

Name _____

Date _____

Welcome to *Family History – Internet Explore* – one of our MINC education options. You have chosen an Independent Study option to obtain your education hour in genetics.

Information for you regarding this continuing nursing education activity:

1. PURPOSE: Upon completion of this activity, the learner will: recognize the value of knowing personal family history and advocate for patients to learn more about how family history and genetics related to health care.
OBJECTIVES:
 - Identify importance of genetics knowledge in nursing practice.
 - Explore the importance of collecting a family history.
 - Complete personal family history.
2. In order for you to successfully complete this activity and receive 1.0 nursing contact hours, you must:
 - a. At the Skills Fair in June 2013, sign sign-in sheet, complete evaluation (separate than attached) and turn in packet with completed questions. After June 2013, meet individually with one of the feedback persons listed below.
 - b. Complete and submit attached evaluation form.
3. Content Specialists/Feedback Persons for this event are listed below. If you have questions please contact them in person or via phone/e-mail.
 - a. Jan Questad (322-4302)
 - b. Amber Top (322-4096)
 - c. Brita Stange (322-4002)
4. There is no conflict of interest related to this activity identified by planners, content specialists or feedback persons.
5. The expiration date for nursing contact hours for this activity is May 1, 2014.

Avera McKennan Hospital & University Health Center is an approved provider of continuing nursing education by the Washington State Nurses Association Continuing Education Approval & Recognition Program (CEARP), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Please follow the directions as they read. This activity uses the site www.G2C2.org designed specifically for the MINC project. Three separate individuals completed this activity and finished in a time that was averaged to 1 hour. Your time may be more or less than this. Please take time to enjoy the sites and/or return to them at a later time to explore further. We hope you find a wealth of fascinating information like we did!

1. PART 1 Once on-line, go to www.G2C2.org and click on "Nurse".

The screenshot shows the G2C2 website in a Windows Internet Explorer browser window. The address bar shows <http://g-2-c-2.org/>. The website header includes the G2C2 logo and navigation links: Home, About the Project, Curriculum Map / Guidelines, Feedback, and Help. There are also buttons for "My Resources" and "Submit Resources".

The main content area features three large buttons for "Genetic Counselor", "Nurse", and "Physician Assistant". The "Nurse" button is circled in green. To the left of these buttons is a search box with the text "Search Genetic/Genomic Resources by choosing a discipline".

Below the buttons, there is a section titled "What you can do on this site:" with three main items:

- Search by Discipline for Genetics/Genomics Resources to Use in Your Classroom**: Find websites, download PDFs, locate courses — enhance your class content with peer reviewed genetic/genomic resources. Search resources within these disciplines: [Genetic Counselors](#), [Nurses](#), [Physician Assistants](#).
- View My Resources Found on This Site**: As you find educator resources for your discipline(s) during a site visit, you can mark and collect them in **My Resources**. There you can access your marked resources and send them to yourself or others via email.
- Submit Resources to be Included on This Site**: Do you have activities, resources or assessments you would like to share? **Submit Resources** including websites and PDFs to include in the curricular materials.

On the right side, there is a "Watch the Intro Video" section with a video player and a description: "The Genetics/Genomics Competency Center for Education provides links to curricular materials and resources for educators of Genetic Counselors, Nurses, and Physician Assistants."

The Windows taskbar at the bottom shows the Start button, several open applications (Calendar, Outlook, Reminders, G2C2), and the system tray with the time 5:48 PM.

2. Make sure “Learning Activities & Resources” is highlighted and select topic pharmacogenetics/pharmacogenomics. Then click on “search topic”.

The screenshot shows the G2C2 website interface. At the top, there is a navigation bar with links for Home, About the Project, Curriculum Map / Guidelines, Feedback, and Help. Below this, the main content area is titled "Nurse" and includes a search bar and a "Change Disciplines" section with options for Genetic Counselor, Nurse, and Physician Assistant. A numbered list of curricular areas is displayed, with "Learning Activities & Resources" highlighted in green. Below this, there is a search input field and a "Search" button. To the right, there is a "Select a Topic:" section with a list of "Associated Topics". The "Pharmacogenetics/Pharmacogenomics" option is selected and highlighted in green. At the bottom of this section, a "Search Topic" button is highlighted in green. The footer of the page includes "Project Funding | Support" and a note that the project is funded by the NIH National Human Genome Research Institute.

3. Select “Telling Stories – Understanding Real Life Genetics – Nurses”.

The screenshot shows a Windows Internet Explorer browser window displaying search results for "pharmacogenetics/ pharmacogenomics". The browser's address bar shows the URL: http://g-2-c-2.org/search.php?usertype=1&c=1&s=8&k=39&is_topic=Search+Topic. The search results are listed under the heading "Results for 'pharmacogenetics/ pharmacogenomics'" and "Curricular Area : Learning Activities & Resources".

The search results include the following items:

- Genetics in the Physician Assistant's Practice**: This is an interactive, case based site designed to help apply genetic family history information and work through genetic differential diagnoses in practice. There are supplementary modules including: a genetics primer,...
- American Medical Association Family History Tools**: Website that provides a physician/health care provider with useful information about the utility of a family history in identifying disease risk and developing a personalized prevention program. Family history questionna...
- Essentials of Clinical Genetics in Nursing Practice 3rd Edition**: A textbook of genetics for nursing practice. This book is specifically for nurses. From genetic factors and trends affecting health care today, to the more complex discussions of human variation, every genetic topic crit...
- Genetics in Clinical Practice**: Website with link to a module intended for health care providers who may see patients with disorders - or who have concerns about disorders - in which knowledge of clinical genetics can positively affect outcomes. It may...
- Genetics in Clinical Practice : Psychological Approaches for Helping Patients and Families**: The book consists of 10 chapters that guide the reader through the basic knowledge required to understand cancer genes, cancer risk, and genetic counseling for suspected carriers of cancer genes. In addition, the chap...
- Genetics Education Program for Nurses**: Website, Continuing Education resources The GEPN offers genetics educational opportunities and resources for nurses, including web-based modules that can be can be integrated into existing credit awarding nursing courses...
- Genetics/Genomics Nursing: Scope and Standards of Practice**: Book that addresses increasing numbers of RNs at all levels and settings. Articulating the essentials of a cutting-edge specialty, its activities and accountabilities, the who, what, when, where, and how of its practice...
- National Human Genome Research Institute - Talking Glossary**: Website glossary. Click on the term of interest to open a page with a wealth of information, including the term's pronunciation, audio information, images and additional links to related Human Genome, teachers and par...
- Telling Stories - Understanding Real Life Genetics - Nurses**: The website draws on stories that cover a range of genetic conditions including single-gene disorders (with autosomal dominant, autosomal recessive and x-linked inheritance patterns), chromosomal abnormalities and multi...
- U.S. Surgeon General's Family History Initiative**: Website from the Surgeon General in cooperation with other agencies with the U.S. Department of Health and Human Services has launched a national public health campaign, called the Surgeon General's Family History Initia...
- Genetics for Health Care Professionals-a life stage approach**

The "Telling Stories - Understanding Real Life Genetics - Nurses" result is highlighted with a green oval. The browser's taskbar at the bottom shows the Start button and several open applications, including "Inbox - Microsoft...", "Calendar - Micros...", "RE: a few hours ...", "G2C2", "RN Options for G...", "Options for G2C2...", and "G2C2: Genetics/G...". The system clock shows 2:40 PM.

4. Click on Resource 1

Telling Stories - Understanding Real Life Genetics - Nurses | G2C2 - Windows Internet Explorer

http://g-2-c-2.org/search_detail.php?usertype=1&c=1&d=13

File Edit View Favorites Tools Help

GENETICS/GENOMICS COMPETENCY CENTER FOR EDUCATION

My Resources Send gathered resources

Submit Resources For inclusion on this site

Home About the Project Curriculum Map / Guidelines Feedback Help

Search Results

Nurse

Learning Activities & Resources

Telling Stories - Understanding Real Life Genetics - Nurses

Add to My Resources ?

Resource Links

Resource 1

Rhian Morgan

The website draws on stories that cover a range of genetic conditions including single-gene disorders (with autosomal dominant, autosomal recessive and X-linked inheritance patterns), chromosomal abnormalities and multifactorial conditions such as cancer and heart disease. This resource has been developed to promote understanding among all health professionals of the impact genetics has on real life, and its relevance to health care practice.

Goals & Learning Objectives	Resource Evaluation	Suggested Audience	Format	Cost	Activity Type	Keywords
To educate learners to the impact genetics has on real life, and its relevance to healthcare practice.	This work has been evaluated by the Nursing competency task force of the NHGRI for use in nursing education.	Nurses, health care providers	Website	free	Self Study Web Learning Module	Assessment Basic Genetic Concepts Education ELSI Health Professional Roles Nursing Process

start | Calendar - Microso... | Inbox - Microsoft ... | 8 Reminders | G2C2 | Telling Stories [Co... | Document1 - Micro... | Telling Stories - Un... | 100% | 5:50 PM

5. On the right side of the right side of the screen, use the Quick Text Search to look up autism or mental health (which will be a story connected to Huntington's Disease) – whichever interests you most.

The screenshot shows the website interface with the following elements:

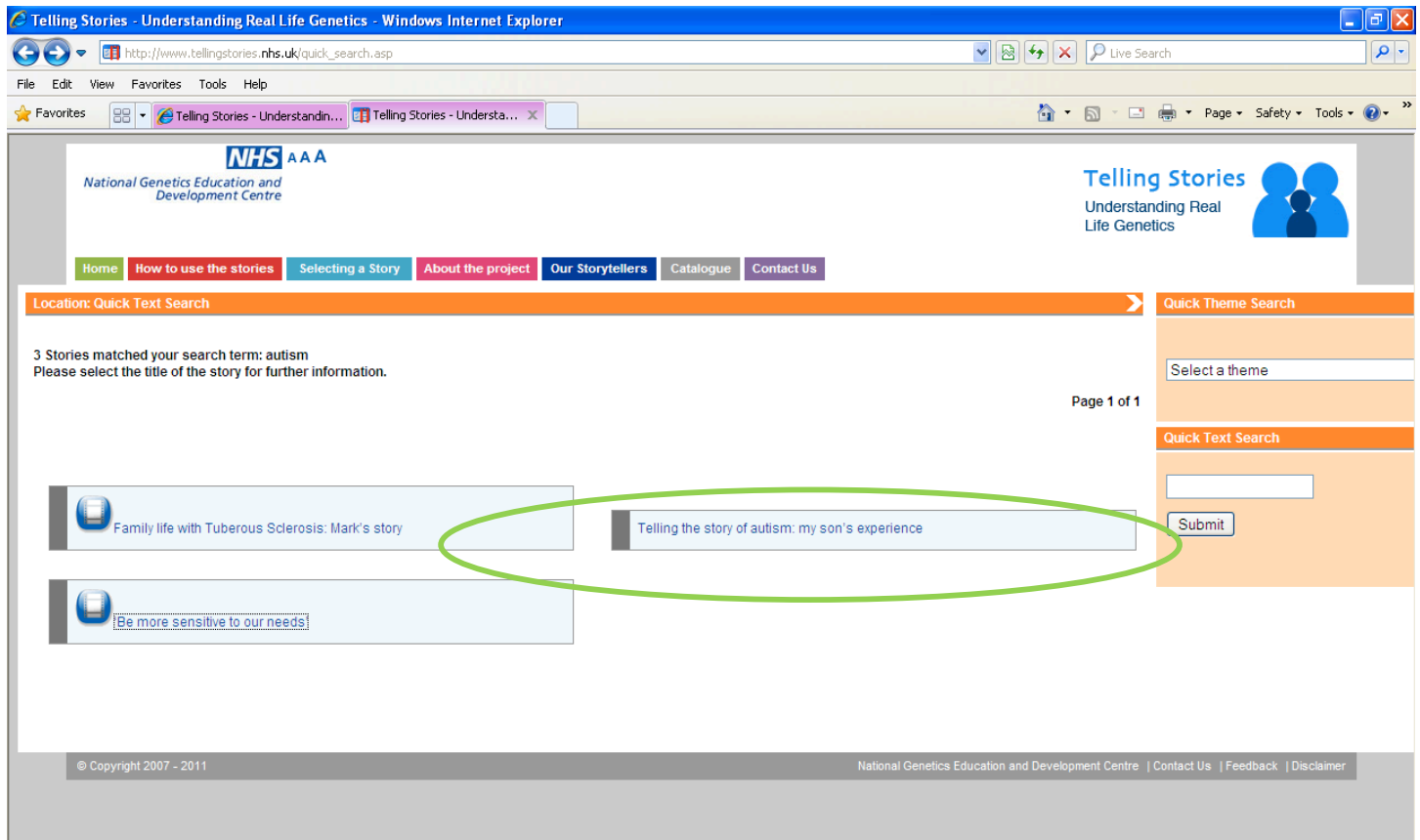
- Navigation Bar:** Home, How to use the stories, Selecting a Story, About the project, Our Storytellers, Catalogue, Contact Us.
- Main Content:** "100th Story Published!" featuring a story by Siobhan, a quote from her, and a video of Professor Maggie Kirk.
- Right Sidebar:**
 - Quick Theme Search:** A dropdown menu with "Select a theme".
 - Quick Text Search:** A search box containing the text "autism" (circled in green) and a "Submit" button.
 - Online Evaluation:** A section with a questionnaire link.
 - Downloadable Resources:** Links to "The How to use the stories' booklet" and "Educators' perceptions of relevance and usefulness: Preliminary Report".

*****OR*****

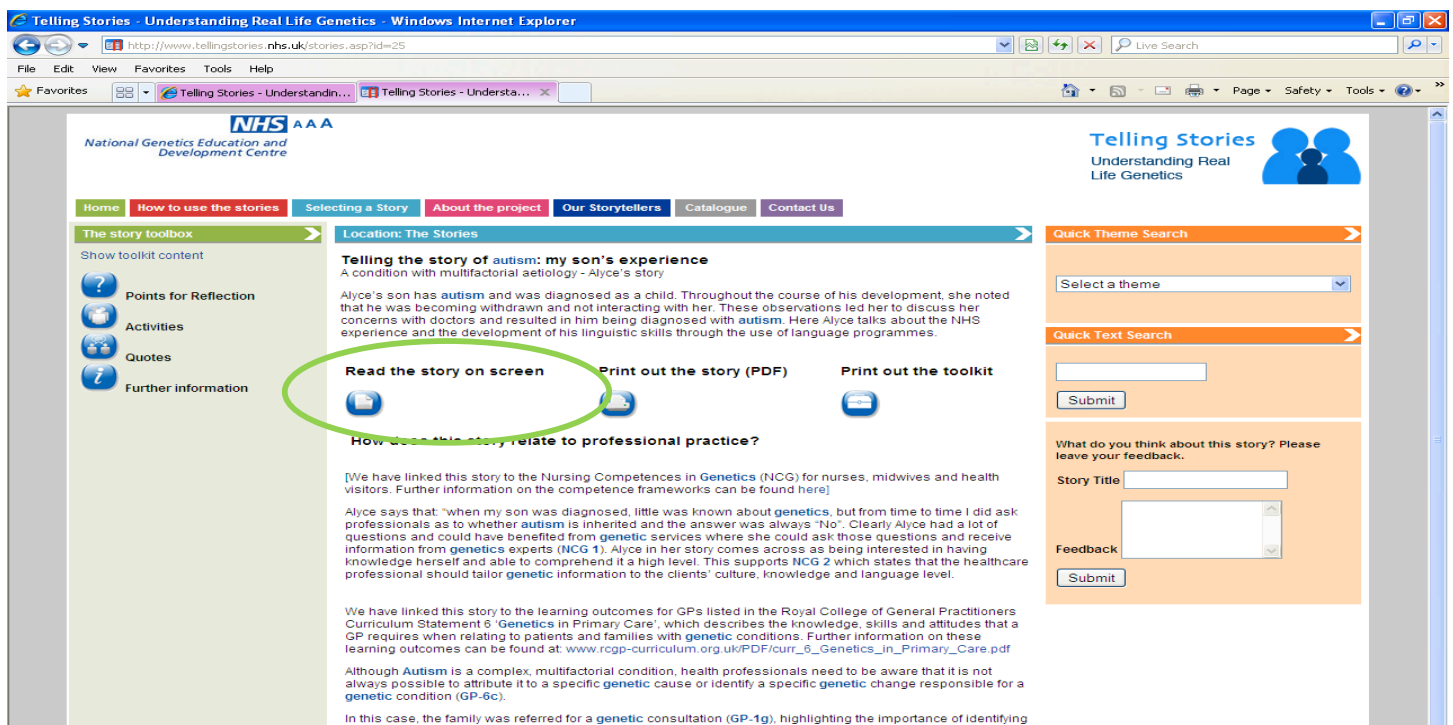
This screenshot is identical to the one above, but with the following differences:

- The search box in the "Quick Text Search" section now contains the text "mental health" (circled in green).
- The "Submit" button remains visible below the search box.

6a. If you chose autism, click on “Telling the story of autism: my son’s experience”.



6b. Read the story, and you can print out the story and the toolkit if you would like for your own info.



7a. If you chose mental health, click on “Huntington disease in the family”.

The screenshot shows a Windows Internet Explorer browser window displaying the NHS Telling Stories website. The address bar shows the URL http://www.tellingstories.nhs.uk/quick_search.asp. The page features the NHS logo and navigation tabs: Home, How to use the stories, Selecting a Story, About the project, Our Storytellers, Catalogue, and Contact Us. A search bar at the top indicates "Location: Quick Text Search" and shows "4 Stories matched your search term: mental health". Below the search results, there are three story cards. The first card is titled "The search for the answer". The second card is titled "I tried not to give in to it". The third card, titled "Huntington disease in the family", is circled in green. To the right of the search results, there are two search boxes: "Quick Theme Search" with a dropdown menu and "Quick Text Search" with a text input field and a "Submit" button. The footer of the page includes copyright information for 2007-2011 and links for Contact Us, Feedback, and Disclaimer.

7b. Read the story, and you can print out the story and the toolkit if you would like for your own info.

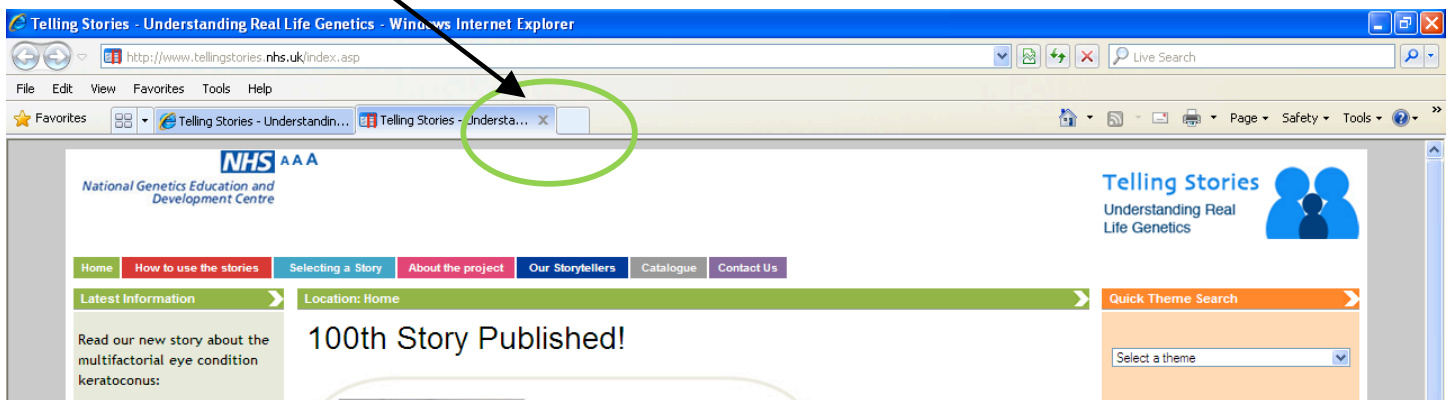
The screenshot shows the NHS Telling Stories website displaying a specific story. The address bar shows the URL <http://www.tellingstories.nhs.uk/stories.asp?id=65>. The page features the NHS logo and navigation tabs: Home, How to use the stories, Selecting a Story, About the project, Our Storytellers, Catalogue, and Contact Us. On the left side, there is a "The story toolbox" with a "Show toolkit content" link and several icons for "Points for Reflection", "Activities", "Quotes", and "Further information". The main content area is titled "Questioning my life choices, past, present and future" and describes Amy's story of living with hypermobility syndrome (HMS). Below the story text, there are three options: "Read the story on screen" (circled in green), "Print out the story (PDF)", and "Print out the toolkit". The right side of the page features a "Quick Theme Search" box with a dropdown menu, a "Quick Text Search" box with a text input field and a "Submit" button, and a feedback section titled "What do you think about this story? Please leave your feedback." with a "Story Title" input field. The footer of the page includes a link for "Further information on the competence frameworks".

8. Please answer the following questions related to the story you chose above.

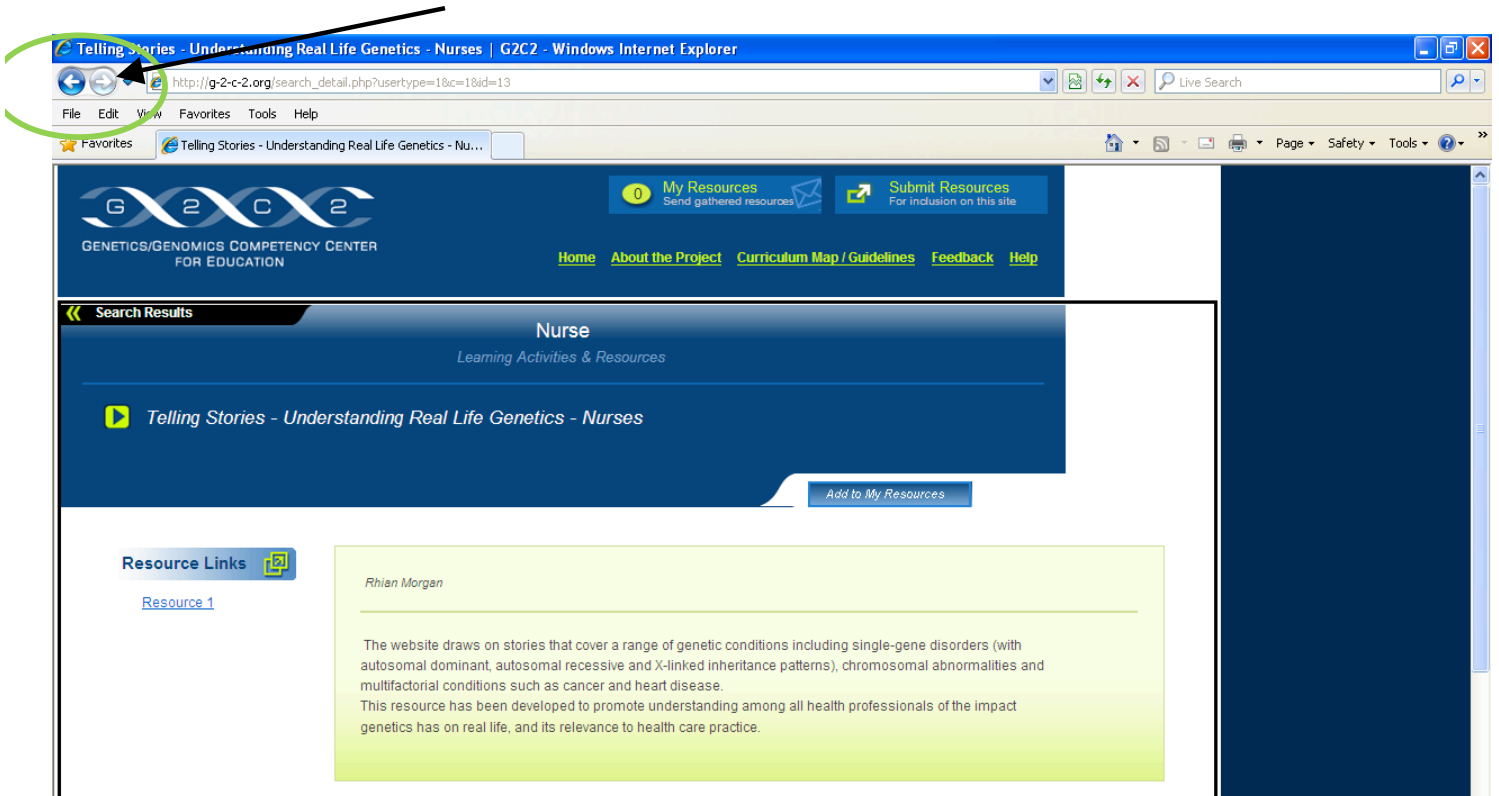
a. If this was a story you were hearing from your patient on your unit, what might be your response?

b. As this patient talks about genetic issues, what comes to mind that you as a nurse should know about genetics?

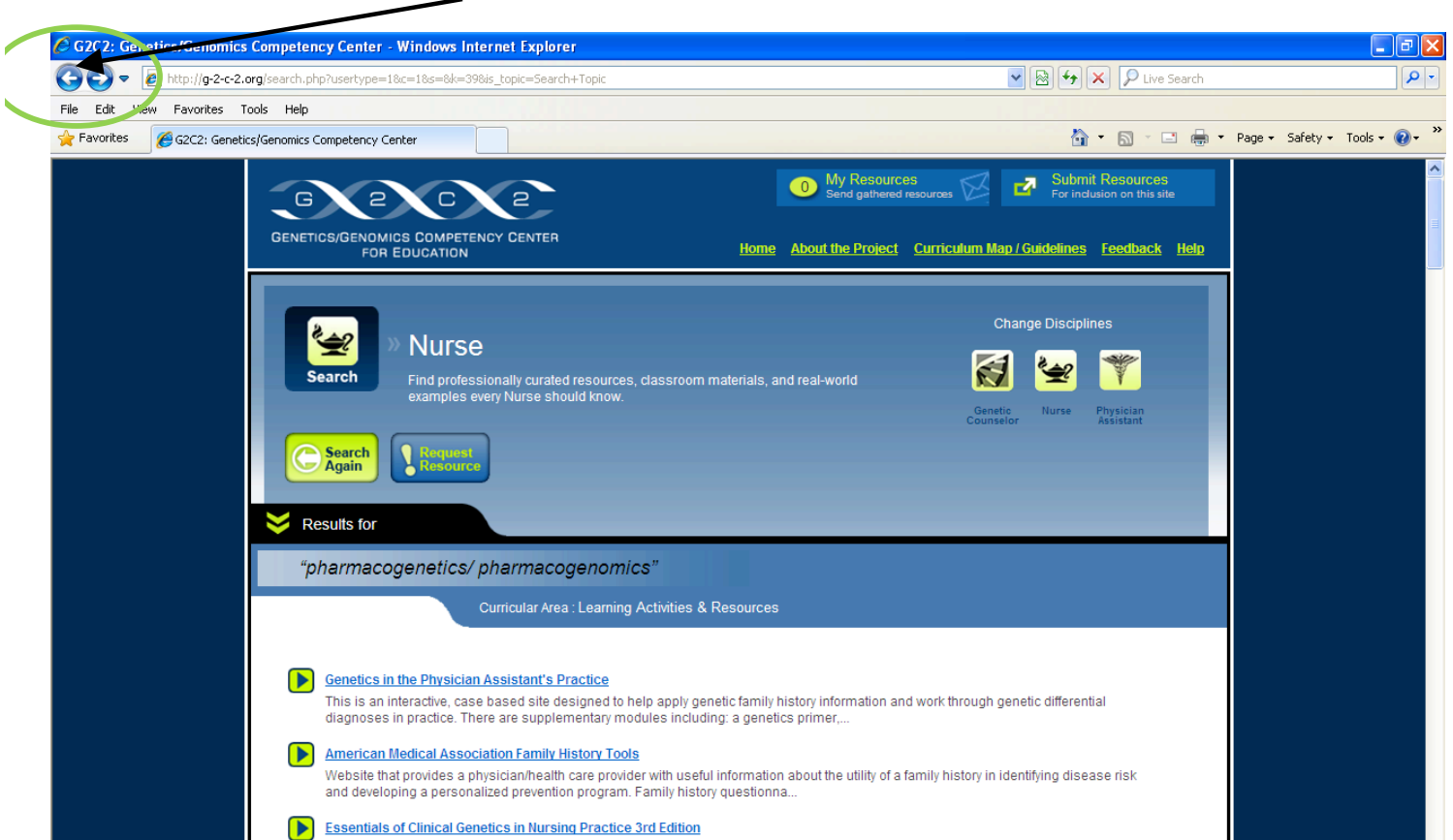
When you have completed above activity and are ready to move on to PART 2 of this activity, click on the “X” indicated below.



Then click on the back arrow



And click on the back arrow



9. PART 2 At the Nurse G2C2 site, select “Family History” and “search topic”.

G2C2: Genetics/Genomics Competency Center - Windows Internet Explorer

http://g-2-c-2.org/start_search.php

File Edit View Favorites Tools Help

G2C2: Genetics/Genomics Competency Center

GENETICS/GENOMICS COMPETENCY CENTER FOR EDUCATION

Home About the Project Curriculum Map / Guidelines Feedback Help

My Resources Send gathered resources

Submit Resources For inclusion on this site

Nurse

Find professionally curated resources, classroom materials, and real-world examples every Nurse should know.

Change Disciplines

Genetic Counselor Nurse Physician Assistant

1 Select a Curricular Area below

- Learning Activities & Resources**
Exercises designed to develop professional ability and resources that facilitate competency.
- Competencies & Core Knowledge
A high level educational goal for learners. Specific areas of knowledge learners need to achieve a competency.
- Performance Indicators
A measurable knowledge, skill or ability of a professional that demonstrates competency.
- Assessments
Exercises designed to measure the outcome of a Learning Activity.

2 Enter Search Term(s)

Search

or Select a Topic:

Associated Topics

- All Topics
- Accessing Information And Resources
- Applied Genomic Research Tools
- Assessment
- Basic Genetic Concepts
- Basic Genomic Research Tools
- Basic Human Genetics
- Clinical Genetics
- Collaboration
- Communication
- Consultations
- Databases
- Diagnosis
- Diagnostic Testing
- DNA
- Education
- ELSI
- Family History**
- Evidence Based Practice
- Genetic Counseling
- Genetic Technologies
- Genetic Technology
- Health Professional Roles
- Health Professional Values
- Informed Decision Making
- Interpretation
- Laboratory Test Results
- Medical Testing
- Nursing Process
- Pedigree
- Pharmacogenetics/ Pharmacogenomics**
- Psycho-social Needs
- Recurrence Risks
- Referrals
- Screening
- Software
- Testing
- Treatment

Search Topic

Project Funding | Support

This project is funded by the NIH National Human Genome Research Institute

start | Calendar - Microso... | Inbox - Microsof... | 8 Reminders | G2C2 | Telling Stories [Co... | Document1 - Micro... | G2C2: Genetics/G... | 100% | 5:49 PM

10. Click on “American Medical Association Family History Tools”

The screenshot shows a Windows Internet Explorer browser window with the address bar displaying the URL: http://g-2-c-2.org/search.php?usertype=1&c=1&s=family+history++national+human+genome+research+institute&is_search=Search. The browser title is "G2C2: Genetics/Genomics Competency Center - Windows Internet Explorer".

The page content shows search results for "family history - national human genome research institute". The results are categorized under "Curricular Area : Learning Activities & Resources". The search results list several resources, with "American Medical Association Family History Tools" circled in green.

Search Results for: "family history - national human genome research institute"

Curricular Area : Learning Activities & Resources

- [Genetics is Relevant Now](#)
Website with a powerpoint presentation including audio. The purpose of this module is to inform nurses about the relevance of genetics and genomics to patient care and nursing practice.
- [Genetics in the Physician Assistant's Practice](#)
This is an interactive, case based site designed to help apply genetic family history information and work through genetic differential diagnoses in practice. There are supplementary modules including: a genetics primer...
- [American Medical Association Family History Tools](#)
Website that provides a physician/health care provider with useful information about the utility of a family history in identifying disease risk and developing a personalized prevention program. Family history questionna...
- [Essentials of Clinical Genetics in Nursing Practice 3rd Edition](#)
A textbook of genetics for nursing practice. This book is specifically for nurses. From genetic factors and trends affecting health care today, to the more complex discussions of human variation, every genetic topic crit...
- [Genetics in Clinical Practice](#)
Website with link to a module intended for health care providers who may see patients with disorders - or who have concerns about disorders - in which knowledge of clinical genetics can positively affect outcomes. It may...
- [Genetics in Clinical Practice : Psychological Approaches for Helping Patients and Families](#)
The book consists of 10 chapters that guide the reader through the basic knowledge required to understand cancer genes, cancer risk, and genetic counseling for suspected carriers of cancer genes. In addition, the chap...
- [Genetics Education Program for Nurses](#)
Website. Continuing Education resources The GEPN offers genetics educational opportunities and resources for nurses, including web-based modules that can be integrated into existing credit awarding nursing courses...
- [Genetics/Genomics Nursing: Scope and Standards of Practice](#)
Book that addresses increasing numbers of RNs at all levels and settings. Articulating the essentials of a cutting-edge specialty, its activities and accountabilities, the who, what, when, where, and how of its practice...
- [National Human Genome Research Institute - Talking Glossary](#)
Website glossary. Click on the term of interest to open a page with a wealth of information, including the term's pronunciation, audio information, images and additional links to related terms. Students, teachers and par...
- [Telling Stories - Understanding Real Life Genetics - Nurses](#)
The website describes stories that illustrate the importance of genetic information in clinical practice...

Done

start | Inbox - Microsoft ... | Calendar - Microso... | Ethics Journal Disc... | G2C2 | Microsoft Excel - Si... | Microsoft Offic... | G2C2: Genetics/G... | 12:15 PM

11. Click on "Resource 3".

The screenshot shows a web browser window displaying the American Medical Association Family History Tools website. The page is titled "Nurse" and "Learning Activities & Resources". A search result for "American Medical Association Family History Tools" is shown. Under the "Resource Links" section, "Resource 3" is circled in green. A description of the resource is provided in a light green box. Below this, a table lists various attributes of the resource, including goals, evaluation, audience, format, cost, activity type, and keywords. At the bottom, there is a section for "Associated Competencies & Core Knowledge" with "Nursing Assessment" listed.

Resource Links

- [Resource 1](#)
- [Resource 2](#)
- [Resource 3](#)
- [Resource 4](#)
- [Resource 5](#)
- [Resource 6](#)

Resource Description:

Website that provides a physician/health care provider with useful information about the utility of a family history in identifying disease risk and developing a personalized prevention program. Family history questionnaires to use when gathering a complete and accurate family medical history. Family history readings to assist providers in diagnosis of disease risk.

Goals & Learning Objectives	Resource Evaluation	Suggested Audience	Format	Cost	Activity Type	Keywords
Following completion of this learning activity, the learner will be able to explain the influence of family history in human health.	This work has been evaluated by the Nursing competency task force of the NHGRI for use in nursing education.	Educators, students, health care professionals	Website and family history forms available for download.		Self Study Web Learning Module	Accessing Information And Resources Education Family History

Associated Competencies & Core Knowledge

- Nursing Assessment

12. Read this pamphlet from the AMA. Print it out if you would like.



13. Please answer the following:

a. In your own words and a minimum of 3 sentences, give an overview of what the pamphlet identifies as the “value of obtaining a family medical history.”

b. List 2 examples of “red flags” one might see in a family history.

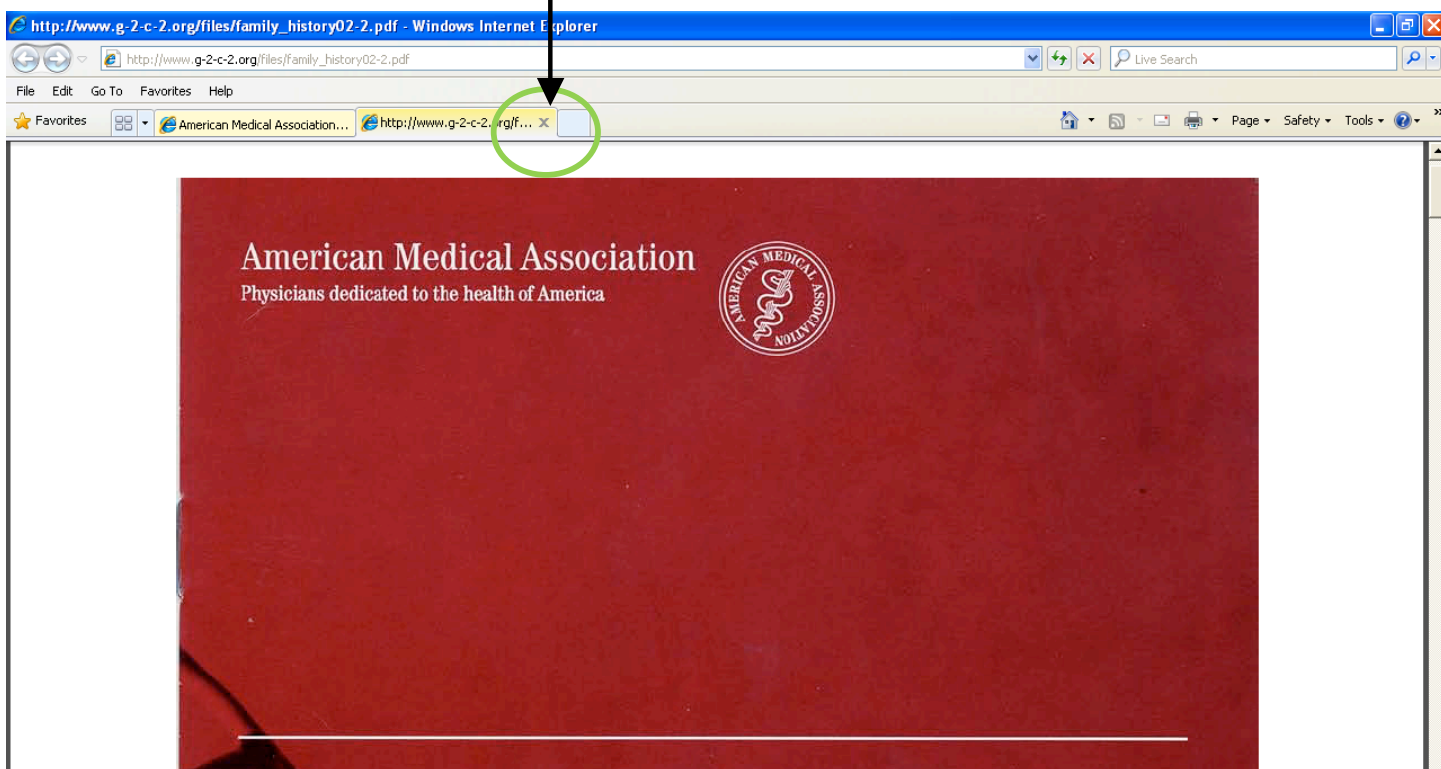
1.

2.

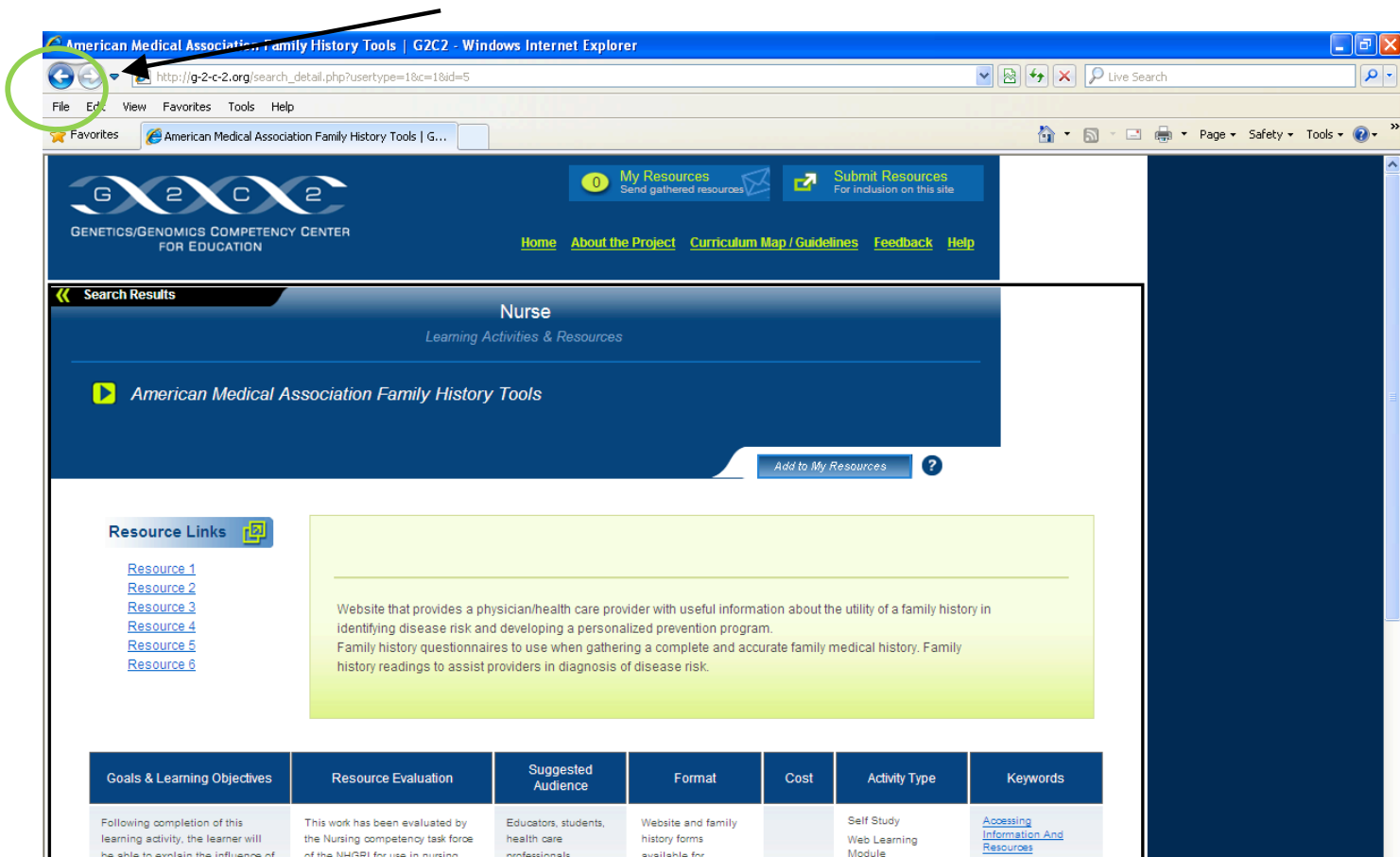
c. What is one potential nonmedical concern associated with family history?

d. At Avera Behavioral Health, we do not “officially” collect a family history. If we were to start doing that, what ideas do you have as to how/where/when we could do that?

To move on to Part 3, click on the “x”



Then click on the back arrow



Stay on the results page for Family History. See next page of this packet for PART 3.

The screenshot shows a Windows Internet Explorer browser window displaying the G2C2 website. The address bar shows the URL: http://g-2-c-2.org/search.php?usertype=1&c=1&s=8&k=25&is_topic=Search+Topic. The website header includes the G2C2 logo and navigation links: Home, About the Project, Curriculum Map / Guidelines, Feedback, and Help. There are also buttons for 'My Resources' and 'Submit Resources'. The main content area features a search results section for the query "family history".

Search Results for "family history"
Curricular Area : Learning Activities & Resources

- [Genetics is Relevant Now](#)
Website with a powerpoint presentation including audio. The purpose of this module is to inform nurses about the relevance of genetics and genomics to patient care and nursing practice.
- [Genetics in the Physician Assistant's Practice](#)
This is an interactive, case based site designed to help apply genetic family history information and work through genetic differential diagnoses in practice. There are supplementary modules including: a genetics primer,...
- [American Medical Association Family History Tools](#)
Website that provides a physician/health care provider with useful information about the utility of a family history in identifying disease risk and developing a personalized prevention program. Family history questionna...
- [Essentials of Clinical Genetics in Nursing Practice 3rd Edition](#)
A textbook of genetics for nursing practice. This book is specifically for nurses. From genetic factors and trends affecting health care today, to the more complex discussions of human variation, every genetic topic crit...
- [Genetics in Clinical Practice](#)
Website with link to a module intended for health care providers who may see patients with disorders - or who have concerns about disorders - in which knowledge of clinical genetics can positively affect outcomes. It may...
- [Genetics in Clinical Practice : Psychological Approaches for Helping Patients and Families](#)
The book consists of 10 chapters that guide the reader through the basic knowledge required to understand cancer genes, cancer risk, and genetic counseling for suspected carriers of cancer genes. In addition, the book...

The Windows taskbar at the bottom shows the Start button, several open applications (Family History - Inter..., Deleted Items - Micro..., Screen Shots - Family..., G2C2: Genetics/Geno...), and the system tray with the time 9:41 PM.

14. PART 3 ... Scroll down a ways (approximately 55th on the list – so WAYYY down!) and select “Family History – National Human Genome Research Institute”.

Genomics, Society and Policy is a free, open-access, on-line, peer-reviewed journal that is published three times per year. Their stated goal is to provide an outlet for interdisciplinary research on the social, ethical ...

- [Human Genome Epidemiology Network \(HuGENet\)](#)
Human Genome Epidemiology Network, or HuGENet, is a global collaboration of individuals & organizations committed to the assessment of the impact of human genome variation on population health & how genetic informatio...
- [Human Genome Program of the Department of Energy](#)
A website that describes the work of the Human Genome Program and provides genetics and genomics resources
- [JGI DOE Joint Genome Institute](#)
Website with links to various genetics and genomics resources.
- [American College of Medical Genetics - ACMG Basics: Genetics for Providers](#)
Website which provides an educational resources available for download or as a CD
- [The DNA Files](#)
Website of downloadable award winning radio programs hosted by John Hockenberry and guided by an outstanding panel of advisors. The programs explore not only the science of genetics, but its ethical, social and legal imp...
- [National Cancer Institute Cancer Genetics Services Directory](#)
This directory lists professionals who provide services related to cancer genetics (cancer risk assessment, genetic counseling, and genetic susceptibility testing). These professionals have applied to be listed in this d...
- [Family History - National Human Genome Research Institute](#)
Website with links and information about a number of family history resources
- [Genetic Screening: a Supplement to the 1993 Report by the Nuffield Council on Bioethics](#)
Website with the downloadable 1993 report on ethical issues relating to genetic screening and the new supplement which updates the report. The 1993 report and the new supplement are also available on CD.
- [Genetics Training for Physician Assistants family history module](#)
This is a 24 slide power point presentation on family history taking and pedigree construction.
- [GEPN module - Nurse's Role in Pharmacogenetics and Pharmacogenomics](#)
This is an independent self-paced module on the role of the nurse in Pharmacogenetics and Pharmacogenomics

15. Select Resource 1

The screenshot shows a web browser window with the address bar displaying http://g-2-c-2.org/search_detail.php?usertype=1&c=1&d=65. The page header includes the G2C2 logo and navigation links: Home, About the Project, Curriculum Map / Guidelines, Feedback, and Help. There are also buttons for 'My Resources' and 'Submit Resources'.

The main content area shows search results for 'Nurse' under the category 'Learning Activities & Resources'. A resource titled 'Family History - National Human Genome Research Institute' is listed with a 'Rate this Resource' link and an 'Add to My Resources' button.

Below the resource list is a 'Resource Links' section. A link labeled 'Resource 1' is circled in green. The text below the link reads: 'Website with links and information about a number of family history resources.'

At the bottom of the page is a table with the following data:

Goals & Learning Objectives	Resource Evaluation	Suggested Audience	Format	Cost	Activity Type	Keywords
To educate a learner to be able to: explain the influence of genetics and genomics in human health and consider genetic and genomic influences in patient care	This work has been evaluated by the Nursing competency task force of the NHGRI for use in nursing education.	health care providers and general public	Website with some resources in Spanish	free	Web Learning Module	Accessing Information And Resources Family History

16. You now have the opportunity to fill in your own family history. Click on “My Family Health Portrait” and to the best of your knowledge and ability, fill in this information. (You may print out a copy for your own keeping!)

The screenshot shows a Windows Internet Explorer browser window displaying the National Human Genome Research Institute website. The page title is "The U.S. Surgeon General's Family History Initiative" and the sub-page is "My Family Health Portrait". The main content area features a large image of a family and a text description of the tool. A green circle highlights the link "Go to: My Family Health Portrait [familyhistory.hhs.gov]".

genome.gov
National Human Genome Research Institute
National Institutes of Health

Research Funding | Research at NHGRI | **Health** | Education | Issues in Genetics | Newsroom | Careers & Training | About | For You

Home > Health > Family History Initiative

Health

Family History Initiative

- Genetic and Rare Diseases Information Center
- Genetics and Genomics for Health Professionals
- Genetics and Genomics for Patients and the Public
- Online Health and Support Resources

The U.S. Surgeon General's Family History Initiative

My Family Health Portrait

My Family Health Portrait is the Web-based tool from NHGRI and the U.S. Surgeon General's Family History Initiative that helps you create your own family health history. Using any computer, an Internet connection and an up-to-date Web browser, you provide your health information to build a drawing of your family tree and a chart of your family health history. Both the chart and the drawing can be printed and shared with your family members and your doctor.

Tracing the illnesses suffered by your parents, grandparents and other blood relatives can help your doctor predict the disorders to which you may be at risk, and help you take action to keep you and your family healthy.

Go to: [My Family Health Portrait](http://familyhistory.hhs.gov) [familyhistory.hhs.gov]

En Español: [Retrato de Salud de mi Familia](http://familyhistory.hhs.gov/spanish) [familyhistory.hhs.gov/spanish]

About The Family History Initiative

In November 2004 - and to coincide with Thanksgiving - when families traditionally gather - U.S. Surgeon General

17. You may have this pop up – click on “yes”.

The screenshot shows the same website as above, but with a "Security Warning" pop-up dialog box overlaid. The pop-up contains the text: "The current webpage is trying to open a site in your Trusted sites list. Do you want to allow this?". It shows the current site as "http://www.genome.gov" and the trusted site as "https://familyhistory.hhs.gov". The "Yes" button is circled in green.

genome.gov
National Human Genome Research Institute
National Institutes of Health

Research Funding | Research at NHGRI | **Health** | Education | Issues in Genetics | Newsroom | Careers & Training | About | For You

Home > Health > Family History Initiative

Health

Family History Initiative

- Genetic and Rare Diseases Information Center
- Genetics and Genomics for Health Professionals
- Genetics and Genomics for Patients and the Public
- Online Health and Support Resources

The U.S. Surgeon General's Family History Initiative

My Family Health Portrait

My Family Health Portrait is the Web-based tool from NHGRI and the U.S. Surgeon General's Family History Initiative that helps you create your own family health history. Using any computer, an Internet connection and an up-to-date Web browser, you provide your health information to build a drawing of your family tree and a chart of your family health history. Both the chart and the drawing can be printed and shared with your family members and your doctor.

Tracing the illnesses suffered by your parents, grandparents and other blood relatives can help your doctor predict the disorders to which you may be at risk, and help you take action to keep you and your family healthy.

Warning: allowing this can expose your computer to security risks. If you don't trust the current webpage, choose No.

Go to: [My Family Health Portrait](http://familyhistory.hhs.gov) [familyhistory.hhs.gov]

En Español: [Retrato de Salud de mi Familia](http://familyhistory.hhs.gov/spanish) [familyhistory.hhs.gov/spanish]

About The Family History Initiative

18. Click on “Create a Family Health History”

The screenshot shows the 'My Family Health Portrait' website in a Windows Internet Explorer browser window. The address bar shows the URL <https://familyhistory.hhs.gov/fhh-web/home.action>. The page title is 'My Family Health Portrait - Welcome'. The main content area features the title 'My Family Health Portrait' with the subtitle 'A tool from the Surgeon General'. Below the title, it lists the capabilities of the tool: 'Using My Family Health Portrait you can:' followed by three bullet points: 'Enter your family health history.', 'Print your family health history to share with family or your health care worker.', and 'Save your family health history so you can update it over time.' A message states 'Talking with your health care worker about your family health history can help you stay healthy!' and a link is provided: '[Learn more about My Family Health Portrait!](#)'. On the right side, there is a photograph of a smiling family consisting of a woman, a man, and a child. Below the text, there are two main buttons: 'Create a Family Health History' (highlighted with a green circle) and 'Use a Saved History'. To the right of these buttons are three language selection buttons: 'En Español', 'Em Português', and 'In Italiano'. At the bottom of the page, there is a horizontal strip of several smaller photographs showing diverse groups of people.

19. Complete as the screen directs. Your information does not save to this website. You have many options to give generic information as well. Enjoy exploring your family history!!

My Family Health Portrait - Windows Internet Explorer
https://familyhistory.hhs.gov/fhh-web/familyHistory/start.action

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My Family Health Portrait

Home

My Family Health Portrait

Create

Select "Cr members

Glossary | E

Close

Your Personal Information (press to hide) Get Help

We start the family health history with you. Enter the required personal information and your health history information. At the bottom of the page (you may need to scroll), press the "Next" button. You will then be asked to tell the system which family members you would like to add to the health history.

If you have a Microsoft® HealthVault™ account, you can choose to copy your HealthVault family history information into this website. Information that you add or modify here can then be copied back to HealthVault. Press "Copy from HealthVault" to get started.

Copy FROM HealthVault

*Indicates required information.

Name:

*Gender: Male Female

*Date of Birth:
mm/dd/yyyy

Were you born a twin? No Yes - Identical (Same) Yes - Not Identical (Fraternal)

Were you adopted? Yes

Height: Feet Inches -OR- Centimeters

Weight: lbs

Your Health Information Get Help

In the list below, select a **Disease or Condition** (if any) from the dropdown box. Then select the **Age at Diagnosis** and press the **Add** button. You may repeat this process as necessary.

Please answer the following:

20. What is one thing that strikes you about your family history? And/or one thing you learned?

21. What value might there be in having our patients complete a family history upon admit?

You have successfully completed this activity! Please bring this completed packet and attached evaluation to the Skills Fair. We look forward to your feedback, Thank you!