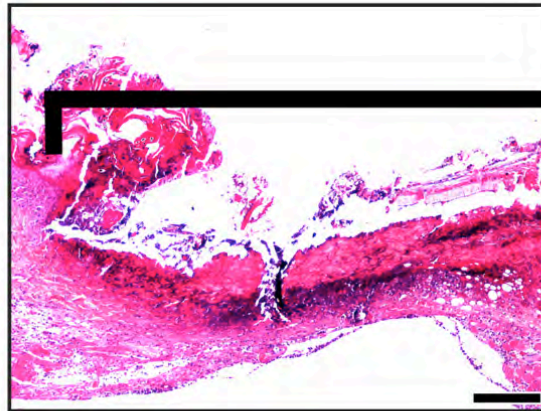
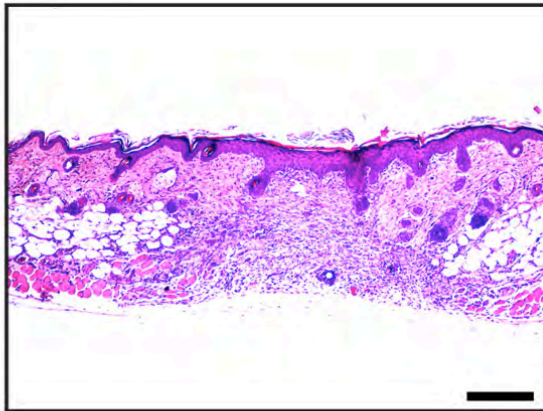
Morphometric Analysis

Wound Closure



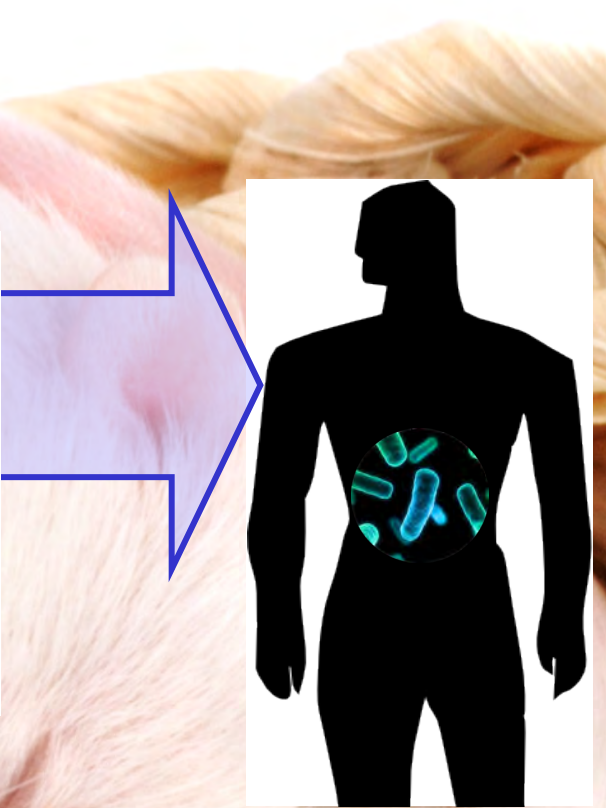
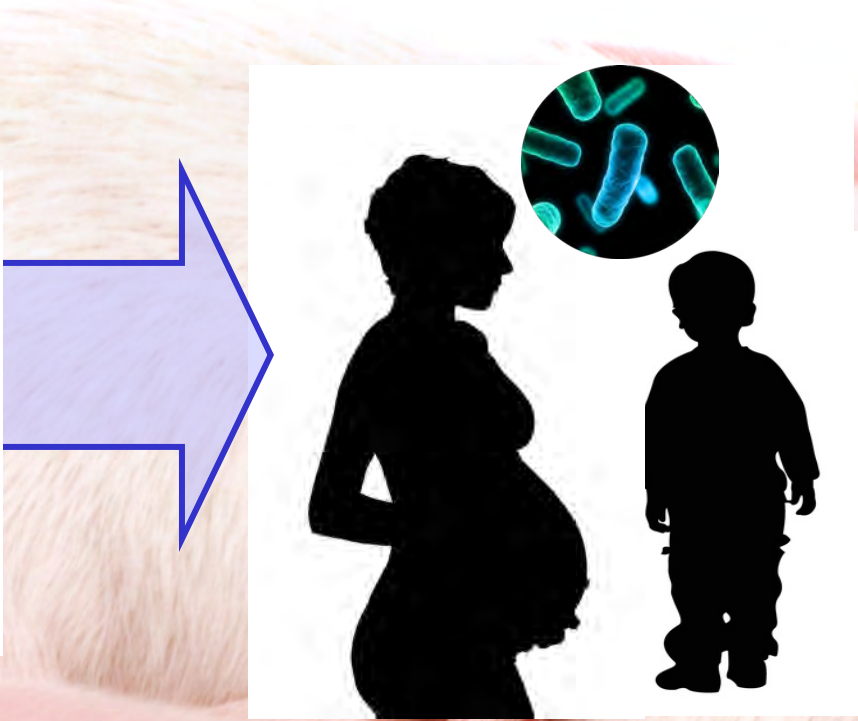
b.

Histopathology

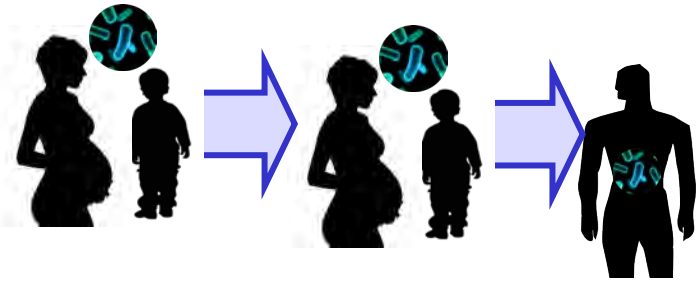




**NIEHS P30 ES002109. [P30 PIs: Leona Samson → John Essigmann]
Perinatal microbe exposures. Pilot project co-PIs: SE Erdman & EJ Alm
2011 – 2013**



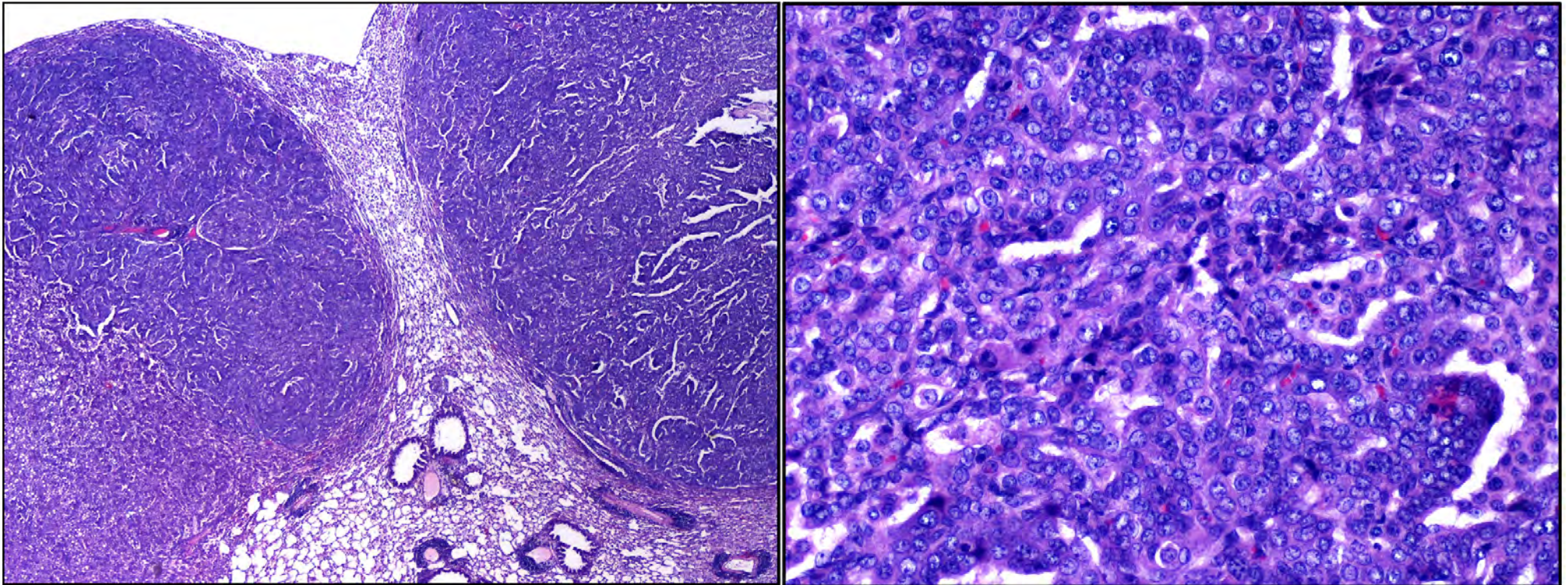
Grandma's microbial ecology may put grandchild at risk for cancer?



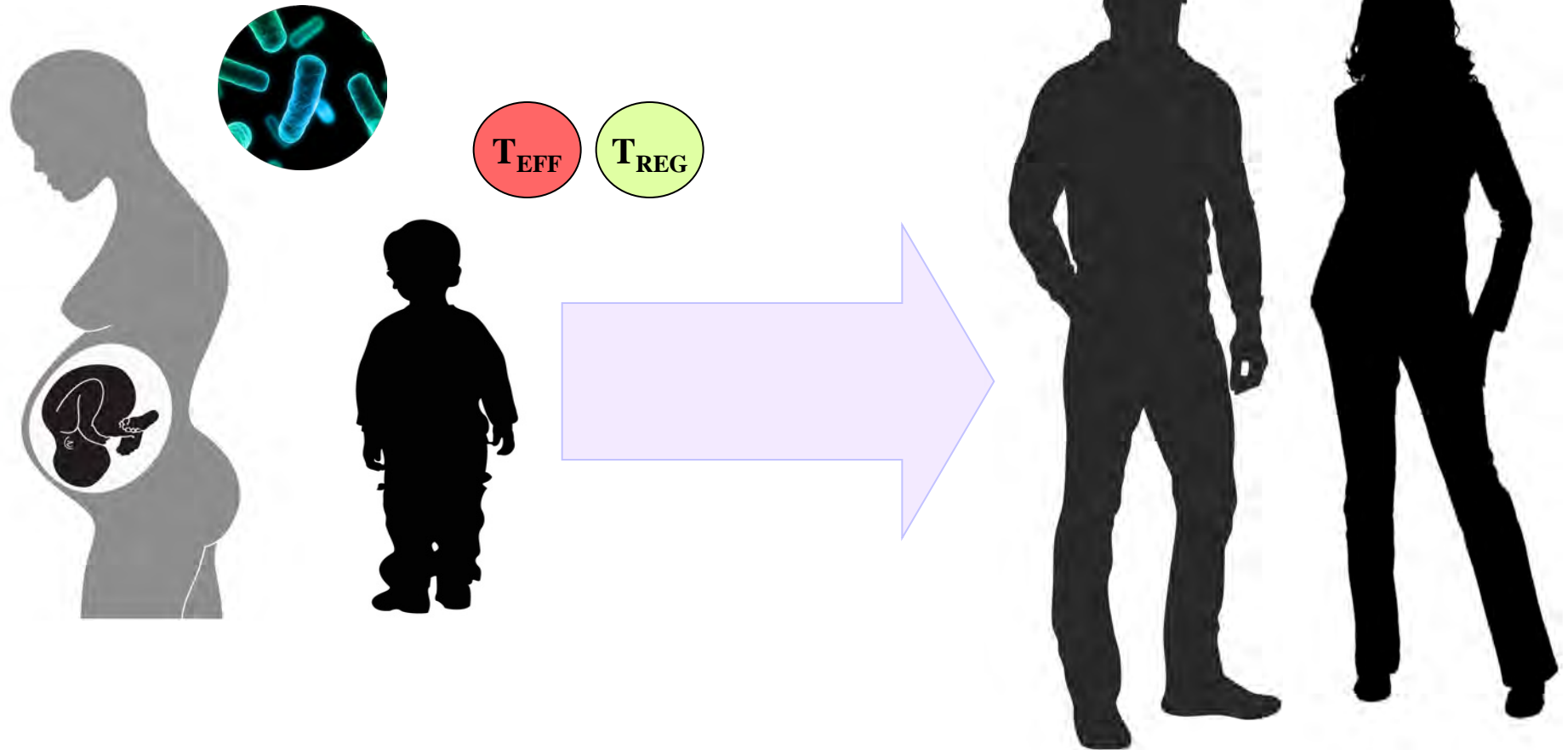
Preliminary cancer outcomes in 'grandchildren' mice:

- 1/3 liver cancer (hepatocellular carcinoma)
- 2/3 lymphoma (high grade)
- 3/3 lung cancer (bronchoalveolar adenocarcinoma)

Bronchoalveolar adenocarcinoma in 3/3 'grandchild' outbred Swiss mice (age = 5 months)



Does human maternal and infant microbial ecology offer opportunity to impart good health to future generations?



A microscopic view of various green fluorescent bacteria, including rod-shaped and spherical forms, set against a black background. The bacteria are illuminated with a bright green light, highlighting their cellular structures and textures.

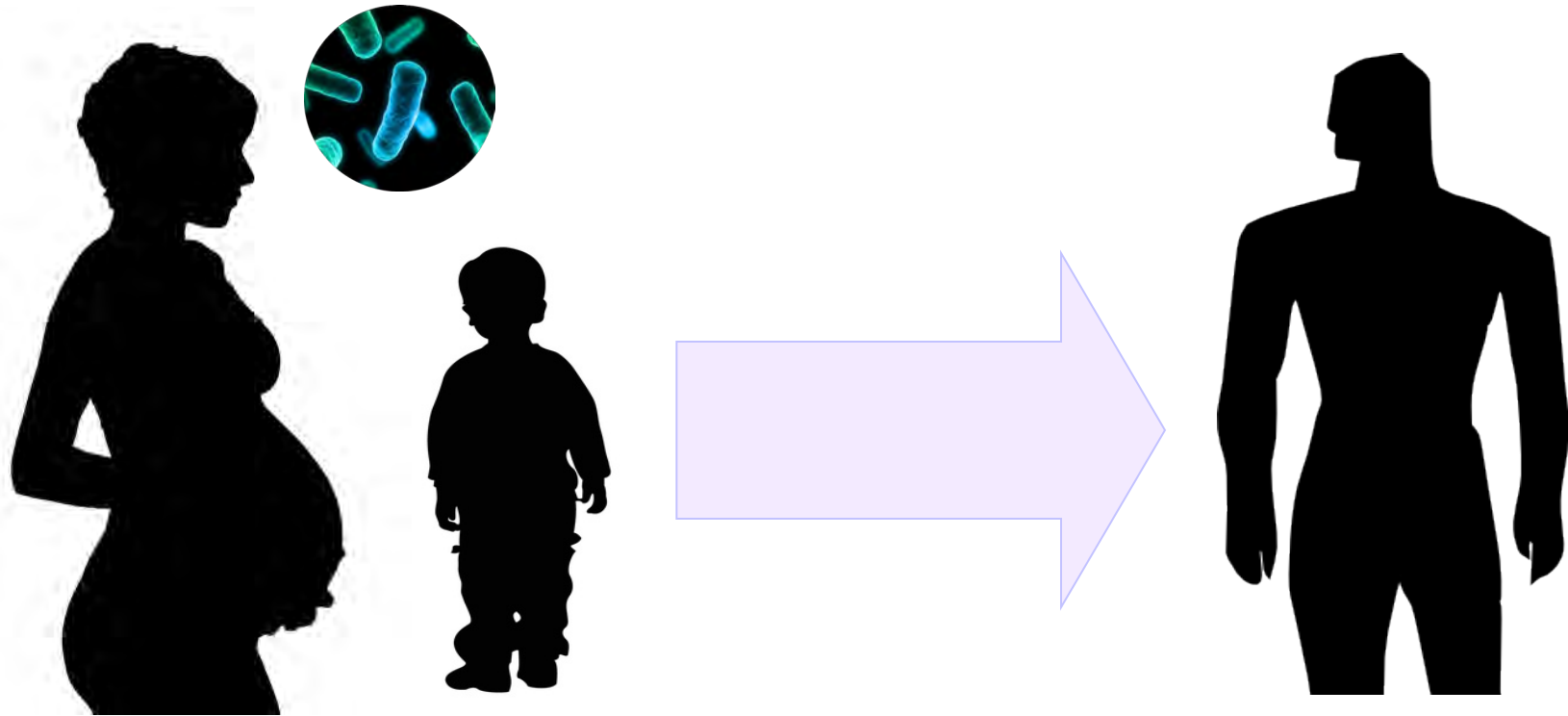
**Can microbe-based restructuring
of immune networks improve
our public health?**

Harnessing microbes for public health



Do lactic acid bacteria offer an immediate palatable public health remedy ?

Harnessing microbes for public health



Prospective longitudinal studies to identify hygienic signatures for risk assessment and microbial rescue strategies ?

Harnessing microbes for public health



Probe epigenetic/genetic impact of microbes upon host progeny and their offspring

Two white mice are shown in a close-up, side-profile view. They are resting on a white surface. The mouse in the foreground is slightly behind the one in the background. Both mice have pinkish-red noses and long, thin tails. The background is plain white.

Thank you!

- Eric Alm
- Karen Sue Anderson
- Christina Clarke-Dur
- Bevin Engelward
- John Essigmann
- James G Fox
- David A Hafler
- Bruce H Horwitz
- Theofilos Poutahidis
- Leona D Samson
- David B Schauer
- James Versalovic
- Jerrold Ward
- Timothy C Wang

