

National Family History Day



Each year since 2004, the Surgeon General has declared

Thanksgiving to be National Family History Day.

The Surgeon General encourages Americans to talk about, and to write down, the health problems that seem to run in their family. Learning about their family's health history may help ensure a longer, healthier future together.

Learn more about the **My Family Health Portrait Tool** at

<http://www.hhs.gov/familyhistory/>

And... Join Hunterdon Healthcare nurses in recognizing the importance of family health history, genetics and genomics and integrating it into the care they give everyday.

BE A PART OF NURSING RESEARCH, EARN CEU'S, EARN RECOGNITION FOR THE CLINICAL LADDER WHILE LEARNING GENETICS IN ENJOYABLE WAYS

(such as book discussion groups and movie nights).

Become a Nurse Champion in bringing genetics and genomics to your unit or department. (No prior background education in genetics/genomics is needed). This is a year-long project for all nurses, to introduce Genetic/Genomic Competency to nurses at HHS.

For more information contact

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